

SURVEY METHOD

The results of the *Life in Media Survey* conducted by The Harris Poll are based on 1,510 online surveys with young people ages 11-13 who reside in Florida. Respondents were recruited and given permission to participate by their parent or legal guardian. The survey was conducted November 12 to December 9, 2024. The survey took about 25 minutes to complete, on average. Respondents who qualified and completed the survey were offered compensation via a points value that can be redeemed as a cash equivalent gift card (such as a Visa gift card) or as another retail gift card.

Most of the questions in the survey are original and were crafted by the authors and may have never been asked of children before. About 30%-35% of questions were replicated or adapted from prior research. In cases where we've used questions from other researchers, they're cited in the chart where their question(s) appears and the full citation is in the references list.

Prior to the child taking the survey, the parent or legal guardian was asked a series of demographic questions, some of which were used for sub-group analysis in this report. These questions included: parent/guardian age and gender; the level of parent/guardian education; annual household income; number of adults and children in the household; political leanings of the adults in the household; and urbanicity of the household (urban, suburban, rural). These questions were asked of the parent/legal guardian due to concern that participating children wouldn't be able to accurately provide this information about their parent/guardian or their household.

Data for the 11- to 13-year-olds in this study were weighted where necessary by the parent's/legal guardian's education, household income, household size, child's age by gender, and child's race/ethnicity to bring them closer in line with their actual proportions in the Florida population.

Participation Rate: The participation rate for this survey was 87%, based on the AAPOR standard definition for non-probability online samples. The formula used for participation rate—the percentage of respondents who completed the survey from the pool of qualified respondents who entered—is $\text{Completes}/(\text{Completes} + \text{dropouts who passed the screener} + \text{IR} \times \text{dropouts who hadn't passed the screening questions})$.

Sampling Precision: Respondents for this survey were selected from among those who have agreed to participate in Harris Poll surveys. The sampling precision of Harris Poll online polls is measured by using a Bayesian credible interval. For this study, the sample data are accurate to within + 2.9 percentage points at a 95%-level of confidence. This credible interval will be wider among subsets of the surveyed population.

This report includes analyses by several demographic and behavioral subgroups. The unweighted sample sizes of these groups are provided below

DEMOGRAPHIC SUBGROUPS	UNWEIGHTED SAMPLE SIZE
Age	
11-year-olds	500
12-year-olds	503
13-year-olds	507
Gender Identity*	
Boy	935
Girl	572
Race/Ethnicity	
White	1057
Hispanic	236
Black	166
Annual Household Income	
Less than \$50,000	264
\$50,000 - \$99,000	491
\$100,000 - \$149,000	449
\$150,000 or more	306
Parent's Education	
High school degree or less	87
Some college/associate degree	564
College degree or more	859
Geography of Household	
Urban	1045
Suburban	361
Rural	104

DEMOGRAPHIC SUBGROUPS	UNWEIGHTED SAMPLE SIZE
Political Leaning of Household**	
Democrat	561
Republican	634
Mixed	172
Type of School Attended	
Public	829
Private	556
Charter	62
Homeschool	54
Own Smartphone	
Yes	1186
No	324
Own Tablet	
Yes	854
No	656
Attendance at Religious Observances	
Never	404
Less than once a week	667
Once a week or more	418

*N=3 identified as gender non-conforming or non-binary or preferred not to answer

**N=143 said "None of these"

USF LIFE IN MEDIA SURVEY QUESTIONNAIRE

SCREENING QUESTIONS FOR PARENT/CGUARDIAN AND CHILD

BASE: ALL RESPONDENTS

scrIntro

During the survey, please do not use your browser's *FORWARD* and *BACK* buttons. Instead, please always use the button below to move through the survey. Please be aware that once you've answered a question, you might not be able to go back and change your answer.

Simply click on the button at the bottom of the page to begin the survey.

BASE: ALL RESPONDENTS

dmConsent

Thank you for agreeing to participate in this survey. Your views are important to us, and your answers will be kept in strict confidence. Please click here to read our privacy policy before agreeing to continue with the survey.

As noted above, your views are important. To ensure the authenticity of responses, please share your own opinions without using assistance from other people, search engines, AI tools or automated assistance. Your genuine input is crucial for the success of our study. Noncompliance could lead to removal from the survey results and may disqualify you from receiving your incentive, if applicable.

1. I agree to continue
2. I do not agree

[PN: IF dmConsent/2 TERMINATE IMMEDIATELY. INSERT "click here" AS HYPERLINK TO <https://theharrispoll.com/privacy/>]

BASE: ALL RESPONDENTS

dmCntry [Country] In which country or region do you currently reside?

244. United States of America
14. Australia
33. Brazil
42. Canada
48. China
76. France
85. Germany
116. India
123. Italy
126. Japan
157. Mexico
215. Spain
243. United Kingdom
996. Other country

[PN: IF hCntry DOES NOT EQUAL dmCntry TERMINATE IMMEDIATELY.]

BASE: ALL RESPONDENTS

dmGenParent [Gender] Do you currently describe yourself as...?

1. Man
2. Woman
3. Non-binary or Gender Non-conforming
4. Other (please specify)
98. Prefer not to answer

BASE: ALL RESPONDENTS

dmAge [Age] What is your age?

[RANGE 0 -120]
|_|_|

[PN: IF NOT 18+ TERMINATE IMMEDIATELY.]

BASE: ALL RESPONDENTS

dmStateUS [State] In what state or territory do you currently reside?

1. Alabama
2. Alaska
3. Arizona
4. Arkansas
5. California
6. Colorado
7. Connecticut
8. Delaware
9. District of Columbia
10. Florida
11. Georgia
12. Hawaii
13. Idaho
14. Illinois
15. Indiana
16. Iowa
17. Kansas
18. Kentucky
19. Louisiana
20. Maine
21. Maryland
22. Massachusetts
23. Michigan
24. Minnesota
25. Mississippi
26. Missouri
27. Montana
28. Nebraska
29. Nevada
30. New Hampshire
31. New Jersey
32. New Mexico
33. New York
34. North Carolina
35. North Dakota
36. Ohio
37. Oklahoma
38. Oregon
39. Pennsylvania
40. Rhode Island
41. South Carolina
42. South Dakota
43. Tennessee
44. Texas
45. Utah
46. Vermont
47. Virginia
48. Washington
49. West Virginia
50. Wisconsin
51. Wyoming
52. American Samoa
54. Guam
56. Northern Mariana Islands
58. Puerto Rico
59. Virgin Islands

[PN: IF dmStateUS DOES NOT EQUAL 10 TERMINATE IMMEDIATELY.]

BASE: ALL RESPONDENTS

dmZipUS [Zip Code] What is your zip code?

[5 DIGITS]

BASE: ALL RESPONDENTS

dmUrban Which of the following best describes the area in which you live?

1. In a city or urban area
2. In a suburban area near a city
3. In a small town or rural area

BASE: ALL RESPONDENTS

dmEduUS [Education] What is the highest level of education you have completed?

1. Less than high school
2. Completed some high school
3. High school graduate
4. Job-specific training program(s) after high school
5. Some college, but no degree
6. Associate degree
7. Bachelor's degree (such as B.A., B.S.)
8. Some graduate school, but no degree
9. Graduate degree (such as MBA, MS, M.D., Ph.D.)

BASE: ALL RESPONDENTS

dmHhIncUS [Household Income] How much total combined income did all members of your household earn before taxes last year?

This includes money from jobs; net income from business, farm, or rent; pensions; dividends; interest; social security payments; and any other money income received by members of your household who are eighteen (18) years of age or older.

1. Less than \$15,000
2. \$15,000 to \$24,999
3. \$25,000 to \$34,999
4. \$35,000 to \$49,999
5. \$50,000 to \$74,999
6. \$75,000 to \$99,999
7. \$100,000 to \$124,999
8. \$125,000 to \$149,999
9. \$150,000 to \$199,999
10. \$200,000 to \$249,999
11. \$250,000 or more

BASE: ALL US RESPONDENTS

QPOLS. Are people in your household mostly...

1. Republican
2. Democrat
3. It's a mix
4. None of the above

BASE: ALL RESPONDENTS

dmAdultHh [Adults in Household] Including yourself, how many people **age 18 or older** live in your household?

[RANGE: 1-15]

ALL RESPONDENTS

dmChildHh [Children in Household] How many people **under the age of 18** live in your household for whom you are the parent or guardian?

[RANGE: 0-15]

[PN: IF dmChildHh/0 TERMINATE IMMEDIATELY.]

BASE: PARENT OF ONE CHILD UNDER 18 IN HH

S2a How old is your child residing in the household?

Please enter the age of the child for whom you are the parent or legal guardian.

BASE: PARENT WITH MULTIPLE CHILDREN UNDER 18 IN HH

S2b How old are your children residing in your household?

Please enter the age of each child for whom you are the parent or legal guardian.

[IF NO CHILD(REN) AGES 11-13, TERMINATE IMMEDIATELY]

BASE: ONE CHILD 11-13

S4 Is your child who is [AGE from S2] with you today and available to take the survey?

[If your child isn't available at the moment but would like to participate later, please close this survey screen now \(DO NOT ANSWER THE QUESTION ON THIS SCREEN\), until you can come back to it when your child is available. You can access the survey again through the same link in your invite and you will pick up here, where you left off.](#)

This survey asks young people ages 11-13 questions about many topics like social media, news, and their feelings. Participation is required for **about 30 minutes**. If needed, they can stop the survey and come back to where they left off to complete the whole survey. We will let you know when to have your child begin the survey.

- 1 Yes
- 2 No

[IF CHILD NOT AVAILABLE, TERMINATE IMMEDIATELY]

BASE: MULTIPLE CHILDREN 11-13

S5 Are any of your children between ages 11-13 with you today and available to take the survey?

[If your child isn't available at the moment but would like to participate later, please close this survey screen now \(DO NOT ANSWER THE QUESTION ON THIS SCREEN\), until you can come back to it when your child is available. You can access the survey again through the same link in your invite and you will pick up here, where you left off.](#)

This survey asks young people ages 11-13 questions about many topics like social media, news, and their feelings. Participation is required for **about 30 minutes**. If needed, they can stop the survey and come back to where they left off to complete the whole survey. We will let you know when to have your child begin the survey.

- 1. Yes
- 2. No

[IF NO CHILD AVAILABLE, TERMINATE IMMEDIATELY]

BASE: MULTIPLE CHILDREN 11-13 AND ANY AVAILABLE

S7 You mentioned you have at least one child between ages 11-13 available to complete the survey. Which one child will complete this survey now?

- 1. 11-year-old
- 2. 12-year-old
- 3. 13-year-old

BASE: CHILD 11-13 AVAILABLE TO TAKE SURVEY

S8 Congratulations, you've qualified for this survey!

The rest of the survey is designed for kids, and they can complete it on their own. You're welcome, of course, to join your child while they answer the questions.

Do you agree to allow your child to complete the remainder of the survey?

- 1. Yes
- 2. No

[IF DOES NOT AGREE, TERMINATE IMMEDIATELY]

BASE: ALL RESPONDENTS

S9 Thank you for allowing your child to participate in this survey. At this time, please have **your child** click the "Continue" button to proceed.

Your child should now answer the rest of the questions.

BASE: ALL RESPONDENTS

INTRO Thanks for taking this survey! Today you have the chance to take part in a very exciting project that may help many people by giving them important information that only YOU know. We are asking kids your age their thoughts about certain topics.

Remember, this is not a test; there are no right or wrong answers.

You do not have to participate if you don't want to. Please read each question and press the button or buttons that match your answer. If you aren't sure how to click on something or need help understanding what something means, please ask an adult in your home!

The survey will take **about 30 minutes**. If needed, you can stop the survey and come back to where you left off to complete the whole survey.

Do you agree to continue ?

1. Yes
2. No

[IF DOES NOT AGREE, TERMINATE IMMEDIATELY]

BASE: ALL RESPONDENTS

dmGenChild [Gender] Do you currently identify as...?

1. Boy
2. Girl
4. Non-binary or Gender Non-conforming
5. Other, please specific [MANDATORY TEXT BOX IF SELECTED]
98. Prefer not to answer

BASE: ALL RESPONDENTS

S10. In what month were you born?

1. January
2. February
3. March
4. April
5. May
6. June
7. July
8. August
9. September
10. October
11. November
12. December

BASE: ALL RESPONDENTS

S11. In what year were you born?

- 1 2010
- 2 2011
- 3 2012
- 4 2013
- 5 2014
- 6 Other

[PROGRAM WILL CALCULATE AGE. MUST BE 11-13) IF NOT, TERMINATE IMMEDIATELY]

BASE: ALL RESPONDENTS

dmSchoolType What type of school do you attend?

1. Private
2. Public
3. Charter
4. Homeschool
4. Magnet/Fundamental
5. Other (Specify)

BASE: ALL RESPONDENTS

S12. What grade are you in?

1. 4th grade
2. 5th grade
3. 6th grade
4. 7th grade
5. 8th grade
6. 9th grade (Freshman)
7. 10th grade (Sophomore)
8. 11th grade (Junior)
9. 12th grade (Senior)
10. None of these

MAIN SURVEY

MAIN SURVEY: Devices

BASE: ALL QUALIFIED RESPONDENTS

Q1. Which **one** of the following statements best describes you?

1. I have a smartphone [like iPhone, Samsung Galaxy, Pixel, or similar] that I consider to be mine and no one else's
2. I have a phone that's not a smartphone that I consider to be mine and no one else's
3. I share a smartphone with someone else
4. I share a phone that isn't a smartphone with someone else
5. I sometimes use a smartphone that belongs to someone else
6. I often use a smartphone that belongs to someone else
7. I don't use any kind of phone

BASE: ALL QUALIFIED RESPONDENTS

Q2. Which **one** of the following statements best describes you?

1. I have a tablet [like iPad, Microsoft Surface, Galaxy tab, or similar] that I consider to be mine and no one else's
2. I share a tablet with someone else
3. I sometimes use a tablet that belongs to someone else
4. I often use a tablet that belongs to someone else
5. I don't use a tablet

BASE: HAVE OWN SMARTPHONE

Q3. How old were you when you got your own smartphone?

[DROP DOWN BOX WITH LESS THAN 1 AND 1-13]

BASE: HAVE OWN TABLET

Q4. How old were you when you got your own tablet [like iPad, Microsoft Surface, Galaxy tab, or similar]?

[DROP DOWN BOX WITH LESS THAN 1 AND 1-13]

BASE: USE OWN, SHARED, OR SOMEONE ELSE'S SMARTPHONE

Q6. Does the phone you use require Wi-Fi to access the internet, or is the phone connected all the time (it has a data plan)?

1. Requires Wi-Fi (no data plan)
2. Phone connected to internet all the time (has data plan)
99. Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q7. Do you use the following devices?

1. Yes
 2. No
-
1. Smartwatch
 2. Laptop or other computer, including from school
 3. E-reader (like Kindle, Nook, or Sony Reader), including from school
 4. Smart speaker (like Amazon Alexa or Google Home)
 5. VR / AR Device (Virtual Reality or Augmented Reality), including from school

MAIN QUESTIONNAIRE: Consumption/Use

BASE: USE A DEVICE

Q8. How often do you typically use the following types of apps, if at all? Your best guess is fine.

1. Never
 2. Less than once a month
 3. Once or a few times a month (1-3 times a month)
 4. Once or a few times a week (1-6 times a week)
 5. Once a day
 6. Multiple times a day
 99. Not sure
-
1. Social media (like TikTok, Instagram, Facebook, or others)
 2. YouTube (including YouTube Kids and YouTube TV)
 3. Gaming
 4. Messaging / Texting
 5. Streaming video (like Hulu, Netflix, Apple+, or others)
 6. Art and photos
 7. Music and audio (like Spotify, podcast apps, or others)
 8. News
 9. Making calls
 10. Shopping (either buying or just looking)
 11. Apps for school
 12. Email

BASE: USE A DEVICE

Q9. What controls, if any, does an adult(s) put on a phone or other devices you use? We mean the control features or control apps on a phone or device. Select all that apply.

1. Website or app blocking
2. Content filters
3. Time limits
4. Chat and text monitoring
5. Buying or spending limits
6. Location tracking
7. Other (Specify)
8. There are controls, but I don't know which ones
9. There are no controls that I'm aware of

BASE: ALL QUALIFIED RESPONDENTS

Q10. Which of the following programs do you use?

1. I use with my own account
 2. I have multiple accounts that I use
 3. I use with someone else's account
 4. I use without being signed in
 5. I don't use this
 6. Never heard of this
-
1. Instagram
 2. TikTok
 3. YouTube (including YouTube Kids and YouTube TV)
 4. Snapchat
 5. Discord
 6. Pinterest
 7. Facebook / Facebook Messenger
 8. WhatsApp
 9. Reddit
 10. Roblox
 11. X (Twitter)
 12. Steam
 13. Twitch
 14. Truth Social

BASE: ALL QUALIFIED RESPONDENTS

Q11. Do you use any of the following programs?

1. Yes
 2. No
-
1. Netflix
 2. Spotify
 3. Hulu
 4. Max / HBO
 5. Disney+
 6. Amazon Prime Video
 7. Apple TV+
 8. Apple Music

BASE: ALL QUALIFIED RESPONDENTS WHO USE APPS

Q12. What app do you spend the most time using? *Your best guess is fine.*

1. Instagram
2. TikTok
3. YouTube (including YouTube Kids and YouTube TV)
4. Snapchat
5. Discord
6. Pinterest
15. Facebook / Facebook Messenger
7. WhatsApp
8. Reddit
9. Roblox
10. X (Twitter)
11. Steam
12. Twitch
13. Truth Social
14. Netflix
15. Max / HBO
16. Disney+
17. Spotify
18. Hulu
19. Amazon Prime Video
20. Apple TV+
21. Apple Music
22. Other (Specify) [TEXT BOX]

BASE: ALL QUALIFIED RESPONDENTS

Q13. On a typical day, how much time do you spend using [RESPONSE FROM Q12]?

Round to the nearest hour. Your best guess is fine.

[DROP DOWN WITH Less than 1 hour and the 1 hour – 24 hours]

BASE: OWN, SHARE, OR USE SOMEONE'S SMARTPHONE OR TABLET

Q15. On a typical **school day**, how much time do you spend on a smartphone or tablet during the following time periods?

Round to the nearest half hour. Your best guess is fine.

[DROP DOWN BOX FROM 0 TO 6 HOURS IN HALF HOUR INCREMENTS].

1	6:00 AM - 12:00 PM	99 Not sure
2	12:00 PM - 6:00 PM	99 Not sure
3	6:00 PM - 12:00 AM	99 Not sure
4	12:00 AM - 6:00 AM	99 Not sure

BASE: OWN, SHARE, OR USE SOMEONE'S SMARTPHONE OR TABLET

Q16. On a typical day **when you don't have school**, how much time do you spend on a smartphone or tablet during the following time periods? Round to the nearest half hour. Your best guess is fine.

[PN: DROP DOWN BOX FROM 0 TO 6 HOURS IN HALF HOUR INCREMENTS].

1	6:00 AM - 12:00 PM	99 Not sure
2	12:00 PM - 6:00 PM	99 Not sure
3	6:00 PM - 12:00 AM	99 Not sure
4	12:00 AM - 6:00 AM	99 Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q17. Which of the following best describes the rules about phone use during school?

1. Phones are not allowed at all where I attend school
2. Students are separated from their phones all day
3. Students are separated from their phones but can access them at specific times of the day
4. Students keep their phones and teachers have their own policies about phone use
99. Not sure

BASE: DID ALL QUALIFIED RESPONDENTS

Q18. How much do you agree or disagree with the following statement?

Most of the time, students where I attend school follow the rules about phone use.

1. Disagree strongly
2. Disagree somewhat
3. Neither agree nor disagree
4. Agree somewhat
5. Agree strongly

BASE: ALL QUALIFIED RESPONDENTS

Q19. Are any social media platforms blocked on the internet network where you attend school?

1. Yes
2. No
99. Not sure

MAIN SURVEY: Parent-Child Relationships

BASE: ALL QUALIFIED RESPONDENTS

Q20. How happy are you with your relationship with your parents?

1. Very unhappy
2. Somewhat unhappy
3. Neither happy nor unhappy
4. Somewhat happy
5. Very happy
98. Prefer not to answer

BASE: ALL QUALIFIED RESPONDENTS

Q21 How much do your parent(s)/guardian(s)...

1. Not at all
2. A little
3. Somewhat
4. A lot
5. Entirely/Constantly
98. Prefer to not say

- 1 Limit the **type of media** you can see/use (e.g., shows, games, social media, etc.)
2. Limit the **amount of time** you spend using media (e.g., time on devices, games, social media, etc.)
- 3 Tell you that what you see in the media is different from real life (e.g., in movies, shows, games, social media, etc.)
4. Talk with you about the topics and behaviors you see in the media (e.g., movies, games, news, social media, etc.)

BASE: ALL QUALIFIED RESPONDENTS

Q22A When it comes to your media use, how much do your parent(s)/guardian(s)...

1. Not at all
2. A little
3. Somewhat
4. A lot
5. Entirely/Constantly
98. Prefer not to say

1. Make it seem like you can't change their rules or opinions (maybe even getting mad or punishing you if you try)
2. Explain the reasons behind their rules or opinions and encourage you to voice your thoughts

MAIN SURVEY: Video Games

BASE: ALL QUALIFIED RESPONDENTS

QGAMING1 How often do you play video games?

1. Never
2. Less than once a month
3. Once or a few times a month (1-3 times a month)
4. Once or a few times a week (1-6 times a week)
5. Once a day
6. Multiple times a day
99. Not sure

BASE: PLAY VIDEO GAMES

QGAMING2 How often do you play the following types of video games?

1. Never
2. Less than once a month
3. Once or a few times a month (1-3 times a month)
4. Once or a few times a week (1-6 times a week)
5. Once a day
6. Multiple times a day
99. . Not sure

1. Single player games
2. In-person multiplayer games (Co-op games)
3. Online multiplayer games

BASE: PLAY THESE TYPES OF VIDEO GAMES

QGAMING3 *On the days you play video games*, how much time do you spend playing each type of game?

1. Less than an hour
 2. About an hour
 3. About 2 hours
 4. About 3 hours
 5. 4 or more hours
 99. Not sure
-
1. Single player games
 2. In-person multiplayer games (Co-op games)
 3. Online multiplayer games

MAIN SURVEY: News Literacy

BASE: ALL QUALIFIED RESPONDENTS

QNews. Now we'd like to ask you about getting news. When we say "news" we mean information about current events and things that are happening in the world.

BASE: USE SOCIAL MEDIA

Q26. When you see news posted on social media, how often do you do each of the following?

1. Never
 2. Rarely
 3. Sometimes
 4. Often
 5. Always
 99. Not sure
 6. I don't see news on social media
-
1. Do a quick internet search to investigate the post's claims
 2. Scan the post's comments to see if anyone raised credibility claims
 3. Check whether I can find the same news somewhere else
 4. Check out other posts from the same social media account to see if it is credible

BASE: ALL QUALIFIED RESPONDENTS

Q27. How often do you get news using each of the following?

1. Never
 2. Rarely
 3. Sometimes
 4. Often
 99. Not sure
-
1. Smartphone
 2. Phone that's not a smart phone
 3. Computer / Laptop
 4. Tablet
 5. Radio
 6. TV
 7. Smartwatch
 8. Print media (like newspapers, magazines)
 9. VR / AR device (Virtual Reality or Augmented Reality device)
 10. Smart speaker (like Amazon Alexa or Google Home)

BASE: ALL QUALIFIED RESPONDENTS

Q28. Who/where do you get news from *online*? Select all that apply.

1. Social media
2. News organizations themselves
3. Friends/classmates
4. Family
5. People I don't know personally
6. Other (Specify)
7. I don't get news online

BASE: ALL QUALIFIED RESPONDENTS

Q29. Who do you get news from *in person*? Select all that apply.

1. Family
2. Friends/classmates
3. Teachers
4. Coaches/mentors
5. Other (Specify)
99. Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q30. How much do you agree or disagree with each of the following statements? Again, by "news" we mean information about current events and things that are happening in the world.

1. Disagree strongly
 2. Disagree somewhat
 3. Neither agree nor disagree
 4. Agree somewhat
 5. Agree strongly
-
1. When I have down time, I check news or news headlines
 2. One of the first things I do each day is check the news
 3. I feel anxious when I can't access the news
 4. Keeping up with news makes me feel more connected to other people

BASE: ALL QUALIFIED RESPONDENTS

Q31. If something major happened in the world and you could only find out about it from one *news organization*, which one would you go to?

BASE: ALL QUALIFIED RESPONDENTS

Q32. At school, how often do you watch or read news as part of your assignments or class activities?

1. Never
2. Less than once a month
3. A few times a month (1-3 times a month)
4. A few times a week (1-6 times a week)
5. Once a day
6. Multiple times a day
99. . Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q33. How often do you do each of the following, whether by yourself or with others?

1. Never
2. Less than once a month
3. A few times a month (1-3 times a month)
4. A few times a week (1-6 time a week)
5. Once a day
6. Multiple times a day
- 99.. Not sure

1. Watch or stream movies or shows on a TV
2. Watch or stream movies or shows on a device other than a TV
3. Video-chat with friends or family (like Skype, Zoom, WhatsApp, or FaceTime)
4. Listen to music
5. Make my own digital art or music (like painting, graphics, photo or video editing, making digital music)
6. Read a book, print or e-book (not for school/homework)
7. Read a newspaper, print or online (not for school/homework)
8. Exercise/play sports
9. Listen to podcasts
10. Watch video reels

BASE: ALL QUALIFIED RESPONDENTS

Q34. How often do you try to avoid news?

1. Never
2. Rarely
3. Sometimes
4. Often
99. Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q35. What are your *favorite* types of online videos (or reels)? Choose up to two.

1. Comedy
2. Drama
3. Music
4. News
5. Reality shows
6. Sports
7. Fashion/Style
8. How-to/Tips and tricks
9. Gaming
10. Pets/Animals
11. Learning
12. Other (Specify)
99. Not sure
97. I do not watch online videos or reels

BASE: ALL QUALIFIED RESPONDENTS

Q36. How often do you watch three or more episodes of a show, one right after the other?

1. Never
2. Less than once a month
3. Once or a few times a month (1-3 times a month)
4. Once or a few times a week (1-6 times a week)
5. Once a day
6. Multiple times a day
99. Not sure

BASE: SOCIAL MEDIA USERS

Q37. Which of the following have you done with regard to social media influencers? Select all that apply.

[Hover over on social media influencers: People with a large following online who set trends or influence people's opinions and behaviors]

1. Share their content
2. Follow them or subscribe to their platforms or channels
3. Comment on what they post
4. Try a product or service they recommend
5. Send them money, tokens, bits etc.
6. Direct message them
7. Like their post
8. None of these

MAIN SURVEY: Posting/Sharing

BASE: ALL QUALIFIED RESPONDENTS

Q38. How often do you post or share things publicly online that others can see?

1. Never
2. Rarely
3. Sometimes
4. Often
99. Not sure

BASE: SOCIAL MEDIA USERS

Q38A. Please respond to each of the following.

1. Yes
 2. No
 98. Prefer to not say
-
1. I've posted information on social media that was made up [ONLY IF POST PUBLICLY Q38/2-4]
 2. I've pretended to be older when signing up for a social media account
 3. I've shared social media content that I knew was not true

BASE: USE A DEVICE

Q39. How often are notifications or alerts on the devices you use turned on (including silent ones)?

1. Never
2. Rarely
3. Sometimes
4. Often
5. Always
99. Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q40. How much do you agree or disagree with each of the following statements?

1. Disagree strongly
 2. Disagree somewhat
 3. Neither agree nor disagree
 4. Agree somewhat
 5. Agree strongly
-
1. I worry a lot about my online privacy
 2. I worry about adults in my life checking what I do online
 3. I worry about kids I know checking what I do online

BASE: SOCIAL MEDIA USERS (Q11A/1)

Q41. Which of the following have you done to protect your privacy on social media? Select all that apply

1. Switched an account from public to private
2. Not posted personal information about myself
3. Avoided using photos of myself
4. Posted less often or not at all
5. Not accepted friend or follower requests or blocked people
6. Created more than one account on the same platform
7. Not used my real name
8. Deleted or deactivated an account
9. None of these

MAIN SURVEY: AI USE

BASE: ALL QUALIFIED RESPONDENTS

Q42a Have you ever used an A.I. tool or application?

1. Yes
2. No
99. Not sure

BASE: USED AI

Q42. How comfortable are you at using A.I. to create new things like text, music, images, art, etc.?

1. Very uncomfortable
2. Somewhat uncomfortable
3. Neither comfortable nor uncomfortable
4. Somewhat comfortable
5. Very comfortable

BASE: ALL QUALIFIED RESPONDENTS

Q43. Have you ever used A.I. (like ChatGPT, Copilot, Gemini, Claude, etc.) to help with your schoolwork?

1. Yes
2. No
99. Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q44. Do you think it's okay for students to use A.I. (like ChatGPT, Copilot, Claude, etc.) to do each of the following?

1. Yes
 2. No
 99. Not sure
-
1. Assist with research for schoolwork
 2. Write an essay assignment
 3. Answer exam questions
 4. Solve math homework

MAIN QUESTIONNAIRE: Analog Communication

BASE: ALL QUALIFIED RESPONDENTS

Q45. In a typical **week**, how many days do you spend time with a friend(s) **in person** outside of school? *Your best guess is fine.*

[Drop down box with 0-7 days]

BASE: ALL QUALIFIED RESPONDENTS

Q45b During a typical **day**, how many hours do you spend with a friend(s) **online** (including gaming, texting, video chatting etc.)? *Round to the nearest hour. Your best guess is fine.*

[DROP DOWN FOR 0-24 HOURS]

BASE:ALL QUALIFIED RESPONDENTS

Q46. Are you currently involved in any of the following extracurricular groups or activities, either for school or outside of school? Select all that apply.

1. Art (like photography, painting, ceramics, etc.)
2. Sports team
3. Music group (like a band, singing group, etc.)
4. Drama/performing arts or fantasy/role playing groups
5. Academic club or competition (like math, science, writing, spelling/geography bee, speech/debate, honors club, language club, etc.)
6. Student government
7. Student media (like yearbook, news media, podcasting, etc.)
8. Religious group (like youth group, Sunday school, missionary work, etc.)
9. Activism group (like Young Republicans, Young Democrats, March For Our Lives, etc.)
10. Other (specify)
11. None of these

MAIN SURVEY: Generalized trust

BASE: ALL QUALIFIED RESPONDENTS

Q48. For each pair of statements, which statement do you agree with *more*?

A

1. Most people can be trusted
2. You have to be careful when dealing with people

B

1. Most of the time people try to be helpful
2. Most of the time people are only looking out for themselves

C

1. Most people would try to take advantage of me if they had the chance
2. Most people would try to be fair

MAIN SURVEY: Censorship/Freedom of Expression

BASE: ALL QUALIFIED RESPONDENTS

Q57. Which do you think is *more* important?

1. People being able to speak their minds freely online
2. People being able to feel welcome and safe online

BASE: ALL QUALIFIED RESPONDENTS

Q58. How much do you agree or disagree with the following statement?

It's OK for people to express ideas online even if the ideas are unpopular.

1. Disagree strongly
2. Disagree somewhat
3. Neither agree nor disagree
4. Agree somewhat
5. Agree strongly

BASE: ALL QUALIFIED RESPONDENTS

Q59. Which statement do you agree with *more*?

1. Adults should decide what things kids see online
2. Kids should decide for themselves what they see online

MAIN SURVEY: Trust in Government

BASE: ALL QUALIFIED RESPONDENTS

Q49. How much of the time do you think you can trust the government in Washington, D.C. to do what is right?

- 1 Never
- 2 Hardly ever
- 3 Some of the time
- 4 Most of the time
- 5 Just about always
- 99. Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q50. How much do you agree or disagree with each of the following statements?

- 1 Disagree strongly
 - 2 Disagree somewhat
 - 3 Neither agree nor disagree
 - 4 Agree somewhat
 - 5 Agree strongly
-
- 1. In general, news reporters want to help other people
 - 2. Most news reporters are honest
 - 3. Most news reporters do a very good job at their work
 - 4. Most people are honest
 - 5. Most people do a very good job at their work

BASE: ALL QUALIFIED RESPONDENTS

Q51. How often do you come across news online that you think is made up?

- 1. Never
- 2. Less than once a month
- 3. A few times a month (1-3 times a month)
- 4. A few times a week (1-6 times a week)
- 5. Once a day
- 6. Multiple times a day
- 99. Not sure

MAIN SURVEY: A.I. Ethics

BASE: ALL QUALIFIED RESPONDENTS

Q53. How much do you agree or disagree with each of the following statements?

- 1 Disagree strongly
 - 2 Disagree somewhat
 - 3 Neither agree nor disagree
 - 4 Agree somewhat
 - 5 Agree strongly
-
- 1. Social media causes more harm than good
 - 2. I enjoy using social media
 - 3. A.I. causes more harm than good

MAIN SURVEY: Technology Impairment Scale, TIS

BASE: USE A DEVICE

Q60. Please respond using the following scale.

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often
99. Not sure

1. I find it difficult to stop using technology, such as the internet or my phone, once I start
2. I don't get enough sleep because I am on my phone or the internet late at night
3. I don't do things I'm supposed to because I am using technology
4. I feel restless, frustrated, or irritated when I cannot access the internet or check my phone
5. I use technology to avoid feeling sad or get relief from negative feelings
6. I would rather spend more time online than hang out with others

BASE: USE SMARTPHONE

Q61. How much do you agree or disagree with the following statement?

When I'm in a situation where I can't use a smartphone, part of me feels relief.

1. Disagree strongly
2. Disagree somewhat
3. Neither agree nor disagree
4. Agree somewhat
5. Agree strongly

MAIN SURVEY Wellness

BASE: ALL QUALIFIED RESPONDENTS

Q63. **When you have school**, what time do you usually go to sleep at night and get up in the morning? *Your best guess is fine.*

- 1 Go to sleep at night [DROP DOWN BOX BY THE HALF HOUR]
- 2 Get up in the morning [DROP DOWN BOX BY THE HALF HOUR]

BASE: ALL QUALIFIED RESPONDENTS

Q64. **When you don't have school**, what time do you usually go to sleep at night and get up in the morning? *Your best guess is fine.*

- 1 Go to sleep at night [DROP DOWN BOX BY THE HALF HOUR]
- 2 Get up in the morning [DROP DOWN BOX BY THE HALF HOUR]

BASE: ALL QUALIFIED RESPONDENTS

Q66. How often do you...

1. Never
2. Occasionally (once or twice per month)
3. Sometimes (once or twice per week)
4. Often (3-5 times per week)
5. Always (every day)
99. Not sure

1. Use my phone in bed before falling asleep (ONLY INCLUDE IF HAVE OWN OR SHARED SMARTPHONE Q1/1,3)
2. Have difficulty getting back to sleep if I wake up at night
3. Wake up in the morning feeling tired
4. Feel sleepy during the day

BASE: OWN OR SHARESMARTPHONE OR TABLET (Q1/1,3 OR Q2 1,2)

Q72. When you go to sleep at night, where is/are the following? *Think about the location most nights.*

1. In another room
 2. In the room but not within reach
 3. Within reach but not in bed
 4. In my hand or in bed with me
-
1. Your smartphone
 2. Your tablet

BASE: HAVE DEVICE IN ROOM

Q72b Are any notifications or alerts on the device(s) in the room turned on when you sleep?

1. Yes
2. No
99. Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q73 HIDDEN QUESTION: ASSIGN ONE PER RESPONDENT, LEAST FILL

1. A news reporter posts that Donald Trump shared top-secret information with a new group of friends.
2. A news reporter posts that Donald Trump never shared top-secret information with anyone.
3. A news reporter posts that Florida is experiencing more tropical storms and hurricanes than in the past, due to climate change.
4. A news reporter posts that Florida is experiencing more tropical storms and hurricanes than in the past but that climate change is not the reason.
5. A news reporter posts that an 11-year-old boy in Orlando was arrested after he was caught with a handgun at school.
6. A news reporter posts that the latest COVID-19 vaccine is available and safe.
7. A news reporter posts that the latest COVID-19 vaccine is available but not safe.
8. A social media influencer posts that Donald Trump shared top-secret information with a new group of friends.
9. A social media influencer posts that Donald Trump never shared top-secret information with anyone.
10. A social media influencer posts that Florida is experiencing more tropical storms and hurricanes than in the past, due to climate change.
11. A social media influencer posts that Florida is experiencing more tropical storms and hurricanes than in the past but that climate change is not the reason.
12. A social media influencer posts that an 11-year-old boy in Orlando was arrested after he was caught with a handgun at school.
13. A social media influencer posts that the latest COVID-19 vaccine is available and safe.
14. A social media influencer posts that the latest COVID-19 vaccine is available but not safe.
15. Your parent/guardian tells you that Donald Trump shared top-secret information with a new group of friends.
16. Your parent/guardian tells you that Donald Trump never shared top-secret information with anyone.
17. Your parent/guardian tells you that Florida is experiencing more tropical storms and hurricanes than in the past, due to climate change.
18. Your parent/guardian tells you that Florida is experiencing more tropical storms and hurricanes than in the past but that climate change is not the reason.
19. Your parent/guardian tells you that an 11-year-old boy in Orlando was arrested after he was caught with a handgun at school.
20. Your parent/guardian tells you that the latest COVID-19 vaccine is available and safe.
21. Your parent/guardian tells you that the latest COVID-19 vaccine is available but not safe.
22. Your close friend tells you while you're hanging out that Donald Trump shared top-secret information with a new group of friends.
23. Your close friend tells you while you're hanging out that Donald Trump never shared top-secret information with anyone.
24. Your close friend tells you while you're hanging out that Florida is experiencing more tropical storms and hurricanes than in the past, due to climate change.
25. Your close friend tells you while you're hanging out that Florida is experiencing more tropical storms and hurricanes than in the past but that climate change is not the reason.
26. Your close friend tells you while you're hanging out that an 11-year-old boy in Orlando was arrested after he was caught with a handgun at school.
27. Your close friend tells you while you're hanging out that the latest COVID-19 vaccine is available and safe.
28. Your close friend tells you while you're hanging out that the latest COVID-19 vaccine is available but not safe.
29. Your close friend sends you a direct message saying that Donald Trump shared top-secret information with a new group of friends.
30. Your close friend sends you a direct message saying that Donald Trump never shared top-secret information with anyone.
31. Your close friend sends you a direct message saying that Florida is experiencing more tropical storms and hurricanes than in the past, due to climate change.
32. Your close friend sends you a direct message saying that Florida is experiencing more tropical storms and hurricanes than in the past but that climate change is not the reason.

33. Your close friend sends you a direct message saying that an 11-year-old boy in Orlando was arrested after he was caught with a handgun at school.
34. Your close friend sends you a direct message saying that the latest COVID-19 vaccine is available and safe.
35. Your close friend sends you a direct message saying that the latest COVID-19 vaccine is available but not safe.
36. Someone you just met tells you that Donald Trump shared top-secret information with a new group of friends.
37. Someone you just met tells you that Donald Trump never shared top-secret information with anyone.
38. Someone you just met tells you that Florida is experiencing more tropical storms and hurricanes than in the past, due to climate change.
39. Someone you just met tells you that Florida is experiencing more tropical storms and hurricanes than in the past but that climate change is not the reason.
40. Someone you just met tells you an 11-year-old boy in Orlando was arrested after he was caught with a handgun at school.
41. Someone you just met tells you that the latest COVID-19 vaccine is available and safe.
42. Someone you just met tells you that the latest COVID-19 vaccine is available but not safe.

HIDDEN QUESTION FOR INSERTS FOR Q75 ROWS 1-2

Q1000

1. Use 'The news reporter for Q73/1-7
2. Use 'The social media influencer' for Q73/8-14 [PN: Add a hover over on social media influencers: People with a large following online who can set trends and influence people's opinions and behaviors]
3. Use 'My parent/guardian' for Q73/15-21
4. Use 'My close friend' for Q73/22-35
5. Use 'The person I just met' for Q73/36-42]

HIDDEN QUESTION FOR INSERTS FOR Q75 ROW 3,5

Q1001

1. Use 'the news reporter for Q73/1-7
2. Use 'the social media influencer' for Q73/8-14 [PN: Add a hover over on social media influencers: People with a large following online who can set trends and influence people's opinions and behaviors]
3. Use 'my parent/guardian' for Q73/15-21
4. Use 'my close friend' for Q73/22-35
5. Use 'the person I just met' for Q73/36-42]

BASE: ALL QUALIFIED RESPONDENTS

Q75. How much do you agree or disagree with each of the following about this statement?

VIGNETTE HERE FROM Q73.

1. Disagree strongly
 2. Disagree somewhat
 3. Neither agree nor disagree
 4. Agree somewhat
 5. Agree strongly
-
1. [INSERT Q1000] is trying their best to be helpful
 2. [INSERT Q1000] is knowledgeable about this news topic
 3. If I needed to find important information, I could rely on [INSERT Q1001]
 4. I would feel confident sharing this information with someone I respect
 5. The information that [INSERT Q1001] shared is true

MAIN SURVEY: Adolescent Depression

BASE: ALL QUALIFIED RESPONDENTS

Q76. How often have you been bothered by each of the following symptoms during the *past two weeks*?

1. Not at all
 2. Several days
 3. More than half the days
 4. Nearly every day
-
1. Feeling down, depressed, irritable, or hopeless
 2. Little interest or pleasure in doing things
 3. Trouble falling asleep, staying asleep, or sleeping too much
 4. Poor appetite, weight loss or overeating
 5. Feeling tired or having little energy
 6. Feeling bad about myself—or feeling that I am a failure or that I have let my family down
 7. Trouble concentrating on things like schoolwork, reading or watching TV
 8. Moving or speaking so slowly that other people have noticed, or the opposite—being fidgety or that I was moving around a lot more than usual

BASE: ALL QUALIFIED RESPONDENTS

Q77. In the *past year* have you felt depressed or sad most days, even if you felt okay sometimes?

1. Yes
2. No
99. Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q79. Over the *last 2 weeks*, how often have you been bothered by each of the following?

1. Not at all
 2. Several days
 3. More than half of days
 4. Nearly every day
-
1. Feeling nervous, anxious, or on edge
 2. Not being able to stop or control worrying
 3. Worrying too much about different things
 4. Having trouble relaxing
 5. Being so restless that it's hard to sit still
 6. Becoming easily annoyed or irritable
 7. Feeling afraid as if something bad might happen

BASE: ALL QUALIFIED RESPONDENTS

Q80. How much do you agree or disagree with each of the following statements?

- 1 Disagree strongly
 - 2 Disagree somewhat
 - 3 Neither agree nor disagree
 - 4 Agree somewhat
 - 5 Agree strongly
-
1. Life often feels meaningless
 2. I am satisfied with my life
 3. I get very angry and often lose my temper
 4. Sometimes I think I am no good
 5. I feel I have a lot to be proud of
 6. I feel good about myself

MAIN SURVEY: Cyberbullying victimization and perpetration

BASE: ALL QUALIFIED RESPONDENTS

Q82. In the ***past 3 months***, how many times have you experienced the following ***online***?

Another student or students...

1. Once or twice
 2. Every few weeks
 3. About once a week
 4. Several times a week or more
 5. This did not happen to me in the past 3 months
 99. Not sure
-
1. Called me mean or hurtful names
 2. Sent or posted, mean or hurtful pictures/videos about me
 3. Told me others would not like me if I did not do what they said
 4. Left me out of a group or an activity, or did not allow me to join in, on purpose
 5. Spread lies or rumors about me, to hurt me or make others not like me
 - 6.

Demographics

BASE: ALL RESPONDENTS

Q88. We are almost done! These last questions are for classification purposes.

BASE: ALL RESPONDENTS

dmHispUS [Hispanic Origin] Are you of Hispanic, Latino, or Spanish origin?

1. Yes
2. No
- 99.. Not sure

BASE: ALL RESPONDENTS

dmRaceMUS [Race] Which of the following best describes you? Please select all that apply.

1. White
2. Black or African American
3. Native American or Alaska Native
4. South Asian (Pakistani, Indian, Bangladeshi, Nepali, Sri Lankan)
5. Chinese
6. Korean
7. Japanese
8. Filipino
9. Arab/West Asian
12. Vietnamese
11. Other Asian
10. Native Hawaiian or Pacific Islander
13. Other race
- 99 Not sure

BASE: ALL RESPONDENTS

Q94. Which of the following best describes your living situation?

1. I live in one home
2. I live in two or more homes

BASE: ALL RESPONDENTS

Q92. Which adults do you live with? [IF Q94/2, ADD: Include all the adults you live with in any home.] Select all that apply

1. Mother
2. Stepmother
3. Aunt, grandmother, or other adult female relative
4. Female non-relative (like a foster parent, father's girlfriend)
5. Father
6. Stepfather
7. Uncle, grandfather, or other adult male relative
8. Male non-relative (like a foster parent, mother's girlfriend)

BASE: ALL RESPONDENTS

Q89. What is the main language spoken in your home? [IF Q94/2 add: Think about the home where you spend the most time.

1. English
2. Spanish
3. French/Creole
4. Portuguese
5. Other (Specify) [TEXT BOX]

BASE: ALL QUALIFIED RESPONDENTS

Q96. How are your grades in school?

1. Mostly A's
2. Mostly B's
3. Mostly C's
4. Mostly D's
5. Mostly F's
6. My school doesn't use letter grades
98. Prefer not to say

BASE: ALL QUALIFIED RESPONDENTS

Q104. How long does it usually take you to get to school? Your best guess is fine

[DROP DOWN OF TIMES IN FIVE MINUTE SEGMENTS, FROM FIVE MINUTES TO 'MORE THAN AN HOUR AND 30 MINUTES' AS THE CAP]

BASE: ALL QUALIFIED RESPONDENTS

Q106. How often do you attend religious services?

- 1 Never
- 2 Less than once a year
- 3 About once or twice a year
- 4 Several times a year
- 5 About once a month
- 6 2 to 3 times a month
- 7 Every week
- 8 Several times a week
- 9 Once a day or more
- 99 Not sure

BASE: ALL QUALIFIED RESPONDENTS

Q108. Which option below best describes how you completed the survey? You'll still get the points for completing this survey no matter how you answer.

1. I answered all the questions myself
2. My parent/guardian helped me with some questions
3. My parent/guardian and I participated equally in answering the questions
4. My parent/guardian entered most of the answers for me
5. My parent/guardian entered all the answers for me