

I. BACKGROUND

The Does are parents of Plaintiff P.D., a student at La Costa Heights Elementary School in the Encinitas Union School District. This action was filed by the Does and P.D. together with Plaintiffs Carlos and Jennifer Encinas and their son S.E.² against school district officials and board members, the school principal, and two teachers (collectively "Defendants"). It arises from an educational activity at odds with Plaintiffs' religious beliefs.

The school activity at issue occurred in the context of the buddy program, a weekly class pairing younger and older students. (*See* ECF No. 9-2, "Encinas Decl." ¶¶ 23, 24; ECF No. 9-3, "Doe Decl." ¶ 38; Pls' Ex. 4; ECF No. 25, "Opp'n" at 2.) The buddy program is a mandatory part of the school curriculum. (Opp'n at 5-6; *see also* Doe Decl. ¶ 36; Encinas Decl. ¶ 23.) P.D. and S.E., both fifth graders, were each paired with a kindergartener. (*See* Encinas Decl. ¶ 24; Doe Decl. ¶¶ 37-38; Pls' Ex. 4; Opp'n at 2.) In this program, "students in the older classroom mentor students in the younger classroom." (Opp'n at 2; *see also* Encinas Decl. ¶ 24; Doe Decl. ¶¶ 37-39, 60.)

Until the buddy class at issue, the buddy program involved art or garden projects, and any books read in the class were selected by the students. (Encinas Decl. ¶ 33.) The school sent parents a weekly newsletter listing the books the students were reading each week. (*See* Doe Decl. ¶ 55; Encinas Decl. ¶ 56.) For the buddy class at issue, the book entitled *My Shadow Is Pink* was selected by the teachers (*see* Pls' Ex. H; *see also* Encinas Decl. ¶ 52) and was not listed in the weekly newsletter (Doe Decl. ¶ 55; Encinas Decl. ¶ 56).

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Because the Encinases have withdrawn S.E. from the Encinitas Union School District, they have not joined in the pending motion.

All Plaintiffs' exhibits are filed at ECF No. 9.

My Shadow Is Pink is about a boy who liked to wear dresses and play with toys associated with girls. (Pls' Ex. F.) Because the boy thought he did not "fit in" with his family and peers, his shadow was pink rather than blue. (Id.) The story involves a conflict between the boy and his father. The father eventually comes to accept his son's "pink shadow" not as a phase but as reflecting the boy's "inner-most self." (Id.)

Although the term "gender identity" does not appear in the book, the author describes it as a children's book on the subject of gender identity. (Defs' Ex. 5;⁴ see also Defs' Ex. 4; Pls' Ex. F.) Defendants admit that the book "does address gender identity." (Opp'n at 3.)

In preparation for the buddy class, the teacher first read the book to P.D. and S.E.'s fifth grade class. (Doe Decl. ¶ 41; Encinas Decl. ¶ 31; Pls' Ex. H.) The fifth graders then joined their kindergarten buddies, and the teacher showed a read-along video of the book to the fifth graders sitting next to their respective buddies. (*See* Doe Decl. ¶ 45; Encinas Decl. ¶ 34; Pls' Exs. E, H.) The video was followed by an "art activity" in which the teacher asked the kindergarteners to "pick a color that represents you," and instructed the fifth graders to trace their respective buddies' shadows on the ground with colored chalk. (Opp'n at 2; *see also* Doe Decl. ¶ 47; Encinas Decl. ¶ 37; Pls' Exs. E, H.) Although the class did not involve an explicit discussion of gender identity (*see* Pls' Ex. H), the fact that the book addressed this issue was not lost on the students. S.E. described the book as "about LGBTQ." (Encinas Decl. ¶ 29.) P.D. described it as "about a boy who wanted to change his gender to be a girl." (Doe Decl. ¶ 42.)

Because choosing one's own gender identity is contrary to Plaintiffs' religious beliefs, they were uncomfortable with the buddy class. (Doe Decl. ¶¶ 5-20, 40, 42, 46, 48, 51, 54; Encinas Decl. ¶¶ 6-13, 30, 35, 38; Pls' Ex. H.) Moreover, as mentors, P.D. /////

All Defendants' exhibits are filed at ECF No. 25-1.

and S.E. did not wish to affirm the book's message to their buddies. (Doe Decl. \P 46, 48-49; Encinas Decl. \P 36, 48.)

When S.E. and P.D. told their parents about the class, the parents inquired with Defendants why they did not receive notice and an opportunity to opt out, as they did when gender identity was covered in health instruction. (*See* Doe Decl. ¶¶ 25, 43, 57, 64-65, 67; Encinas Decl. ¶¶ 48, 46-53, 57-64, 68-72; Pls' Exs. H, I, U, V.) For example, the material for the fifth grade Human Growth and Development Unit in health education covered gender identity. (*See* Doe Decl. ¶¶ 26-31; Pls' Ex. C.) The classroom presentation slides noted that a person's gender identity may change depending on whether "they feel like they are a boy or a girl, or neither or both," and taught the importance of respecting differences among individuals. (Pls' Ex. C.) The parents received a two-week notice with a copy of the materials that would be presented to their children, and an opportunity to opt out of health instruction pursuant to California Education Code Section 51240. (Doe Decl. ¶ 28; Pls' Ex. B.) Section 51240 provides in pertinent part:

If any part of a school's instruction in health conflicts with the religious training and beliefs of a parent or guardian of a pupil, the pupil, upon written request of the parent or guardian, shall be excused from the part of the instruction that conflicts with the religious training and beliefs.

Based on their religious beliefs, Plaintiffs opted out of the Human Growth and Development Unit. (*See* Doe Decl. ¶ 34; Encinas Decl. ¶ 22.) However, when parent Plaintiffs asked Defendants why they did not receive advance notice of *My Shadow Is Pink* buddy class (*see* Doe Decl. ¶¶ 25- Encinas Decl. ¶¶48, 46-53, 57-64, 68-72; Pls' Exs. H, U), Defendants responded that Plaintiffs had no right to opt out because the buddy class was not part of a "health unit." (Doe Decl. ¶¶ 67, 68; Encinas Decl. ¶¶ 61, 63-64, 73-74; Pls' Exs. W, X.) Furthermore, the teachers suggested that similar buddy activities would be provided in the future without notice and an opportunity to opt out. (*See* Encinas Decl. ¶¶ 53, 55-57, 63-67.)

Based on the foregoing, Plaintiffs filed this action pursuant to 42 U.S.C. § 1983. They alleged that Defendants violated their First Amendment and Due Process rights under the United States Constitution.⁵ They seek declaratory and injunctive relief prohibiting Defendants from forcing students to participate in gender identity activities and directing Defendants to provide parents with notice and an opportunity to opt out.

II. DISCUSSION

Preliminary injunctive relief is "an extraordinary remedy that may only be awarded upon a clear showing that the plaintiff is entitled to such relief." *Winter v. Natural Res. Def. Council, Inc.*, 555 U.S. 7, 22 (2008).⁶ When, as here, a party requests preliminary injunctive relief under Federal Rule of Civil Procedure 65, the party must show "that he is likely to succeed on the merits, that he is likely to suffer irreparable harm in the absence of preliminary relief, that the balance of equities tips in his favor, and that an injunction is in the public interest." *Am. Trucking Ass'ns, Inc. v. City of Los Angeles*, 559 F.3d 1046, 1052 (9th Cir. 2009) (quoting *Winter*, 555 U.S. at 20). When the nonmovant

religious beliefs; (2) in refusing to provide an opportunity to opt out on religious grounds, while providing an opportunity to opt out from other curricular activities on various grounds, Defendants violated Plaintiffs' rights under the Free Exercise Clause of the First Amendment; (3) Defendants violated the Free Exercise Clause of the First Amendment by infringing the parent Plaintiffs' right to direct their children's education; (4) Defendants infringed on the parent Plaintiffs' fundamental liberty interest to direct the upbringing of their children and thereby violated the parents' substantive due process rights under the Fourteenth Amendment; and (5) Defendants maintained an arbitrary policy of providing an opportunity to opt out on religious grounds from gender identity content of health education while refusing to provide it for the buddy class thereby violating procedural due process rights under the Fourteenth Amendment. (*See* ECF No. 1, Verified Complaint.)

Plaintiffs alleged that (1) Defendants violated the Free Speech Clause of the First

Amendment by compelling the student Plaintiffs to affirm a message contrary to their

Unless otherwise noted, internal quotation marks, ellipses, brackets, citations, and footnotes are omitted from citations.

is a government entity, the last two *Winter* factors merge. *Baird v. Bonta*, 81 F.4th 1036, 1040 (9th Cir. 2023).

A sliding scale approach is applied to these elements. *See Alliance for Wild Rockies v. Cottrell*, 632 F.3d 1127, 1131 (9th Cir. 2011). The elements are balanced so that where a plaintiff can make a stronger showing of one element it may offset a weaker showing of another. *Id.* at 1131, 1134-35. "Therefore, serious questions going to the merits and a hardship balance that tips sharply towards the plaintiff can support issuance of an injunction, so long as the plaintiff also shows a likelihood of irreparable injury and that the injunction is in the public interest." *Id.* at 1134-35.

A. Likelihood of Success on the Merits

The first *Winter* factor, likelihood of success, is a threshold inquiry and is the most important factor in any motion for a preliminary injunction. That holds especially true for cases where a plaintiff seeks a preliminary injunction because of an alleged constitutional violation. If a plaintiff bringing such a claim shows he is likely to prevail on the merits, that showing will almost always demonstrate he is suffering irreparable harm as well.

Baird, 81 F.4th at 1042.

Plaintiffs contend, among other things, that Defendants violated P.D.'s rights under the Free Speech Clause of the First Amendment⁷ by compelling him to affirm a message he disagrees with, and which is contrary to his religious beliefs. Defendants counter that Plaintiffs cannot prevail on the merits of this claim.

Initially, Defendants argue that parents have no fundamental right to control the information public schools make available to their children. (Opp'n at 1, 12 (citing *Fields v. Palmdale Sch. Dist.*, 447 F.3d 1187 (9th Cir. 2006).) This, however, does not

The First Amendment applies to the States by incorporation into the Due Process Clause of the Fourteenth Amendment. *Janus v. Am. Fed. of State, County, and Municipal Employees*, 585 U.S. 878, 891-92 (2018).

negate "the limitations that the First Amendment imposes on the actions of all government agencies, including school boards." *Fields*, 447 F.3d at 1190; *see also W. Va. State Bd of Educ. v. Barnette*, 319 U.S. 624, 637 (1943) ("*Barnette*") (Boards of Education perform important and highly discretionary functions, "but none that they may not perform within the limits of the Bill of Rights."). Accordingly, First Amendment protections apply to students in the school environment. *Tinker v. Des Moines Indep. Comm. Sch. Dist.*, 393 U.S. 503, 506 (1969).

"[T]he First Amendment guarantees 'freedom of speech,' a term necessarily comprising the decision of both what to say and what *not* to say." *Riley v. Nat'l Fed. of the Blind of N. C., Inc.*, 487 U.S. 781, 796-97 (1988) (emph. in orig.). The First Amendment protection applies regardless of whether the speech is sensible and well intentioned or offensive and deeply misguided. *303 Creative LLC v. Elenis*, 600 U.S. 570, 586 (2023); *see also id.* at 595. The government may not compel a person to speak the government's preferred messages. *Id.* at 586. Compelling individuals to mouth support for views they find objectionable violates the First Amendment. *Janus v. Am. Fed. of State, County, and Municipal Employees*, 585 U.S. 878, 892 (2018). Compelled speech is "demeaning" because "individuals are coerced into betraying their convictions [and] endors[ing] ideas they find objectionable[.]" *Id.* at 893.

Defendants argue that P.D.'s participation in the buddy class was not compelled because Plaintiffs do not contend that non-participation would result in punishment. Given Defendants' admission that the buddy program is a mandatory part of the curriculum (Opp'n at 5-6), the argument is unpersuasive.

Defendants also claim that P.D. was not compelled because he did not complain to his teacher during the class that he was uncomfortable participating. This argument is unavailing. Elementary school students are impressionable due to their "emulation of teachers as role models and ... susceptibility to peer pressure." *Edwards v Aguillard*, 482 U.S. 578, 584 (1987). P.D. held his teacher in high esteem. (Doe Decl. ¶ 52.) He was shocked and confused when his teacher read *My Shadow Is Pink* to the class. (*Id.* ¶¶ 52,

54.) Although P.D. did not want to participate, he did not complain to his teacher because he did not want to "get in trouble." (*Id.* ¶¶ 48, 51.) That P.D. did not immediately complain does not negate compulsion, particularly considering the mandatory nature of the class.

In arguing that the First Amendment protects P.D. from being compelled to convey a state-mandated message contrary to his beliefs, Plaintiffs rely on *Barnette*. There, the state board of education adopted a regulation requiring public school students to salute the United States flag and recite the Pledge of Allegiance. *Barnette*, 319 U.S. at 626. Parents who were Jehovah's Witnesses sought an injunction to restrain enforcement of the regulation against their children as contrary to their religious beliefs. *Id.* at 629-30. *Barnette* found that participating in the ritual of saluting the flag and reciting the pledge was speech under the First Amendment, *id.* at 631-33, and that compelled participation violated the students' freedom of speech, *id.* at 642.

Defendants counter that *Barnette* is inapposite because P.D. was not compelled to profess anything to his kindergarten buddy but was merely a passive listener. This argument is unavailing.

The buddy program differs from regular classroom instruction in that the fifth graders mentor their kindergarten buddies. In addition, *My Shadow Is Pink* buddy class required fifth graders to trace their buddy's shadow on the ground in the buddy's chosen color. P.D. was therefore not merely a passive listener.

"[T]he First Amendment extends to all persons engaged in expressive conduct." 303 Creative LLC, 600 U.S. at 600. "All manner of speech—from pictures, films, paintings, drawings, and engravings, to oral utterance and the printed word—qualify for the First Amendment's protections[.]" *Id.* at 587. P.D.'s tracing of his buddy's shadow on the ground was an expressive act protected by the First Amendment.

"Equally, the First Amendment protects acts of expressive association." 303 Creative LLC, 600 U.S. at 586. For example, state law could not compel Boy Scouts to retain a scoutmaster who was a gay rights activist, when this was contrary to the values

Boy Scouts sought to instill in their juvenile members and interfered with Boy Scouts' "choice not to propound a point of view contrary to its beliefs." *Boy Scouts of Am. v. Dale*, 530 U.S. 640, 644, 650, 659 (2000); *see also Hurley v. Irish-Am. GLIB Grp. of Boston*, 515 U.S, 557, 573 (1995) (Forced inclusion of a group promoting homosexuality in a St. Patrick's Day parade violated the parade organizers' freedom of speech). The First Amendment protects the "right to eschew association for expressive purposes." *Janus*, 585 U.S. at 892.

In light of P.D.'s role in the class as his buddy's mentor, P.D.'s presence next to his buddy during the read-along video presentation and subsequent tracing of his buddy's shadow in the buddy's chosen color implicitly conveyed P.D.'s endorsement of the message that gender can be a matter of one's choice and subject to change – a message contrary to P.D.'s own beliefs and which he did not wish to convey to his buddy. P.D.'s required participation in the buddy class therefore directly and immediately affected P.D.'s freedom of speech.

"Mandating speech that a speaker would not otherwise make necessarily alters the content of the speech." *Riley*, 487 U.S. at 795. Laws and regulations which alter content of speech in this manner are content based. *Id.* Because such regulation warrants strict scrutiny, *Green v. Miss U.S. of Am., LLC*, 52 F.4th 773, 791 (9th Cir. 2022), Defendants' arguments to apply a lesser level of scrutiny are rejected.⁸ "Content-based regulations are 'presumptively unconstitutional and may be justified only if the government proves that they are narrowly tailored to serve compelling state interests." *Id.* at 791 (quoting *Reed v. Town of Gilbert, Az.*, 576 U.S. 155, 163 (2015)).

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In addition, Defendants did not specifically discuss the level of scrutiny applicable to Plaintiffs' compelled speech claim under the Free Speech Clause of the First Amendment. Defendants' arguments regarding the applicable level of scrutiny were addressed only to Plaintiffs' claims under the Free Exercise Clause.

Defendants point to the California Education Code regarding instructional materials and social sciences instruction. These statutes require schools to include the study of the role played and contributions made to California and national development by members of historically marginalized groups, including lesbian, gay, bisexual, and transgender groups. *See* Cal. Educ. Code § 51204.5. California law also prohibits excluding educational materials due to covering the marginalized groups, mandates that these groups be accurately reflected in educational materials, and prohibits their adverse portrayal. *Id.* §§ 243, 51501, 60040. Defendants argue that *My Shadow Is Pink* conformed to these requirements. Its inclusion in the buddy program was intended to stress the acceptance of those who are different and reduce the serious effects of discrimination against gender-diverse individuals.

Remedying the effects of past discrimination may serve as a compelling government interest in public education. *See Parents Involved in Comm. Sch. v. Seattle Sch. Dist. No. 1*, 551 U.S. 701, 720 (2007). Nevertheless, "[b]road prophylactic rules in the area of free expression are suspect[,]" *Riley*, 487 U.S. at 801, and antidiscrimination laws "can sweep too broadly when deployed to compel speech[,]" *303 Creative LLC*, 600 U.S. at 592. The First Amendment imposes limitations on the application of such laws, *see Fields*, 447 F.3d at 1190, and "demands a more precise level of analysis than the high level of generality" offered by anti-discrimination laws, *Green*, 52 F.4th at 791.

The California Education Code provisions cited by Defendants and Defendants' reasons for introducing *My Shadow Is Pink* to the buddy program reflect an admirable purpose. However, they do not meet the requisite narrow tailoring to justify interference with students' freedom of speech. Laws intended to "eliminat[e] discrimination against LGBTQ individuals" and remedy the serious mental and emotional harm of discrimination are generally insufficient to meet strict scrutiny. *Green*, 52 F.4th at 791-92. Further, Defendants have not shown that compliance with Education Code requirements and legislative purpose cannot be accomplished in ways other than compelled speech. "In the absence of a specific showing of constitutionally valid reasons

to regulate their speech, students are entitled to freedom of expression of their views." *Tinker*, 393 U.S. at 511.

Based on the foregoing, Plaintiffs have met their burden to show that they are likely to prevail on the merits of their claim that Defendants violated P.D.'s rights under the Free Speech Clause of the First Amendment by requiring his participation in *My Shadow Is Pink* buddy class. In light of this finding, the Court need not review the likelihood of success on the merits of Plaintiffs' remaining claims.

B. Irreparable Harm and Balance of Equities

When, as here, a plaintiff who alleges a constitutional violation and injury "shows he is likely to prevail on the merits, that showing usually demonstrates he is suffering irreparable harm no matter how brief the violation." *Baird*, 81 F.4th at 1040. Defendants argue, however, that Plaintiffs have not established that future irreparable harm is likely to occur in the absence of an injunction. *See Winter*, 555 U.S. at 22. This argument is unpersuasive because Plaintiffs have provided evidence that Defendants indicated, consistent with anti-discrimination purposes discussed above, that buddy classes like the class involving *My Shadow Is Pink* would be held in the future without prior notice or opportunity to opt out. (*See* Doe Decl. ¶¶ 67; Pls' Ex. X; Encinas Decl. ¶¶ 55, 63.)

Defendants also contend that Plaintiffs failed to show a causal link between P.D.'s constitutional injury and Defendants' infringement of his free speech to show that a preliminary injunction would effectively reduce the risk of harm. (Opp'n at 17 (citing *Garcia v. Google, Inc.,* 786 F.3d 733, 745 (9th Cir. 2009).) The Court disagrees. Plaintiffs have shown that P.D. suffered irreparable harm because Defendants infringed on his right to free speech. "The loss of First Amendment freedoms, for even minimal periods of time, unquestionably constitutes irreparable injury." *Elrod v. Burns*, 427 U.S. 347, 373 (1976). Advance notice and an opportunity to opt out would prevent future irreparable harm to P.D.

Finally, when, as here, the opposing party is a government entity, the balance of equities and public interest elements merge. *Baird*, 81 F.4th at 1040. Accordingly, the

movant's "likelihood of succeeding on the merits also tips the public interest sharply in his favor because it is always in the public interest to prevent the violation of a party's constitutional rights." *Id.* By establishing likelihood of success on the merits of their Free Speech claim, Plaintiffs have also established the remaining elements necessary for a preliminary injunction.

C. Injunctive Relief

Plaintiffs request a "preliminary injunction prohibiting the [school district] from requiring P.D. and other elementary school students to read, listen, discuss, write about, affirm, and participate in activities or books promoting gender identity without advance notice and opportunity to opt out of the program or curriculum." (ECF No. 9-1, "Mot." at 1.) Although Plaintiffs' proposal is generally stated to encompass a program or curriculum, Plaintiffs' motion is based on the buddy program. Plaintiffs have not articulated any claims based on school activities outside that program to warrant a preliminary injunction. Accordingly, the relief granted by this Order is limited to the buddy program.

Defendants object to the form of Plaintiffs' requested relief on several grounds. First, they argue that the requested injunction is mandatory rather than prohibitory. Mandatory injunctions are disfavored "and place a higher burden on the plaintiff to show the facts and law *clearly* favor the moving party." *Fellowship of Christian Athletes v. San Jose Unif. Sch. Dist. Board of Educ.*, 82 F.4th 664, 684 (9th Cir. 2023) (emph. in orig.).

A mandatory injunction orders a responsible party to take action, while a prohibitory injunction prohibits a party from taking action and preserves the status quo pending the determination of the action on the merits. [¶] The inquiry is whether the party seeking the injunction seeks to alter or maintain the status quo. [¶] [T]he status quo is the legally relevant relationship between the parties before the controversy arose.

Id. (status quo before the act which gave rise to the lawsuit).

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Contrary to Defendants' contention, Plaintiffs are not requesting a change of curriculum or implementation of new procedures. Until *My Shadow Is Pink* buddy class, the buddy program involved art or garden projects, and the school sent parents a weekly newsletter listing the books and activities of the week. The topics covered in health instruction were not part of the buddy program. When health instruction included topics such as gender identity, parents received notice and could opt out pursuant to California Education Code Section 51240. A controversy arose only when gender identity, a topic covered in health instruction, was introduced to the buddy program, but parents did not receive notice and were not allowed to opt out. To the extent Plaintiffs seek notice and an opportunity to opt out when gender identity is covered in a buddy class, the requested injunction is prohibitory, as Plaintiffs seek to restore the status quo before the controversy arose.

Defendants next maintain that the term "gender identity" is vague and it is unclear what specific content or activities would be enjoined. A preliminary injunction must "state its terms specifically" and "describe in reasonable detail – and not by referring to the complaint or other documents – the act or acts restrained or required." Fed. R. Civ. Proc. 65(d)(1).

The classroom presentation materials shared with P.D.'s parents for purposes of exercising their right to opt out of health instruction on human growth and development included the following definition: "Gender Identity: This refers to whether a person sees themselves as a male or female or something in between, *i.e.*, whether they feel like they are a boy or a girl, or neither or both." (Pls' Ex. C (emph. in orig.); see also Doe Decl. ¶¶ 26-28.) Because this is the definition Defendants presented to parents and taught to students, it is adopted for purposes of this Order.

This Order applies to buddy classes addressing gender identity topics covered in health instruction. For example, although *My Shadow Is Pink* buddy class did not explicitly refer to gender identity, the class imparted the same gender identity message as /////

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the Human Growth and Development unit of health instruction. (*See* discussion in Section I *supra* comparing Pls' Exs. F & C.)

Finally, Defendants argue that injunctive relief would impose an "administratively impossible task" because they would have to create a new opt-out system and allocate unreasonable time and resources to implement it. (Opp'n at 17.) This argument is unpersuasive in light of the numerous opt-out and excuse procedures Defendants already implement for various curricular and extra-curricular activities. (*See id.* at 3; Doe Decl. ¶¶ 72-77; Encinas Decl. ¶¶ 85-86; Pls' Exs. Z, AA, CC, DD.)

III. Conclusion

For the foregoing reasons, Plaintiffs' motion for a preliminary injunction is granted to the extent that preliminary injunctive relief shall apply only to the Encinitas Union School District elementary school buddy program, and that buddy program class activities and materials shall not cover gender identity topics covered in health instruction, unless Defendants provide parents with advance notice and an opportunity to opt out. In all other respects, Plaintiffs' motion is denied. No later than May 15, 2025, Plaintiffs shall submit the text of a proposed preliminary injunction consistent with this Order.

IT IS SO ORDERED.

Dated: May 12, 2025

United States District Judge