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SUPERIOR COURT OF THE STATE OF CALIFORNIA
FOR THE COUNTY OF LOS ANGELES

ONETASTE INCORPORATED, a
California corporation,

Plaintiff,

vs.

AYRIES BLANCK, an individual; and
DOES 1 through 100, inclusive,
Defendants.

CASE NO. 22STCV33093

REPORT OF JASON FRANKOVITZ

REPORT OF JASON FRANKOVITZ

I, Jason Frankovitz, declare and state as follows:

I. Qualifications and compensation

1. I have been retained as an objective and neutral consultant by McPherson Law LLP to perform discovery in the above-captioned action.

2. I received a Bachelors' degree in Telecommunications with Phi Eta Sigma honors from Indiana University in 1993. I have more than 25 years of experience working as a software developer, engineering manager, and system architect in a wide variety of industries including e-commerce, digital entertainment, mobile computing, and social media. I have also launched Internet startups using technologies like cloud-based server scaling, machine learning (artificial intelligence), and personalized ad targeting.

3. I have been a software engineer for a variety of large and small technology companies making web-based software and backend systems. I have been an instructor of technology- and Internet-related topics at San Francisco State University. For six years I was a member of the Los Angeles CTO Forum, a group of technology executives who meet to discuss computing challenges in their companies.

4. Over my many years of experience in the software and Internet industry, I have developed technical expertise in a variety of Internet and website technologies such as Transmission Control Protocol/Internet Protocol (TCP/IP), Hypertext Transfer Protocol (HTTP), the Domain Name System (DNS), Secure Sockets Layer (SSL), Common Gateway Interface (CGI), proxies,

1 client/server architectures, cloud computing, content management systems, relational databases,
2 domain registration, and web forensics. I am also an expert in commonly used web programming
3 languages, such as Ruby, Rails, PHP, Perl, JavaScript, Hypertext Markup Language (HTML), XML,
4 Cascading Style Sheets (CSS), and asynchronous Javascript and XML (AJAX). I am also an expert
5 in shell programming languages used on a wide variety of Unix operating systems and Linux
6 distributions.

7 5. My experience with website administration, content management, and hosting dates
8 back to the mid-1990s. I was the lead systems administrator for the first mailing list search engine on
9 the Internet, Liszt.com (sold to Topica). In 1996 I designed and built the first bookmarking website
10 in the world, itList.com, in 1999. During my work for the R&D group at yellowpages.com, I wrote
11 programs that crawled the Internet to perform content analysis of webpages. I performed platform
12 integration work for Koders.com, a source code search engine used by software engineers. As the
13 founder and CTO of Seethroo, my online advertising company, I created a system for monitoring
14 user-generated content on social websites to automate personalized ad targeting.

15 6. I have performed a variety of investigations and analyses for software patent
16 infringement, software copyright, breach of contract, and software trade secret cases. Prior to working
17 with Quandary Peak Research, I served as an intellectual property and technology advisor with
18 TechKnow Consulting, providing a range of services in software-related matters including software
19 patent licensing and brokerage. I also served as a software intellectual property consultant with
20 Intellectual Ventures.

21 7. I was selected as Entrepreneur-in-Residence at Main Street Partners on the campus of
22 the Massachusetts Institute of Technology from 1999 until 2000. I am the inventor of US Patent
23 9,858,341 “Method And Apparatus For Remotely Monitoring A Social Website,” issued January 2,
24 2018.

25 8. I created curricula and taught courses covering programming principles, database
26 fundamentals, Internet architecture, and computer hardware for several years at San Francisco State
27 University, receiving the 2001 Outstanding Instructor award. I also mentored software development
28 interns for four years from ENSEEIHT, a major engineering school in Toulouse, France.

1 9. I have served as a consultant in software, the Internet, and website technology in over
2 one hundred and thirty legal matters. I have given testimony in deposition or in court over twenty-
3 five times.

4 10. Attached hereto as Exhibit A is a true and correct copy of my curriculum vitae, which
5 is current as of September 30, 2024 and accurately summarizes my background and expertise
6 regarding the subject matter of this report.

7 11. My analysis is based solely on the information made available to me at the time of this
8 report.

9 12. My employer, Quandary Peak Research, is being compensated for my work on this
10 case at a base rate of \$575 per hour plus reimbursement of direct expenses. I have no personal interest
11 in this litigation, and my personal compensation does not depend in any way on the opinions I express
12 in this case or its outcome.

13 13. I am not an attorney and nothing in this report should be considered an interpretation
14 of any legal issue.

15 **II. File “Journals”**

16 14. The Google Doc file named “Journals” was created May 4, 2022, 9:43 AM (timezone
17 unknown) by the Google account autymnblanck@gmail.com.

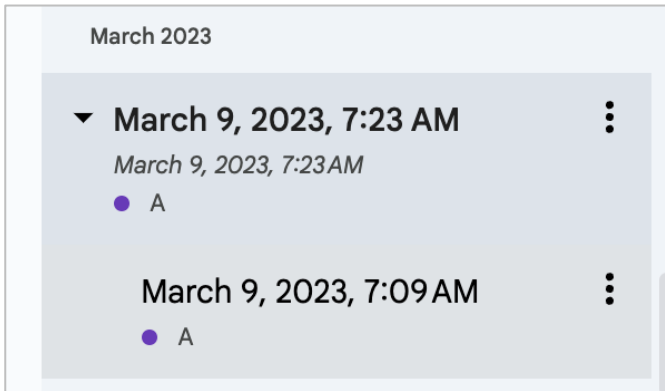
18 15. The file appears to have 54 top-level versions, of which 33 are major versions which
19 contain minor versions. The minor versions number in the hundreds.

20 16. When the Journals file was originally created on May 4, 2022, 9:43 AM, it was blank,
21 i.e. there was no content in the document. The first version that contained content was saved one
22 minute later, on May 4, 2022, 9:44 AM. The size of this 9:44 AM version of the file, after exporting
23 to my local computer, was 12 kilobytes, or approximately 12,000 bytes. Microsoft Word indicated
24 the file has 1,893 words (or 9,849 characters including spaces) requiring three pages.

25 17. The most recent version of the file was saved on March 9, 2023, 7:23 AM by a Google
26 account identified only as “A” in the version history:

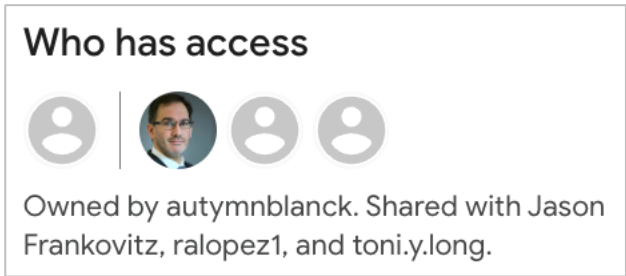
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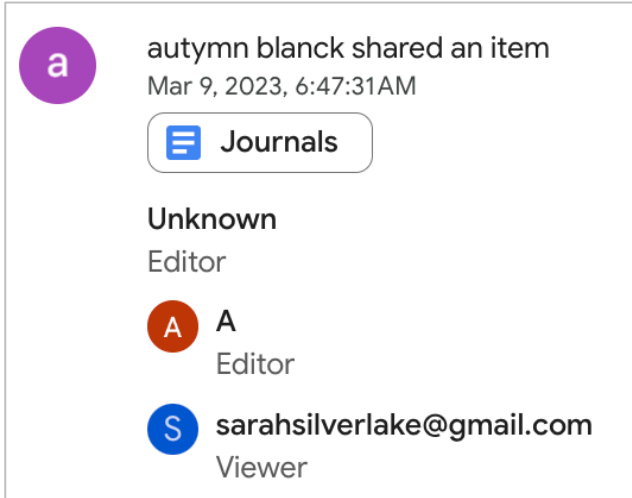


18. The size of this file, after exporting to my local computer, was 31 kilobytes, or approximately 31,000 bytes. Microsoft Word indicated the file has 10,037 words (or 52,988 characters including spaces) over twenty pages.

19. The file was shared with three other people, ralopez1, toni.y.long, and myself. All of us were given Editor access:

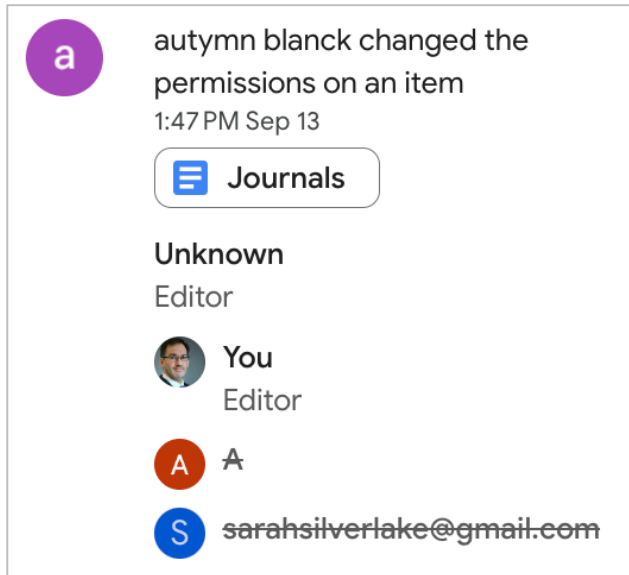


20. On March 9, 2023, the permissions for the file were changed to add “A” as an Editor and sarahsilverlake@gmail.com as a Viewer:



21. On September 13, 2024 the permissions were changed to remove “A” and

1 sarahsilverlake@gmail.com from the file, and I was added (to allow me to conduct discovery on the
2 file and its history):



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13 **III. File “Journal 2”**

14 22. The Google Doc file named “Journal 2” was created May 25, 2022, 10:43 AM
15 (timezone unknown) by the Google account autymnblanck@gmail.com.

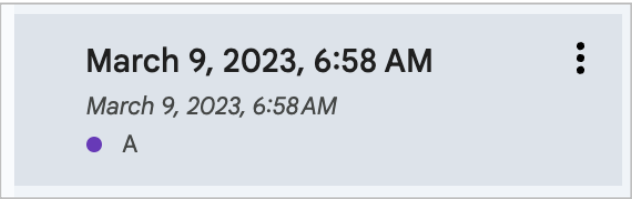
16 23. The file appears to have 4 top-level versions, of which 2 are major versions which
17 contain minor versions. There are 18 minor versions.

18 24. When the Journal 2 file was originally created on May 25, 2022, 10:43 AM, it was
19 blank, i.e. there was no content in the document. The first version that contained content was saved
20 less than one minute later, on May 25, 2022, 10:43 AM. The size of this version of the file, after
21 exporting to my local computer, was 19 kilobytes, or approximately 19,000 bytes. Microsoft Word
22 indicated the file has 4,058 words (or 21,774 characters including spaces) requiring eleven pages.

23 25. The most recent version of the file was saved on March 9, 2023, 6:58 AM by Google
24 account identified only as “A” in the version history:

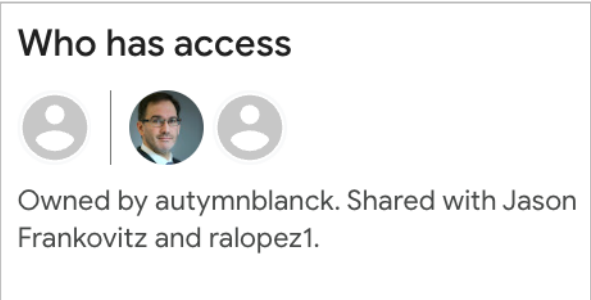
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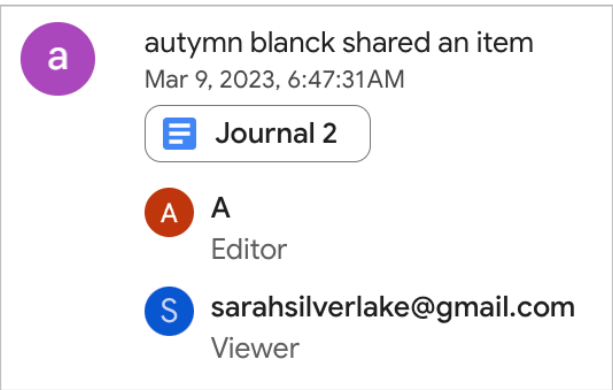


26. The size of this file, after exporting to my local computer, was 19 kilobytes, or approximately 19,000 bytes.

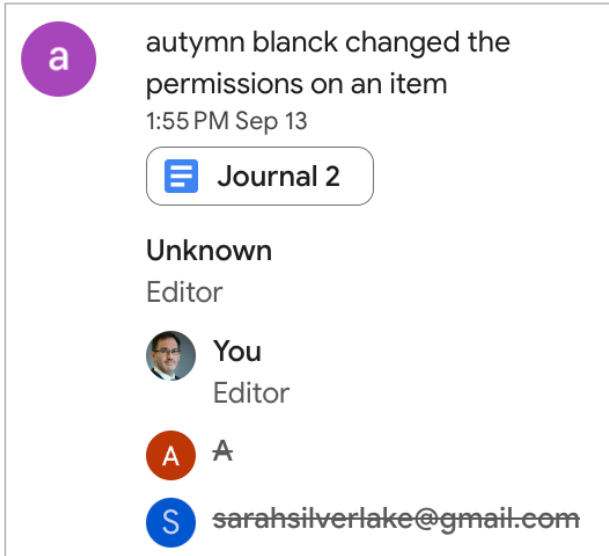
27. The file was shared with two other people, ralopez1 and myself. All of us were given Editor access:



28. On March 9, 2023 the permissions for the file were changed to add "A" as an Editor and sarahsilverlake@gmail.com as a Viewer:



29. On September 13, 2024 the permissions were changed to remove "A" and sarahsilverlake@gmail.com from the file, and I was added (to allow me to conduct discovery on the file and its history):

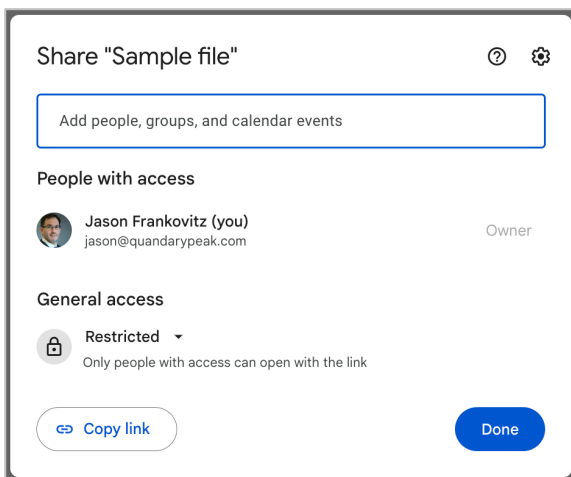


IV. Google Docs access controls and roles

30. Google Docs offers three roles for users of files: Viewer, Commenter, and Editor.

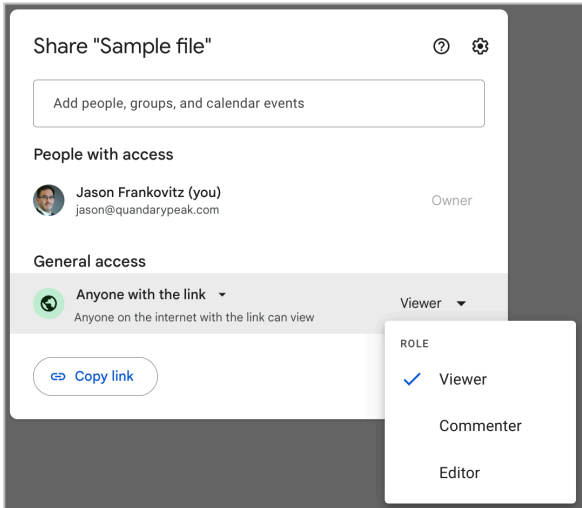
Viewers and Commenters cannot see the version history of a file. Editors can see the entire history of the file after being granted the Editor role by the document's creator (the document's creator is granted the Editor role automatically).

31. If the document owner shares the file, they can choose the level of access to it. The file's default is Restricted access, which means only those users with explicit permission can access the file (and then that access is subject to the specific role or Viewer, Commenter or Editor granted to the user):



32. If the owner of the file chooses the option "Anyone with the link", they can also choose what the role of any user with the link will have when they visit the file:

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V. Google logins

33. To log in to a Google account, a person must use the email address of their Google account and the password. Typically, the person logging in to the account is the owner of the account. However, it is possible for someone other than the owner of the account to log in, provided they know the email address and the password. Once logged in, the person would essentially be impersonating the original user digitally, from Google’s point of view.

34. As of this writing, I have been granted access to five files owned by autymnblanck@gmail.com,¹ which were also shared with “A”, sarahsilverlake@gmail.com, ralopez1, and toni.y.long. I am unable to determine how many other files owned by autymnblanck@gmail.com were accessed by these users or possibly others.

35. If I were permitted to log in using the autymnblanck@gmail.com Google account, I would likely be able to determine if other files were shared with the abovementioned users, which additional files (beyond the five I currently can access) were shared, and if the five files shared with me were shared in the past with other users currently unknown whose access has since been revoked, and the IP numbers, locations and timestamps of the Google account login attempts.

I declare under penalty of perjury under the laws of the state of California that the foregoing

¹ The five files are named “Journals”, “Journal 2”, “Journals (Netflix)”, “Therapy Journal”, and “Reflections Series From Two weeks of Reconciliation [sic] work December 1-14th ish”.

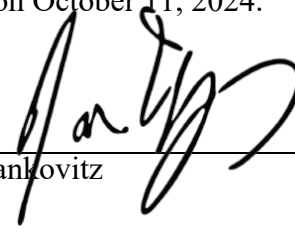
1 is true and correct. Executed in Los Angeles, California on October 11, 2024.

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Jason Frankovitz

A handwritten signature in black ink, appearing to read "Jason Frankovitz", is written over a horizontal line. The signature is stylized and cursive.

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EXHIBIT A: JASON FRANKOVITZ CV

Jason Frankovitz

Director of Software Class Actions
Senior Testifying Expert

323-545-3660

jason@quandarypeak.com

Quandary Peak Research

205 S Broadway, Suite 300

Los Angeles, CA 90012

quandarypeak.com/jason

Professional Accomplishments

- Expert in software programming and Internet technologies with over **30 years of experience**
- Software inventor of **US patent 9,858,341** – "Method and apparatus for remotely monitoring a social website"
- **Testified 30+ times** as an expert in the US and Canada
- Reviewed code, authored affidavits, declarations and expert reports for **over 100 cases**
- Consulting on **multiple class actions** for social media & e-commerce technologies
- Built **the web's first social bookmarking site** in 1996, cited as prior art for multiple patent matters
- Selected as **Entrepreneur-in-Residence** at Main Street Partners on MIT campus
- Extensive **software intellectual property** experience focusing on **software patents & trade secrets, web and social media** technologies, software development **best-practices**, and digital **copyright/code theft**

Employment

Computer Scientist

Quandary Peak Research | Los Angeles, CA | Apr 2014–Present

- Providing software analysis, investigation and advising for software disputes.
- Performing forensic investigations of computer systems, including examination of digital data.
- Installing, configuring and using source code analysis tools for litigation support.
- Creating claim charts for patent infringement and invalidity analysis.

Intellectual Property and Technology Advisor

TechKnow Consulting | Los Angeles, CA | June 2013–Apr 2014

- Provided consulting for a range of software-related matters including patent licensing, infringement, brokerage, and general software IP advising.
- Researched products and companies for similarities to patents being sold to maximize buyer interest.
- Interviewed inventors to help brokers understand a patent's potential sale value.

Software IP Consultant

Intellectual Ventures | Bellevue, WA | Mar 2011–May 2013

- Provided technical analysis for patent licensing negotiations related to cloud computing, social networking, ecommerce, mobile, video games, operating systems, electronic gambling, travel, and imaging.

- Examined and investigated a variety of software technologies for potential patent infringement.
- Reverse-engineered numerous software systems to document system operations and services.
- Evaluated patent claims for likelihood of infringement and licensing potential.
- Scored patent portfolios for prioritizing licensing efforts.

Founder & CTO

Seethroo.us | Bellevue, WA | Feb 2006–Feb 2011

- Launched online advertising and marketing startup specializing in social media.
- Created scalable cloud-based Ruby on Rails application for ad networks and publishers to manage advertising campaigns.
- Designed proprietary jQuery-based publisher integration system.
- Managed software engineering and used agile practices to drive test-driven development.
- Developed internal tool “brainiac” for creating and managing machine learning models for a natural language processing (NLP) system that analyzed user-generated content for targeted ads.

Software Engineer

AT&T Interactive | Glendale, CA | Aug 2008–Dec 2009

- As a member of the R&D department, worked on various experimental/exploratory projects for AT&T Interactive’s Social Services team.
- Used Ruby and jQuery to co-develop an internal QA tool measuring relevancy of search results for yp.com.
- Wrote a large-scale web ad scraping system using Ruby and nokogiri (an XML parsing library).
- Contributed to the development and use of a REST-oriented framework written in Ruby.
- Wrote backend code powering an iOS/mobile application for reserving products from brick-&-mortar retailers.

Software Engineer

DialedIn.com | Los Angeles, CA | May 2007–June 2008

- Developed Ruby on Rails applications for a mobile event management product.
- Implemented group messaging features for email, Web, and SMS.
- Built multiple-stage development environment enabling uninterrupted service for end users.
- Wrote unit and functional tests and installed continuous integration services to find bugs faster.

Segment Producer

TechTV, G4, and g-NET | San Francisco, CA and Los Angeles, CA | Apr 2002–Feb 2006

- Produced technology television segments for cable and online distribution covering consumer electronics product reviews, interviews with notable software leaders, and industry commentary and analysis.
- Pitched concepts, wrote scripts, booked talent, and shot and edited packages between 2 minutes and 9 minutes total running time.
- Coordinated with software companies to acquire demo products to meet production schedule.
- Maintained, administered, and upgraded lab hardware and content library.

Founder & CTO

itList.com | Cambridge, MA | Apr 1996–Apr 2002

- Created the first online bookmark site in the world.

- Developed a complete suite of online tools to enable bookmark submission, sharing, storage, organization, searching, and user account management.
- Programmed a custom perl API to Mysql databases on Linux.
- Installed, configured, and customized Apache HTTPD with mod_perl.
- Developed an infrastructure to rapidly deploy (<1 hour) partner sites for itList service.
- Handled technical support needs for 30,000 users.

Systems Administrator

Liszt.com | Sebastopol, CA | Feb 1997–Apr 1999

- Provided Linux systems administration to a major online search engine.
- Debugged Apache, perl, and mod_perl issues and monitored traffic and local CPU load.
- Implemented performance and security enhancements involving HTTPD, sendmail, POP3, telnet, SSH, and FTP.
- Performed automated backups nightly and scheduled downtimes for upgrades.

Certified ClearCase/Software Configuration Management Specialist

Pencom Systems | Boston, MA | Sept 1996–Dec 1998

- Provided software configuration management (SCM) expertise in heterogeneous development environments (SunOS/Solaris, SCO, HP-UX, Windows NT.)
- Performed administration and configuration of ClearCase, CVS, RCS, and Visual SourceSafe systems.
- Gathered requirements, designed, deployed, and administered distributed development environments
- Implemented automated build systems for C, Java, and perl.
- Instituted code branching and version labeling policies.
- Audited software engineering to identify technical and procedural problems in development efforts.
- Wrote and taught ClearCase courses to development teams in the USA and United Kingdom.
- Coded programs for system monitoring and automatic backups.
- Designed and installed new server room layout, specified and purchased hardware and component storage.

Network Administrator

Interart/Sunrise Publication | Bloomington, IN | May 1995–Aug 1996

- Managed Mac network for design department of the third largest greeting card company in North America.
- Implemented RevRdist file synchronization software for automatic administration of Macs.
- Programmed custom image processing system using AppleScript, Solaris and Helios Universal File Server.

Support Engineer

University Computing Services | Bloomington, IN | Nov 1992–May 1995

- Provided technical support via email and telephone for students, faculty, and staff.
- Wrote technical articles for the UCS Knowledge Base – one of the first Web-based helpdesk systems.
- Performed data recoveries and backups for corrupted thesis files.
- Conducted technical training for various campus systems.
- Diagnosed, repaired and upgraded on-site hardware.

Education

B.A. in Telecommunications, Minor in Biology

Indiana University | Dec 1993

Coursework included:

- W350 Advanced Expository Writing
- X395 Minds, Brains, and Computers
- S404 Honors Semester in Telecom
- R322 Telephony History & Technology

Tech Due Diligence Consulting

- **C3.ai** | Sept 2022–Present
Technical analysis of machine learning system
- **Class pre-certification** | Jan–July 2021
Technical analysis of mobile apps for video viewing information
- **Class pre-certification** | Jan–July 2021
Technical analysis of mobile apps for incognito mode
- **Class pre-certification** | Mar 2021
Technical analysis of mobile apps for pasteboard sharing
- **Expeditors International, Inc** | Sept–Oct 2018
Source code review of startup for possible acquisition
- **Greenheart International** | Jan 2017–Feb 2017
Code quality audit of outsourced software project
- **eClinicalWorks/US Department of Health & Human Services** | Nov 2016–Nov 2017
Safety-related audit of source code for EMR system

Class Action & Government Litigation Consulting

- **Ashley Popa v. Harriet Carter Gifts Inc et al.** | May 2023–Present
Jurisdiction: US District Court of Western District of PA
Case Number: 2:19-cv-00450
Counsel: Lynch Carpenter
- **Compass Class Action** | May 2023–Present
Jurisdiction: US District Court, Eastern Missouri
Case Number: 4:18-cv-01962-SEP
Counsel: Arias Sanguinetti Wang & Torrijos, LLP

- **Jazmine Harris v. Public Broadcasting Service, Jabari Seller v. Bleacher Report, Inc (Warner Media), Zachary Rohlfs v. WGNTV (Nexstar Media Inc), Jennifer Waller v. Tampa Bay Times (Times Publishing Company), Greg Roland v. The Chive (Chive Media Group, LLC), Melanie Barber v. Eisenhower Medical Center, Inc, Emma Mendoza v. Newsweek Digital, LLC, Emma Mendoza v. WP Company LLC dba The Washington Post** | Apr 2023–Present
 Jurisdictions: U.S. District of Columbia Superior Court
 Case Numbers: 1:22-cv-02456-AT , 3:2023cv00368 , 1:23-cv-01050 , 8:23-cv-00119 , 1:2023cv00337, 1:2023cv00643, 5:23-cv-00250, 2023CAB001101
 Counsel: Edelsberg Law, P.A
 Nature of Suit: Class Action
- **LifeScience Technologies, LLC v. Mercy Health et al.** | March 2023–Present
 Jurisdiction: US District Court, Eastern District of Missouri, Eastern Division
 Case Number: 4-21-cv-1279 SEP
 Counsel: Stinson LLP
 Nature of Suit: Trade Secret, Breach of Contract
- **WESCA / VonBergen v. Liberty Mutual Insurance Company** | Oct 2023–Present
 Jurisdiction: Eastern District of Pennsylvania
 Case Number: 2:22-cv-04880
 Counsel: Marcus & Zelman LLC
 Nature of Suit: Class Action
- **WESCA / Vonbergen v. Bloomingdales.com, LLC** | Oct 2023–Jan 2024
 Jurisdiction: Eastern District of Pennsylvania
 Case Number: 2:22-cv-04724
 Counsel: Marcus & Zelman LLC
 Nature of Suit: Class Action
- **WESCA / Munday v. Avis Budget Group, Inc** | Oct 2023–Jan 2024
 Jurisdiction: Eastern District of Pennsylvania
 Case Number: 2:22-cv-04807
 Counsel: Marcus & Zelman LLC
 Nature of Suit: Class Action
- **WESCA / Farst v. Michaels Stores, Inc** | Oct 2023–Jan 2024
 Jurisdiction: Middle District of Pennsylvania - Harrisburg
 Case Number: 1:22-cv-01433
 Counsel: Marcus & Zelman LLC
 Nature of Suit: Class Action
- **WESCA / Farst v. Autozone, Inc** | Oct 2023–Nov 2023
 Jurisdiction: Middle District of Pennsylvania - Harrisburg
 Case Number: 1:22-cv-01435
 Counsel: Marcus & Zelman LLC
 Nature of Suit: Class Action

- **WESCA / Huber v. Expedia, Inc** | Oct 2023–Present
 Jurisdiction: Eastern District of Pennsylvania
 Case Number: 2:22-cv-03570
 Counsel: Marcus & Zelman LLC
 Nature of Suit: Class Action
- **WESCA / Jamie Huber et al. v. Zillow Group, Inc** | Jan 2023–Mar 2024
 Jurisdiction: US District Court for the Western District of Washington
 Case Number: 2:2022cv01699
 Counsel: Marcus & Zelman
 Nature of Suit: Class Action Privacy
- **Donegani v. Facebook, Inc** | Dec 2022–Present
 Jurisdiction: Ontario, Canada Superior Court of Justice
 Case Number: CV-18-599580-CP
 Counsel: Koskie Minsky
 Nature of Suit: Class Action
- **Laszlo Puszta, et al. v. Apple Inc** | Nov 2022–Present
 Jurisdiction: USDC Northern California
 Case Number: 3:21-cv-7995-JD
 Counsel: Davis Wright Tremaine
 Nature of Suit: Copyright
- **RedVector.com, LLC v. Locality Media, Inc, et al.** | Oct 2022–Present
 Jurisdiction: Hillsborough County 13th Judicial Circuit Courts
 Case Number: 21-CA-001419
 Counsel: Trenam Law
 Nature of Suit: Trade Secret
- **Wissam Al Mana v. Facebook Ireland Limited, et al.** | Oct 2022–Dec 2023
 Jurisdiction: The High Court of Ireland
 Case/Record Number: 2020/1218 P
 Counsel: RDJ, LLP
 Nature of Suit: Privacy, Defamation
- **CG3 Media, LLC and Corey Griffin v. Belleau Technologies, LLC** | Sept 2022–Mar 2023
 Jurisdiction: New York Southern District Court
 Case Number: 1:21-cv-04607
 Counsel: Radulescu, LLP
 Nature of Suit: Patent
- **Stark et al. v. Patreon, Inc** | July 2022–Aug 2022
 Jurisdiction: Federal
 Counsel: Girard Sharp LLP
 Nature of Suit: Video privacy
- **Svoboda v. Amazon.com Inc** | May 2022–Present
 Jurisdiction: State
 Counsel: Keogh Law LTD
 Nature of Suit: Biometric privacy

- **The State of Texas v. Meta Platforms, Inc, F/K/A Facebook, Inc** | Mar 2022–July 2024

Jurisdiction: State of Texas

Counsel: Keller Lenkner

Nature of Suit: Biometric

- **Alexander, et al. v. Hall, et al.** | Feb 2022–Present

Jurisdiction: Federal

Counsel: Oliver Law Group

Nature of Suit: Civil rights

- **Hoffard v. Cochise County** | Feb 2022–Present

Counsel: Arizona Center for Disability Law

Nature of Suit: Voting rights

Jurisdiction: State of Arizona

- **Cleaver v. Cadillac Fairview Corp.** | Nov 2021–Present

Counsel: Charney Lawyers

Nature of Suit: Biometric privacy

Jurisdiction: Canada

- **ACCC & Anor v. Meta Inc & Anor** | Oct 2021–Nov 2022

Counsel: Johnson Winter Slattery

Nature of Suit: Regulatory

Jurisdiction: Australia

- **Vargas et al. v. Facebook, Inc** | Dec 2019–Present

Jurisdiction: Federal

Counsel: Mantese Honigman, PC

Nature of Suit: Class action

- **Olin et al. v. Facebook, Inc** | May 2019–Sept 2022

Jurisdiction: Federal

Counsel: Bursor & Fisher PA

Nature of Suit: Data privacy

- **O'Hara v. Facebook, Inc, Cambridge Analytica, LLC, Kogan, Bannon** | May 2018–Present

Jurisdiction: Federal

Counsel: Coast Law Group LLP

Nature of Suit: Data privacy

Private Litigation Consulting (Ongoing)

- **OneTaste Inc v. Ayries Blanck** | Sept 2024–Present

Jurisdiction: Superior Court, Los Angeles County

Case Number: 22STCV33093

Counsel: McPherson LLP

Nature of Suit: Breach-of-Contract

- **GG Insurance Services, Inc v. Myles Johnson, Insurance Group, LLC** | Aug 2024–Present

Jurisdiction: US District Court, District Of Arizona

Case Number: 2:23-cv-01964

Counsel: Koley Jesson

Nature of Suit: Copyright, Trade Secret

- **Marcos & Jorge Luis Rodriguez v. T-Mobile USA, Inc** | June 2024–Present
Jurisdiction: US District Court, Southern District of California
Case Number: 3:22-cv-00581
Counsel: Sharif Faust Lawyers, Ltd.
Nature of Suit: Cybersecurity, Standard of Care Breach
- **UMG Recordings, Inc v. Frontier Communications Corp.**
Voltage Holdings, LLC v. Frontier Communications Corp. | May 2024–Present
Jurisdiction: US District Court, Southern District of New York
Case Number: 1:21-cv-5253, 1:21-cv-05708, 1:21-cv-05050|20-22476
Counsel: Day Pitney LLP
Nature of Suit: Copyright
- **Kyle Green v. Jacques Webster, Jr. a/k/a Travis Scott** | May 2024–Present
Jurisdiction: Supreme Court of the State of NY, County of New York
Case Number: 159628/2017
Counsel: McPherson LLP
Nature of Suit: Social Media Analysis, Personal Injury
- **AlmondNet Inc v. Amazon.com Inc** | July 2023–June 2024
Jurisdiction: Western District of Texas
Case Number: 6:21-cv-00898-ADA
Counsel: Russ August & Kabat
Nature of Suit: Patent
- **Steep Axis, LLC et al v. Gangsta Breakout, LLC et al** | Sept 2022–Present
Jurisdiction: Federal
Counsel: Carmel Milazzo & Feil LLP
Nature of Suit: Breach of contract
- **TCPA Litigator List v. Ringba** | Sept 2022–Present
Jurisdiction: Federal
Counsel: GLegal, LLC
Nature of Suit: Intellectual Property–Trade Secret
- **McCandless Group LLC. v. Coy Collective** | Aug 2022–Present
Jurisdiction: Federal
Counsel: Girard Fox Law
Nature of Suit: Intellectual Property–Trade Secret
- **Cryptocurrency Pre-Litigation Investigation** | Apr 2022–Present
Jurisdiction: Federal
Counsel: Todd & Weld LLP
Nature of Suit: Cryptocurrency/Fraud
- **Frontier v. Charter** | Mar 2022–June 2022
Jurisdiction: State
Counsel: Mayer Brown LLP
Nature of Suit: Pre-litigation
- **D&D Greek Restaurant, Inc v. Great Greek Franchising, LLC** | Jan 2022–Present
Jurisdiction: Federal
Counsel: Lewitt Hackman Shapiro Marshall Harlan
Nature of Suit: Trademark infringement

- **Sean Wilson v. PTT, LLC d/b/a High 5 Games, LLC** | Nov 2021–Present
 Jurisdiction: State
 Counsel: Holland & Hart LLP
 Nature of Suit: Gaming/geolocation
- **Wave Plastic Surgery v. Venus Plastic Surgery** | Dec 2021–Present
 Jurisdiction: State
 Counsel: Commerce Law Group
 Nature of Suit: Social media
- **Wild Bill's Franchising, LLC v. Wild Wild West Tobacco Wholesale** | Oct 2021–Present
 Jurisdiction: Federal
 Counsel: Gordon E. R. Troy, PC
 Nature of Suit: Intellectual Property - Trademark
- **Wykeya Williams, et al. v. First Student, Inc** | Sept 2021–Present
 Jurisdiction: Federal
 Counsel: Landman Corsi Ballaine & Ford P. C.
 Nature of Suit: Social media
- **Liquid Video Technologies, Inc v. Dynamic KanBan, Inc & Josette Russell** | June 2021–Present
 Jurisdiction: State
 Counsel: Cranfill Sumner LLP
 Nature of Suit: Breach-of-contract
- **ReactX LLC v. Google LLC** | Dec 2020–Present
 Jurisdiction: State
 Counsel: Cohen Milstein Sellers & Toll PLLC
 Nature of Suit: Intellectual Property–Trade secret
- **Confidential v. Confidential** | Nov 2020–Present
 Jurisdiction: Australia
 Counsel: Confidential
 Nature of Suit: Criminal Fraud
- **FinancialApps, LLC v. Envestnet, Inc and Yodlee, Inc** | Aug 2020–Present
 Jurisdiction: State
 Counsel: Kasowitz Benson Torres
 Nature of Suit: Intellectual Property–Trade secret
- **Nokia v. Motorola** | Aug 2020–Present
 Jurisdiction: Federal
 Counsel: Sheppard Mullin
 Nature of Suit: Intellectual Property–Patent
- **Los Angeles County Sheriff's Department v. Orrego** | Aug 2020–Present
 Jurisdiction: County
 Counsel: Stone Busailah, LLP
 Nature of Suit: Internal Affairs
- **Tenstreet, LLC v. Driverreach, LLC** | July 2019–Present
 Jurisdiction: Federal
 Counsel: Faegre Baker Daniels LL
 Nature of Suit: Intellectual Property–Trade Secret

- **Calendar Research LLC v. Stubhub, Inc and eBay Inc** | Jan 2019–Present
Jurisdiction: Federal
Counsel: Quinn Emanuel Urquhart & Sullivan LLP
Nature of Suit: Intellectual Property–Copyright
- **Sound View Innovations, LLC v. Hulu, LLC** | Nov 2017–Present
Jurisdiction: Federal
Counsel: Desmarais LLP
Nature of Suit: Intellectual Property - Patent
- **Beard v. Gerdau S.A.** | May 2017–Oct 2022
Jurisdiction: Federal
Counsel: Reaud Morgan and Quinn LLP
Nature of Suit: Breach of Contract
- **Softech USA d/b/a Gemfind v. Chasin** | Feb 2017–Present
Jurisdiction: Federal
Counsel: Robinson & Robinson
Nature of Suit: Intellectual Property–Trade Secret
- **Hull et al v. Marriott International, Inc** | Mar 2015–Present
Jurisdiction: Federal
Counsel: Conn Maciel & Carey PLLC
Nature of Suit: Software Accessibility/ADA
- **Copart, Inc v. Lightmaker USA, Inc** | Mar 2015–Present
Jurisdiction: Federal
Counsel: Porter Scott LLP
Nature of Suit: Breach of Contract
- **Smarty Had a Party LLC v. Barrett Brothers, Inc** | Jan 2015–Present
Jurisdiction: Federal
Counsel: Capes, Sokol, Goodman & Sarachan, P.C.
Nature of Suit: Trade Name Infringement
- **Hablian, et al. v. Zurich U.S., et al.** | Jan 2015–Present
Jurisdiction: State
Counsel: Marlin & Saltzman LLP
Nature of Suit: Source Code Verification
- **Mass Appeal Media, Inc v. Davina Douthard, Inc** | Oct 2014–Present
Jurisdiction: Federal
Counsel: Krakowsky Michel
Nature of Suit: Intellectual Property - Trademark

Private Litigation (Concluded)

- **Illinois GIPA Class Action Pre-Litigation** | May 2023–Dec 2023
Counsel: Custodio & Dubey LLP
Nature of Suit: Pre-Litigation, Class Action

- **Meta Platforms, Inc v. Almondnet, Inc and Intent IQ, LLC** | Jan 2023–Jan 2024
 Jurisdiction: USPTO Patent Trial and Appeal Board
 Case Number: IPR2022-00773
 Counsel: Russ, August & Kabat
 Nature of Suit: Patent, IPR
- **CrumbI, Inc v. Dirty Dough, LLC** | Sept 2022–Dec 2023
 Jurisdiction: Federal
 Counsel: Berg Law, LLC
 Nature of Suit: Intellectual Property–Trade Secret
- **Famous Birthdays, LLC v. Socialedge, Inc** | Sept 2022–Dec 2022
 Jurisdiction: Federal
 Counsel: Wilson Elser Moskowitz Edelman & Dicker LLP
 Nature of Suit: Intellectual Property - Copyright
- **Michael & Teresa Loew v. Johnson Insurance Group & Acuity** | Sept 2022
 Jurisdiction: Federal
 Counsel: Montero Law
 Nature of Suit: Breach-of-contract
- **Dual Diagnosis Treatment Center, Inc, et al. v. Health Net, Inc, et al.** | Apr 2022–May 2022
 Jurisdiction: State
 Counsel: Kantor & Kantor LLP
 Nature of Suit: Social Media Defamation
- **Kaiser v. Gilliam** | Nov 2021–May 2022
 Jurisdiction: State
 Counsel: Arnold & Porter LLP
 Nature of Suit: Graphic design
- **Muzeit Limited v. Bytedance, Ltd.** | Aug 2021–May 2022
 Jurisdiction: Federal
 Counsel: Knobbe Martens
 Nature of Suit: Intellectual Property–Trademark
- **Los Angeles County Sheriff's Department v. Rodriguez** | June 2019–Dec 2021
 Jurisdiction: State of California
 Counsel: Stone Busailah, LLP
 Nature of Suit: Internal Affairs
- **Hertz Corporation v. Accenture LLP** | July 2019–Dec 2021
 Jurisdiction: Federal
 Counsel: Wiggin Dana LLP
 Nature of Suit: Breach of Contract
- **Kilterly v. SolutionStream, LLC** | Nov 2020–Dec 2021
 Jurisdiction: State
 Counsel: Hopkins & Huebner, PC
 Nature of Suit: Breach-of-contract
- **Kemps v. Stephenson** | Oct 2021
 Jurisdiction: State
 Counsel: The Family Law Office of Sonoma County
 Nature of Suit: Social media

- **Jesus Gonzalez and Vigen Megerdichian v. 4Over, LLC** | Aug 2021–Oct 2021
 Jurisdiction: Federal
 Counsel: Law Offices of Diane B. Sherman
 Nature of Suit: Employment law
- **AdQuadrant v. Nanigans** | May 2021–Aug 2021
 Jurisdiction: State
 Counsel: Jacobsen & McElroy PC
 Nature of Suit: Breach-of-contract
- **Porchlight LLC v. Ventive LLC** | Dec 2020–Feb 2021
 Jurisdiction: State
 Counsel: Mooney Wieland
 Nature of Suit: Breach-of-contract
- **Express Lien, Inc v. Handle, Inc** | Sept 2020–June 2021
 Jurisdiction: State
 Counsel: Bowie Jensen LLP
 Nature of Suit: Intellectual Property–Copyright
- **Oliver Bassil v. Jacques Webster** | Aug 2020–May 2021
 Jurisdiction: State
 Counsel: McPherson LLP
 Nature of Suit: Intellectual Property–Copyright
- **Social Equity Owners & Workers Association, Inc v. City of LA** | June 2020–Aug 2020
 Jurisdiction: State
 Counsel: Ivie, McNeill Wyatt Purcell & Diggs
 Nature of Suit: Regulatory failure
- **Impact Engine, Inc v. Google LLC** | Jan 2020–Aug 2020
 Jurisdiction: Federal
 Counsel: Kirkland & Ellis
 Nature of Suit: Intellectual Property–Patent
- **Robillard v. Opal Labs, Inc** | Jan 2020–Mar 2021
 Jurisdiction: Federal
 Counsel: Angeli Law Group
 Nature of Suit: Intellectual Property–Trade Secret
- **BrandRep Holdings v. Employer Advertising LLC & Business Solutions LLC** | May 2019–Apr 2020
 Jurisdiction: Federal
 Counsel: Benesch, Friedlander, Coplan & Aronoff LLP
 Nature of Suit: Intellectual Property–Trade Secret
- **Shaghal, Ltd. v. Children’s Network LLC d/b/a Sprout** | May 2019–Dec 2019
 Jurisdiction: State
 Counsel: Fox Rothschild LLP
 Nature of Suit: Breach of Contract
- **OnSors LLC v. Sabrina Schueppl dba NuMe, ABV Group, Inc** | May 2019–Sept 2019
 Jurisdiction: State
 Counsel: Ulich Balmuth Fisher LLP
 Nature of Suit: Breach of Contract

- **Coulter Ventures, LLC, d/b/a Rogue Fitness v. Titan Fitness** | Apr 2019–Feb 2020
 Jurisdiction: Federal
 Counsel: Banner & Witcoff, Ltd.
 Nature of Suit: Intellectual Property–Trademark
- **Christopher Hayden d/b/a Cgraydesign v. Eagles Nest Outfitters, Inc** | Mar 2019–Apr 2019
 Jurisdiction: Federal
 Counsel: Ward and Smith P. A.
 Nature of Suit: Intellectual Property–Trade Secret
- **M. A. Mobile Ltd. v. Indian Institute of Technology Kharagpur et al** | Feb 2019–June 2019
 Jurisdiction: Federal
 Counsel: Sanjiv N. Singh
 Nature of Suit: Intellectual Property–Trade Secret
- **Really Big Coloring Books, Inc v. Delta Dental Insurance Company** | Jan 2019–May 2019
 Jurisdiction: Federal
 Counsel: Troutman Sanders LLP
 Nature of Suit: Intellectual Property–Copyright
- **irth Solutions LLC v. Apex Data Solutions d/b/a DigTix** | Dec 2018–Jan 2019
 Jurisdiction: Federal
 Counsel: Boylan Code
 Nature of Suit: Intellectual Property–Trade Secret
- **Cohen v. Ramirez** | Dec 2018–Oct 2019
 Jurisdiction: State
 Counsel: Colman Law Group
 Nature of Suit: Personal Injury
- **Ensource Investments LLC v. Tatham et al** | Nov 2018–Feb 2020
 Jurisdiction: Federal
 Counsel: Panakos Law
 Nature of Suit: Fraud
- **Flying Nurses International LLC v. FlyingNurse.com** | Sept 2018–Dec 2018
 Jurisdiction: Federal
 Counsel: Dale Jensen, PLC
 Nature of Suit: Fraud
- **Cornerstone OnDemand, Inc v. Modular Mining Systems, Inc** | Jan 2018–Mar 2018
 Jurisdiction: Federal
 Counsel: Gordon Rees Scully Mansukhani, LLP
 Nature of Suit: Breach of Contract
- **Liberi v. Taitz** | Dec 2017–Oct 2018
 Jurisdiction: Federal
 Counsel: Schumann Rosenberg
 Nature of Suit: Fraud/Defamation/Embezzlement
- **Peri Domante v. Dish Network, L.L.C.** | Sept 2017–Nov 2017
 Jurisdiction: Federal
 Counsel: Law Office of Michael A. Ziegler, P.L.
 Nature of Suit: Breach of Contract

- **Applied Business Software Inc v. Citadel Servicing Corporation** | Sept 2017–Mar 2019
Jurisdiction: Federal
Counsel: Law Office of David Richman
Nature of Suit: Intellectual Property–Copyright
- **Integrated Dynamic Solutions, Inc N. Gashtili v. VitaVet Labs, Inc** | July 2017–Oct 2017
Jurisdiction: State
Counsel: Westlake Legal Services
Nature of Suit: Breach of Contract
- **Liang v. AWG Remarketing, Inc, Group 3 Auctions, LLC** | June 2017–Sept 2017
Jurisdiction: Federal
Counsel: WHGC, P.L.C.
Nature of Suit: Intellectual Property–Copyright
- **Lexxiom Inc v. Converze Interactive Inc, Lido Labs Llc, et al** | May 2017–Mar 2018
Jurisdiction: Federal
Counsel: Foundation Law Group
Nature of Suit: Intellectual Property–Copyright
- **Turkey v. Ali Cihan** | May 2017–Nov 2017
Jurisdiction: Republic of Turkey
Counsel: Akkoç Law Group
Nature of Suit: Criminal
- **Aquilina v. Wriggelsworth et al.** | Apr 2017–Nov 2017
Jurisdiction: Federal
Counsel: Bostic & Associates
Nature of Suit: Civil Rights
- **Rogue Wave Software Inc v. BTI Systems Inc & Juniper Networks Inc** | Feb 2017–Jan 2018
Jurisdiction: Federal
Counsel: Snell & Wilmer LLP
Nature of Suit: Intellectual Property - Copyright
- **Grindr v. Kunlun** | Feb 2017–June 2017
Jurisdiction: Federal
Counsel: Hueston Hennigan LLP
Nature of Suit: Intellectual Property - Copyright
- **Krubim 26 Intl Inc / Woofers Etc v. Golden Communications, Inc** | Jan 2017–Oct 2018
Jurisdiction: State (ID BC555618)
Counsel: Law Offices of P. Paul Aghaballa
Nature of Suit: Breach of Contract
- **Patel v. Facebook, Inc (State of Illinois/biometric privacy)** | Nov 2016–Jan 2020
Jurisdiction: State
Counsel: Robbins Geller Rudman & Dowd, Labaton Sucharow, Edelson
Nature of Suit: Class action
- **Fox Television Stations, Inc v. FilmOn X, LLC** | Nov 2016–Mar 2017
Jurisdiction: Federal
Counsel: Baker Marquart LLP
Nature of Suit: Intellectual Property - Copyright

- **Securus Technologies, Inc v. Public Communication Services Inc** | Oct 2016–Feb 2018
Jurisdiction: Federal
Counsel: Grubel Elrod Johansen Hail Shank
Nature of Suit: Breach of Contract
- **Expo Ed Inc v. Anaca Technologies Ltd.** | Oct 2016–Sept 2017
Jurisdiction: Ontario Superior Court Of Justice, Canada
Counsel: Norton Rose Fulbright Canada LLP
Nature of Suit: Breach of Contract
- **Chrome Systems, Inc v. Autodata Solutions, Inc** | June 2016–Dec 2016
Jurisdiction: Federal
Counsel: Wachtell, Lipton, Rosen & Katz
Nature of Suit: Breach of Contract
- **Zaghi dba Angel Dental Care v. Salama** | May 2016–Sept 2017
Jurisdiction: State
Counsel: Jalilvand Law APC
Nature of Suit: Online Defamation
- **Level One Technologies, Inc v. Penske Truck Leasing Co.** | Apr 2016–Aug 2017
Jurisdiction: Federal
Counsel: Riezman Berger, P.C.
Nature of Suit: Intellectual Property–Trade Secrets
- **Core Wireless Licensing S.A.R.L. v. LG Electronics, Inc** | Jan 2015–Sept 2016
Jurisdiction: Federal
Counsel: Bunsow de Mory Smith & Allison LLP
Nature of Suit: Intellectual Property - Patent
- **Deal Segments, Inc v. Dream Warrior Group, Inc** | Jan 2016–July 2016
Jurisdiction: State
Counsel: Law Office of Parag L. Amin
Nature of Suit: Breach of Contract
- **Alertus Technologies, LLC v. Blake Robertson** | Jan 2016–Oct 2016
Jurisdiction: State
Counsel: Joseph, Greenwald & Laake, P.A.
Nature of Suit: Intellectual Property–Trade Secrets
- **Alertus Technologies, LLC v. Callinize, Inc** | Jan 2016–Oct 2016
Jurisdiction: Federal
Counsel: Bowie & Jensen, LLC
Nature of Suit: Intellectual Property–Trade Secrets
- **BeUbiq, Inc v. Curtis Consulting Group, Inc** | Dec 2015–May 2016
Jurisdiction: State
Counsel: Farbstein & Blackman
Nature of Suit: Breach of Contract
- **Vincent Wellrich v. Dream Warrior Group, Inc** | Dec 2015–Feb 2016
Jurisdiction: State
Counsel: Wolke & Levine LLP
Nature of Suit: Breach of Contract

- **ABS, Inc v. FCI, Inc** | Nov 2015–Feb 2016
Jurisdiction: Federal
Counsel: Law Office of David Richman
Nature of Suit: Intellectual Property–Trade Secrets
- **Trichel v. Union Pacific Railroad** | Nov 2015–May 2016
Jurisdiction: State
Counsel: VB Attorneys
Nature of Suit: Digital Forensic Investigation
- **Nicole, Inc v. BLK International and Sanjay Khullar** | Sept 2015–Mar 2016
Jurisdiction: Federal
Counsel: Greenberg & Bass LLP
Nature of Suit: Intellectual Property–Copyright
- **Chipp'd Ltd. v. Crush & Lovely LLC** | July 2015–Sept 2015
Jurisdiction: State
Counsel: White and Williams LLP
Nature of Suit: Breach of Contract
- **Johnson v. Storix, Inc** | June 2015–Jan 2016
Jurisdiction: Federal
Counsel: Eastman & McCartney LLP
Nature of Suit: Intellectual Property–Copyright
- **Learning Technology Partners LLC v. University of the Incarnate Word** | Apr 2015–Mar 2016
Jurisdiction: Federal
Counsel: Glynn & Finley, LLP
Nature of Suit: Breach of Contract
- **Nomadix, Inc v. Hospitality Core Services LLC** | Apr 2015–July 2015
Jurisdiction: Federal
Counsel: Mehrman Law Office, PC
Nature of Suit: *Inter Partes* Review - Patent
- **Arrazate v. H&B Group, Inc, dba Nissan of Bakersfield** | Apr 2015–June 2015
Jurisdiction: State
Counsel: Rodriguez Law Firm
Nature of Suit: Social Media Investigation
- **SecureAuth Corporation v. miniOrange Inc** | Mar 2015–Apr 2015
Jurisdiction: Federal
Counsel: Abelman, Frayne & Schwab
Nature of Suit: Intellectual Property–Copyright
- **Jonathan Demichael v. Peak Franchising, Inc** | Mar 2015–Apr 2015
Jurisdiction: State
Counsel: Lee, Hong, Degerman, Kang & Waimey
Nature of Suit: Product Liability Tort
- **Mad River Community Hospital v. CPSI, Inc** | Jan 2015–Mar 2015
Jurisdiction: State
Counsel: Janssen Malloy LLP
Nature of Suit: Breach of Contract

- **RPX Corporation v. Vantage Point Technology, Inc** | Jan 2015
Jurisdiction: Federal
Counsel: Winston & Strawn LLP
Nature of Suit: *Inter Partes* Review - Patent
- **Tool Circle Inc v. Nulinx International, Inc** | Dec 2014
Jurisdiction: State
Counsel: Humphrey + Law
Nature of Suit: Breach of Fiduciary Duty
- **Verso Paper LLC v. Go2Paper, Inc** | Nov 2014
Jurisdiction: State
Counsel: Bass Berry & Sims PLC
Nature of Suit: Intellectual Property - Patent
- **Next Gear IP LLC v. Capstone BPO and Rajesh Wadhwa** | Sept 2014–Sept 2015
Jurisdiction: State
Counsel: Wayne Wisong, Esq.
Nature of Suit: Breach of Contract
- **Nutri-Vet, LLC v. Dykas Shaver & Nipper, LLP** | Aug 2014–Dec 2014
Jurisdiction: Federal
Counsel: Hawley Troxell Ennis & Hawley, LLP
Nature of Suit: Malpractice
- **Breeze Ventures Management, LLC v. The Evans School, Inc** | Aug 2014–Oct 2014
Jurisdiction: State
Counsel: Peretz & Associates
Nature of Suit: Breach of Contract
- **Golden Best Plumbing, Inc v. Baghdasarian** | July 2014–Sept 2014
Jurisdiction: State
Counsel: Dack Marasigan LLP
Nature of Suit: Trade Name Infringement
- **Hill-Rom Company, Inc v. General Electric Company** | July 2014–Aug 2014
Jurisdiction: Federal
Counsel: Schiff Hardin LLP
Nature of Suit: Intellectual Property - Patent
- **Dealercentric Solutions, Inc v. Market Scan Information Systems, Inc** | June 2014–July 2016
Jurisdiction: State
Counsel: Burkhalter Kessler Clement & George LLP
Nature of Suit: Intellectual Property–Trade Secrets
- **YPP, Inc v. Supermedia LLC** | June 2014
Jurisdiction: Federal
Counsel: Kirkland & Ellis LLP
Nature of Suit: Intellectual Property–Copyright
- **AgJunction LLC v. Agrian Inc, et al.** | May 2014–Feb 2015
Jurisdiction: Federal
Counsel: Husch Blackwell LLP
Nature of Suit: Intellectual Property–Trade Secrets

- **Patent Infringement Action** | Mar 2005–Apr 2005

Jurisdiction: Federal

Counsel: Bingham McCutchen LLP

Nature of Suit: Intellectual Property–Patent

Patent License Consulting

- **U.S. '235 Patents** | 4 Patents | Registers
- **U.S. '345 Patent** | 1 Patent | Graphics processing and selective visual display systems
- **U.S. '370 Patents** | 4 Patents | Multiplex communications
- **U.S. '273 & '463 Patents** | 2 Patents | Technology: Amusement devices: games
- **U.S. '455 Patents** | 4 Patents | Telecommunications
- **U.S. '705 Patents** | 3 Patents | Data processing: financial, business practice, management, or cost/price determination
- **U.S. '706 Patent** | 1 Patent | Data processing: artificial intelligence
- **U.S. '707 Patents** | 12 Patents | Data processing: database and file management or data structures
- **U.S. '709 Patents** | 5 Patents | Electrical computers and digital processing systems: multicomputer data transferring

Patent Brokerage Consulting

- **Global Intellectual Strategies** | Mar 2014
1 Patent | Virtualized computing
Created claim chart showing infringement by major virtualized computing platform.
- **Quinn Pacific** | Oct 2013
13 Patents | 2D/3D image processing
Researched portfolio and documented potential infringement by a Fortune 1000 software company.
- **Red Chalk Group** | May 2013
85 Patents | Wireless data processing
Evaluated patent portfolio for licensing opportunities.
- **Prodigy IP May 2013**
8 Patents | Online video streaming
Evaluated patent portfolio for licensing opportunities.
- **Prodigy IP Feb 2013**
2 Patents | Digital video recording
Prepared pre-sale research for small digital media portfolio. Conducted inventor interviews. Created materials explaining the invention and its potential value in the market.
- **Open Invention Network May 2008**
1 Patent | Operating systems
Researched a patent for similarity to my prior art from 1996. Advised on acquisition/licensing of patent.

Non-IP Consulting

Software Development Manager

RealTalk LA | Los Angeles, CA | Jan 2007–Apr 2007

- Launched community-news website in Debian/Ubuntu environment.
- Audited Ruby on Rails environment and performed triage on broken development components.
- Integrated Trac defect tracking software with Subversion source code control.
- Installed Capistrano for automated application deployments.
- Wrote unit, functional and integration tests, and provided group instruction for test writing.

Software Integration Engineer

Koders.com | Santa Monica, CA | Sept 2006–Dec 2006

- Integrated Ruby on Rails web services on VMWare Linux into existing Windows/MSSQL architecture.
- Installed and customized Beast discussion forums and Radiant content-management system.
- Ran httpperf benchmarks and configured application servers using mongrel_cluster load balancing
- Provided general Ruby on Rails expertise.

Software Developer

YouMee.com | Los Angeles, CA | Mar 2006–Sept 2006

- Ruby on Rails programming for social chat site YouMee.com
- Developed features from specs, performed unit tests, and promoted code into main development line.
- Fixed bugs and updated bug tickets.

Entrepreneur-in-Residence

Main Street Partners | Cambridge, MA | Aug 1999–May 2000

- Provided technology advising to investment and patent consulting firm on the MIT campus.
- Received entrepreneur pitches, developed business plans, and performed technology vetting.

Technical Advisor

Hummer Winblad Venture Partners | San Francisco, CA | June 2001

- Provided technology advising to leading VC firm for potential investment in software testing startup.
- Delivered presentations to partners and associates.

Build Manager

Informix | Oakland, CA | Apr 2001–May 2001

- Implemented cross-platform build automation systems for C and Java codebases on Unix, NT, and Macintosh.
- Integrated CodeWarrior (Mac) and Microsoft Visual Studio (NT) compiles into Unix make.
- Wrote integration code using Applescript, shell, and perl.
- Reduced package construction from 8-plus hours to less than 1 hour.

Release Manager

Vodafone | Walnut Creek, CA | Jan 2001–Feb 2001

- Release manager for Vodafone Internet Platform (VIP) project, a web services portal.
- Coordinated development, outsourcers, operations, and QA to design flow of code through the release process.
- Established baselines for development efforts.

- Drove CM requirements, internal standards and conventions.
- Performed training for developers on system usage and architecture.

Software Configuration Manager/System Administrator

Wind River Systems | Alameda, CA | Apr 2000–Dec 2000

- Performed infrastructure planning, purchasing recommendations, and technical support for worldwide rollout of Clearcase/Multisite to 17 international locations.
- Wrote Web-based tools in perl for monitoring sync state of network.
- Performed on-site installation and configuration.
- Conducted staff training and Q&A follow-up.

Build Engineer

CMGi | Andover, MA | Sept 1999–Oct 1999

- Organized development tree using CVS for CMGI business unit.
- Provided technical assistance and mentoring about sound software configuration management practices.
- Initiated transition from legacy shell script-based build system to recursive make.
- Worked with QA to provide testable builds of daily development efforts.
- Documented new procedures for project managers.

Software Configuration Manager/System Administrator

GTE Internetworking | Cambridge, MA | May 1998–Dec 1998

- Administered Unix/NT ClearCase environment for Web-based perl development project.
- Installed ClearCase clients, recommended optimal system configurations, performed client upgrades, and coordinated with lead administrators to ensure a productive environment.
- Established automated build environment and build records archive.
- Performed technical support and training for developers in use of the system.

Systems Administrator

Pencom Systems | Boston, MA | Jan 1998–May 1998

- Provided Unix and Windows desktop support for technical recruitment firm.
- Diagnosed and repaired Solaris, SunOS, SCO printing/web/mail/file access problems.
- Designed and installed new server room layout, specified and purchased hardware and component storage.

Systems & Process Auditor

Simon & Schuster Interactive | Boston, MA | Nov 1997–Dec 1997

- Audited software development system and identified problems in Java development efforts.
- Interviewed staff and vendor technical support, and investigated system architecture.
- Gathered technical metrics on servers, client workstations, and network performance.
- Prepared a final report detailing problems, investigative methodologies, and improvements to staff and management.

Software Configuration Manager/System Administrator

Eaton Corporation | Cleveland, OH & Glasgow, United Kingdom | Aug 1997–Nov 1997

- Implemented ClearCase and Attache rollout on HP-UX for Oracle developers at an international diversified parts manufacturer.
- Studied site requirements, recommended ClearCase configuration and implementation.
- Coordinated with Unix staff to make needed changes to development, QA, and production systems.

- Designed and taught a class about the use of ClearCase and Attache for developers, and presented it in several day-long sessions in Cleveland and Glasgow.

Software Configuration Manager/System Administrator

Shiva Networking | Burlington, MA | Apr 1997–Aug 1997

- Provided ClearCase and Unix support for embedded systems developers at network hardware company.
- Implemented perl scripts for system monitoring.
- Coordinated MultiSite rollout with Edinburgh, Scotland, and Cupertino, California.
- Migrated source code repositories from old hardware to new Ultra Enterprise servers.
- Provided training and mentoring for internal Shiva staff.

Software Configuration Manager

Ascom-Nexion | Acton, MA | Jan 1997–Apr 1997

- Provided ClearCase and SunOS/Solaris support for large telecom hardware manufacturer.
- Wrote shell and perl scripts to monitor ClearCase and nightly backup system.
- Implemented NTP across 300 Unix nodes.
- Configured Web server logging software and analyzed traffic.
- Provided ClearCase mentoring and training for internal staff.

Support Engineer

Atria Software | Lexington, MA | Sept 1996–Dec 1996

- Completed certification in ClearCase, a distributed software configuration management (SCM) and build system.
- Provided telephone and email support for ClearCase customers, often involving elaborate remote debugging.
- Participated in weekly “hot ticket” support sessions to solve difficult customer issues.

Network Administrator

Security Dynamics/RSA | Bedford, MA | Aug 1996

- Co-managed heterogeneous network for a large engineering department.

Teaching

• Programming Instructor

Bay Area Video Coalition | San Francisco, CA | Mar 2003–Apr 2003

Designed and taught an Applescript programming course for an educational technology nonprofit.

• Technology Instructor in Continuing Education

San Francisco State University | San Francisco, CA | Aug 2000–May 2003

Designed and taught technology courses for Information Technology and Multimedia Studies certificate programs:

- Principles of Programming
- Mac OS X
- Programming in AppleScript
- PC Hardware
- Internet Architecture
- Database Design
- Received “Outstanding Instructor Award” for Fall 2001

- **Technology Instructor**

Eaton Corporation | Cleveland, OH & Glasgow, United Kingdom | Aug 1997–Nov 1997

Designed and taught a class about the use of ClearCase and Attache for developers, presented in several day-long sessions.

Patent Applications

- **Method and Apparatus for Remotely Monitoring a Social Website** | Granted Jan 2, 2018
U.S. Patent 9,858,341 discloses a method for monitoring the creation of user-generated content on one website, and duplicating that content at a second, remote website. The duplicated content can be used for a variety of purposes such as trend analysis or individualized advertising.
- **Behaviorally-Targeted Ad Serving** | Filed Aug 3, 2006
Provisional filing for 11/833,018.
- **Bayesian-Guided Metadata Classification** | Filed June 5, 2006
The invention was a method for using metadata associated with curated content to classify new content. (abandoned provisional)
- **Bookmark Search Engine** | Filed Mar 10, 2000
The invention was an apparatus and method for compiling Web bookmarks across an audience of users and providing a means to search the bookmarks and their content. (abandoned provisional)

Professional Associations

- Forensic Expert Witness Association
- IEEE Computer Society
- Application Developers Alliance

Press

- The Capital Forum (<https://thecapitolforum.com/>)
- Social Equity: Up in Smoke (Episode 2)
- This is LA (KCBS)
- Adult Ed with Jake and Amir
- Samsung Battery Recall (KABC)

Honors and Awards

- **Outstanding Instructor Award**, Fall 2001
Awarded each semester for exceptional teaching by a continuing education instructor at San Francisco State University.
- **Phi Eta Sigma National Honor Society**, Fall 1993
National academic fraternity.

- **USC Dean's List**, Spring 1990
Awarded for GPA of 3.8 or higher.
- **National Merit Scholarship Semifinalist**, Spring 1988
Awarded for academic achievement to 16,000 high school students each year out of 1.5 million entrants.

Technical Expertise

- **Web Technologies**
HTTP, AJAX, REST, SSL (secure sockets), proxies, Amazon Web Services, cloud computing, PaaS, SaaS, web forensics, content management, client/server computing
- **Programming Languages**
Ruby, Rails, PHP, perl, python, Java, JavaScript, HTML, XML, Shell
- **Operating Systems**
Linux, Unix, Mac OS X, iOS, Windows, file systems
- **Databases**
MySQL, mSQL, Sqlite, Memcached, Cassandra, MongoDB
- **Development and Version Control**
Git, Mercurial, Github, Bitbucket, JIRA, ClearCase, Subversion, CVS, RCS, make, gmake
- **Other**
Agile development standards and practices, academic plagiarism analysis using MOSS (Measure of Software Similarity), natural language processing (NLP), machine learning, authentication/authorization, encryption, mobile development, performance tuning, scalability, network performance

EXHIBIT B: COMPARISON OF FILE “JOURNALS” VERSIONS MAY 4 2022 9:44 AM & MARCH 9 2023 7:23 AM

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Journals May 4 2022 944 AM & Journals March 9 2023 723 AM Text Compare Report
Produced: 10/11/24 17:29:01

Mode: All

Left file: /Users/quandary/Library/CloudStorage/GoogleDrive-jason@quandarypeak.com/Shared drives/OneTaste v Blanck/report/Journals May 4 944 AM linebreaks.txt

Right file: /Users/quandary/Library/CloudStorage/GoogleDrive-jason@quandarypeak.com/Shared drives/OneTaste v Blanck/report/Journals March 9, 2023, 723 AM linebreaks.txt

<p>1 This is my pattern. As the sensation and feeling of out of control builds due to imminent transition, as the feeling of accomplishment builds with it I shut it out. I don't feel the sensations of accomplishment, that I have reached a milestone in my</p> <p>2</p> <p>3 life I have been working for. I do not allow myself to feel because if I do I could also feel the crushing defeat and I believe I do</p> <p>4 not deserve anything I work for, and I never do enough. If I feel the sensation of accomplishment it means I am nearing and end</p> <p>5 and transition is near. I am about to lose control and everything will be thrown into disequilibrium. My association is that a lack</p> <p>6 of homeostasis is dangerous and I will get hurt.</p>	<p><> 1 Series One: Darkness</p> <p>2</p> <p>3 January 15th</p> <p>4 I officially left on January first 2015. It feels surreal and impossible that after almost three years</p> <p>5 of insanity it's now over. A gray numbness that has swallowed me. My hands still shake as I</p> <p>6 type and I am only able to eat a small amounts of soup without becoming sick. Paranoia lurks</p> <p>7 around me. Fearing at any moment somebody will pop out from behind me to drag me back.</p> <p>8 The logical part of me knows this is not possible, but if I have learned anything it's that we are</p> <p>9 not logical creatures. I do not know the extent to which they broke me but I am afraid of what I</p> <p>10 will find over the coming months.</p> <p>11</p> <p>12 I left New York. I was so scared that if anyone found out before I was on the plane they would</p> <p>13 find another way to pull me back and entrap me. I can no longer be there though, nor see my</p> <p>14 experience through the rose colored glasses. One day soon I imagine I will be able to access</p> <p>15 my rage but right now I am only numb.</p> <p>16</p> <p>17 I have returned to Washington state to my childhood home in eastern Washington with my</p> <p>18 godmother. She lives in a remote part of the state surrounded by wilderness. There is no</p> <p>19 internet connection or cell phone service. Her address is not known by anybody and the only</p> <p>20 person who I told where I was going was my sisters and father. Here, for the first time in a long</p> <p>21 time, I feel safe. Nobody can get me here. Nobody will be able to find me and trap me. He will</p>
---	---

			22	not be able to find nor harm me. Finally, I am free.
7		=	23	
		<>	24	It is nice to just have silence. My own bed. My own shower. No more sleeping on the floor, no
			25	more intrusion or sleeping with random people. No more being touched when I do not want to
			26	be touched. I would never have guessed having my own bed would be such a luxury. A door
8	I did this when I moved from my hometown eureka to whitefish at the end of freshman year. I began working a full time job and		27	with a lock on it. Boundaries where nobody can enter if I do not want them to. I relish hearing
			28	the satisfying click and knowing that nobody can get me. I am safe.
			29	
			30	
			31	I am working to share my experience. To bring it from the darkness into the light. I carry so
			32	much shame, so much hurt. I will be sharing these journals with my sister and others in hope of
9	taking extra classes at the community college, and did homework at lunch because I "had no time". I partied and drank,		33	finding that I am able to be loved again, even for all my mistakes, but also that I might find
			34	reality again. So much happened in such a short amount of time. So much insanity that it almost
			35	feels like too much to process. Like I sit outside looking at somebody else's life. Like a movie
			36	reel the insanity plays over and over in front of my eyes in one endless loop of pain.
			37	
			38	
			39	
			40	
			41	
			42	
			43	
			44	
			45	January 16th
10	snowboarded by myself and told myself that I didn't need anybody to be happy, this was my time to grow myself. I then became		46	I sat staring out the window today. The snow falls in large soft clumps. Everything is quiet. I
			47	have not had this level of quiet for a very long time. The stillness. I still can't feel my body. I feel
			48	outside, like I am looking in. The pain is there. It is always there. The tensions in my joints, the
			49	popping of my jaw, the pain in my gut, and the pain that I cannot physically pinpoint. It
			50	permeates every aspect of me. It feels like my soul has been ripped apart. Shattered into a

<p>11 deathly sick with mono that lasted 8 months my sophomore year of high school. I cut off my best friend of 17 years and did all</p> <p>12 sorts of things to ruin our relationship.</p>		<p>51 thousand shards of glass. As I sit here I look down at the shards, scattered around my feet in a</p> <p>52 dark room. Thousands and thousands of them. My reflection broke and jagged, staring back at</p> <p>53 me. I know that if I ever want to be whole again I will need to pick up those pieces and put them</p> <p>54 back together. It is not a single crack though, or even a few pieces. Shattered is the only way I</p> <p>55 can describe it. Like my very being has broken apart and I stand here an empty shell looking</p> <p>56 around wondering who am I, what am I, and what is real.</p> <p>57</p> <p>58 That is the part that is difficult to comprehend and I know others struggle with understanding</p> <p>59 when I describe it. I feel like I have no idea what is real versus what is not. My grasp on reality</p> <p>60 feels tenuous at best. I fear too that if I never figure out how to trust what is real and what is not</p> <p>61 that I will forever be lost in this void of darkness and confusion.</p>
<p>13</p>	<p>=</p>	<p>62</p>
<p>14 When leaving for naropa I basically just packed all my stuff up and left. I did not tell my parents or family what college I was</p>	<p><></p>	<p>63</p> <p>64 January 17th</p> <p>65 Today I have started an exercise and eating protocol to help with the sickness. I do not know</p> <p>66 what is wrong with me but I imagine it's a response to the trauma, stress, and over working. My</p> <p>67 body started to shut down my last few months there. Eating anything always resulted in</p> <p>68 vomiting, I was not sleeping well and I was sleeping on the floor of the apartment in the living</p> <p>69 room because I was not allowed a bedroom anymore. I was extra, a cast off.</p> <p>70</p> <p>71 The night terrors had started, my hands and body shook, I was always cold and tired. So</p> <p>72 unbearably tired. I started to lose the feeling in my finger tips. And I cried. I cried almost every</p> <p>73 day I was in New York city. I was told I was a crazy erratic. Emotional. I realized I was being</p> <p>74 subjected to intensive emotional, psychological, and physical abuse. I am not surprised I cried</p> <p>75 every day and that my body began to shut down.</p> <p>76</p>

15 going to, when I was leaving, or how I was getting there. I worked 80 hour weeks the summer before I left for college. The last

16 week before we moved kyrie and I fought continually, so much we didn't have time to hang out with any of our friends or say

77 Every morning I count my ribs as I get dressed. I weigh myself religiously hoping I have gained weight. I left weighing 98lbs. As I stand in front of the full length mirror I barely recognize the

79 woman I have become. My hollowed out cheeks, deep circles under my eyes. My bony ribs stick out even when I don't lift my arms above my head. The smile that at one time reached my eyes is no longer there. The innocence and young girl filled with sparkle and magic is no longer there. Only deadness. Flat and endless. At times I feel the wasting in my body is only a reflection of the disintegration of my will to live.

84

85

86 January 18th

87 My psyche is breaking. I have no other way of describing it. It comes in waves. Something triggers a memory or a moment my vision begins to swim and it feels like my mind is being pulled apart. Giant hands have grabbed each side of my mind and are tearing it in opposite directions. My vision blurs with multi colors and pain. Is this what it feels like as your mind fractures? Is this what the edge of sanity feels like? I often put my hands on each side of my head, attempting to hold my breaking mind together. But it is in vain. There is a deep fear that at

93 any moment it will finally snap. This splitting is a constant companion. I was reading the Book Cult Recovery and this is the process of deprogramming.

95 Programming, or brainwashing, in a cult is designed to break down the ego, the sense of individual self and identity and then rebuild it within the image and ideas that the group desires. Through fear, pain, lack of sleep,

97 transcendental experiences, psychological torture, and most often shame they break apart your sense of reality so you can no longer trust who you are or what you feel and begin to believe

99 what they tell you. As you deprogram your authentic self begins to resurface and it almost

17 goodbye. I did not go to any of the going away parties, I did not keep in contact with anybody. As we drove away I did not look

18 back once. My body was numb as we drove. Once I arrived at naropa I began working a 25 hour week within seven days and I

19 signed up for 18 credits and 2 different volunteer positions. I did not go back home on breaks or the summer until my last year of

100 "battles' ' with the programming creating this sense of splitting and breaking.

101

102 I believe this is the most terrifying thing a human can ever experience- the loss of their identity. I

103 am falling constantly through a void. Grasping for a piece of who I am, who I should be, how I

104 should act, what is right and true in this world and what is not. I do not believe many people

105 experience what it means to lose your sense of identity. Or in my case to have it shattered. Our

106 ego - identity- soul whatever you want to call it is a constant companion from the moment we

107 are bornt. It is like breathing air. It is always there and you only notice its existence, in a very

108 painful way, when it is ripped away from you. Without reality your

109 ability to to tell what is real or not real, what is happening or not happening your human psyche begins to lose meaning for

110 existing, it begins to question the purpose of staying alive. If life has no solid sustenance, if we

111 cannot tell what is real or not real then experiences, emotions, everything becomes void of

112 meaning and importance. You have no idea if you're actually living or not, If these things are

113 actually happening. The only solace I find is reading the Cult Recovery book and talking to a

114 therapist as they say is what happens as you are recovering.

115

116 It is a painful and disorienting process. The battling of your authentic self over the inauthentic

117 self that was formed. The inauthentic self is held in place by a web of our own weaving directed

118 by those higher up in the organization to keep us entrapped and ensnared. It is an invisible cage

119 that keeps us bound. I believe psychological restraints are stronger than any physical bonds,

120 because at least with physical bonds you continue to hold the hope of oneday escaping with

			121	psychological ones your remembrance of what it means to be free slowly slips away until you no
			122	longer realize what it was like before. The bonds become your new reality, caging you in.
			123	psychological bonds destroy hope, and hope is what we need to continue to survive.
			124	
			125	
			126	
			127	January 19th
			128	The memories are stronger now. I can't escape them during the day. I go through waves of
			129	horror, grief, rage, fear. I am slowly unpacking all the places that hurt, where I was gaslighted, and am rewriting in my mind and this journal what was actually happening.
			130	
			131	
			132	
			133	Today a particularly potent memory is the time at the house on the lower east side we were running a coaching circle. I was working back of the house helping out with the event. A
			134	community member who was known to be particularly odd and if I look back now unhinged, was
			135	there that night. The topic of the "beast" within us all had been something that was being talked about and explored recently. The
			136	beast, as Nicole calls it, is your shadow. The taboo part of you that you deny and believe is bad. She teaches that 1. The most loving part of you is your beast
			137	as it's your most primal authentic being 2. It has been caged, denied, and betrayed by you and
			138	is very angry 3. Only by letting your beast out can bringing the darkness to the light of day can it
			139	heal.
			140	
20	school.		141	
21		=	142	
22	Now I want to feel my accomplishments and feel what it feels like to let the universe take control	<>	143	This all sounds wonderful and borrows heavily from psychology and buddhism. The actuality at
			144	onetaste is that letting out of the "beast" becomes an excuse to ignore or condone violence and
			145	abuse.
23		=	146	
24	My accomplishments	<>	147	This evening this community member let his beast out, and through that process he walked over
25	I moved out when I was 16 and supported myself		148	to me, being a 6 foot 200+ pound man he picked me up, my arms pinned to my sides, and

26 I worked 1-2 jobs throughout high school 30+hours a week.

27 I placed in four different snowboard competitions first and second place

28 I dropped and skied backcountry when I was 17

29 I made varsity softball my freshman year

30 I made JV volleyball ball my freshman and sophomore year

31 I danced ballet at the head of the company when I was 16

32 I graduated with merit distinction and took 8 ap classes

149 began to shake me in front of everyone. Nobody did anything. I sat there being shook like a rag doll as he screamed at me how he would like to rape me, beat me, use me, that he knew where

150
151 I slept and he would find me in the night. Eventually he put me down and we finished the circle.

152 Afterwards many of the women in the circle who were community members expressed their fear

153 and trepidation at his display. I was reprimanded afterwards by Maya for "showing fear in the

154 face of his beast' and that a true turned on woman would have taken his beast's cry for help

155 with grace and love. That is true alchemy.

156
157 I look back on it now and I am not surprised I was unable to sleep anymore. That I left my body

158 to survive. It is this kind of blending of a note of truth (needing to look at a shadow to help it

159 heal) with shame and abuse that creates the slippery slope that you slide down until one day

160 you wake up and you have no idea where you are or how you got there.

161
162
163

164 January 20th

165 I woke up today filled with rage. Rage at what Ravi did to me and how Rachel made his violence

166 my fault. How could I have stayed with him after the first time he hit me? It has taken a full

167 month for me to face these memories and I am not sure I will ever overcome the shame and betrayal.

168
169
170

171 That feeling of shame and guilt. How small I became inside. I do not remember what we fought about or why he hit me but he did. He punched me in the face and split my lip and bruised my

172 eye. At first I was shocked. We had fought many times before but I had never thought he would

173 go that far. I went over to the Morellino to talk with Rachel about this, as in my experience an

174 organization that supports women would not support violence against women. I found little

33 I graduated high school with 27 college credits from the community college

34 I bought my first car at 16
35 I completed hundreds of hours of volunteer work before I graduated high school

36 I survived emotional and physical abuse

175 sympathy. I watched Rachel in a daze through half shut eyes, my cheeks burning with shame.
176 This, I was told, was my fault. I had forced him to do it. His "beast" was only fulfilling what my
177 "body" had asked him to do. Since I was a survivor of childhood domestic violence this was my
178 pattern and what my body was asking for. HE was only doing as my body asked and now I was
179 shaming and blaming him for doing what I had asked for. I had made him do it.

180
181 As she finished I looked around the room. All eyes were downcast. Nobody was willing to stand

182 for me. I never spoke again about the other times he hit me or drugged me around. Looking
183 back now I can't believe I stuck through it. I so wanted to believe he would change. I was told he
184 was part of my soul's journey, that it was my karma to be working through this stuff together.
185 That sometimes our soulmates must do violent things to help us grow. They are our greatest
186 teachers. It was only a way to condone violence. They did not want me to 1. Go to the
187 authorities 2. Have Ravi leave and take his money with him.

188
189
190 Onetaste makes itself out to be a haven for women when it is the same oppressive and abusive
191 environment using sex and finacial chockholds to control and use womens bodies and sexuality
192 for personal gain. This time with a modern, young, chic exterior. Labeling itself not as
193 prostitution, mysogony, or patriarchy but as personal growth and healing.

194
195 I remember rachel hemsy telling me everyone has something to offer to the orgasm (god) I had
196 energy and my feminine (body, sex what ever you want to call it) and others had money (a form
197 of energy). We gave our bodies and they gave their money and it was all energy to further
198 orgasms (god's) purpose.

199

37 I supported my sister in finding her freedom

200 It sounds ridiculous when I look
back on it. But we are not logical
creatures. We love to rely on
201 our intellect. We believe we think
things through with impassiveness
and intelligence when in
202 reality our minds are soft and
malleable. We cling to this idea
that we have control. That people
203 who are abused, manipulated are
somehow dumb or lesser. That they
should have seen it
204 coming. What I see now is those
people, who believe that this would
never happen to them, are
205 only grasping for control. Clinging
to this idea that they would never
allow this to happen.

206
207 They would.

208
209 Human persuasion, brainwashing,
mind control, NLP, whatever you
want to call it is a heavily
210 studied and perfected art. It is
easier to do it to those who suffer
from trauma, abuse, or are very
211 broken than those who are not but
what I now see is that anyone, in
the right environment with
212 the right amount of pressure,
shame, fear, and other tactics
would be caught by it.

213
214 We are afraid of how delicate and
impressionable our psyche is and it
is easier to blame the
215 victim than it is to admit that we
are afraid. It takes very little to
take the human mind and
216 impress upon it what is desired of
it.

217
218
219 January 20th
220 The darkness consumes me today. I
can't say much because all I want
to do is sleep and fall
221 into oblivion. I do not want to go
on sleeping pills or medication but
I am not sure I can go on
222 much longer.

223
224
225 January 21st
226 It is 5am. Joyce has gone to bed.
She found me in the living room
screaming into a pillow in
227 front of the fire. I have never
been that far gone before. The pain
and memories plague me
228 every waking hour. I cannot escape
them, the nightmares torment me in
sleep leaving me

38 I was employee of the month two months in a row

229 exhausted and sleep deprived. I
 230 feel like I am going nowhere. That
 I will never get better. Death
 231 seems more pleasing than the
 thought of living the rest of my
 life in this suffering. What if I
 can
 232 never find my grasp on reality.
 What if I live the rest of my life
 without knowing who I am.
 233 Disconnected to my sense of self
 and my soul. What if I can never
 escape the torment of all the
 234 memories, the assault, the touches,
 the creepy leers, the feeling of
 being used and dirty. My
 skin crawls like it is filled with
 235 ants. The memories pull me under
 into places of fogged and
 lifeless darkness where all I know
 is pain and memories of confusion
 and hurt.
 236
 237 Is life worth living if it's only
 torment? I don't think so. I have
 never been this close to taking my
 238 own life but I am not sure I can
 take much more of this. I am in
 darkness and there is no light,
 no way out.
 239
 240
 241

39 I was able to cocktail serve and work banquets at 17-18 yrs

242 January 22nd
 243 Today I am feeling better. My best
 friend from highschool came and
 visited and it feels so good
 244 to connect to people from before
 all the insanity. I missed her. I
 feel a little less lonely and I do
 not feel so hopeless..
 245
 246
 247 I landed back in my body. It was a
 crazy experience and very surreal.
 I was laying down and as
 248 I woke up it was like I was in one
 of those movies, where it is filmed
 through the eyes of the
 249 character and you see what they see
 as they look around.
 250
 251 I began to push myself up from the
 bed and my body felt heavy, heavier
 than it has felt in a
 252 very long time. I thought this was
 strange. My body feels so much more
 solid. I laid back down.
 253 As I laid there I realized I had
 been dissociated from my body.
 Completely living outside of it. I
 254 know from naropa that it is a
 trauma response. As I laid there I
 began to feel the tightness of the
 255 muscles in my back, the weight in
 my fingers as they reached for
 something, my stomach felt

256 solid, and whole in my body again.
257
258 The last six months there I was
the “deepest” within the practice
and the community I had ever
259 been. I had been coming 3–4 times a
day, sometimes more and “getting
into my body” through
260 this practice and yet I am
dissociated, disconnected, and to
be touched or connected to another
terrifies me.
261
262
263 In Cult Recovery it talks about how
there are three things that get
influenced by three forms of
264 human perception; Mind–Body–
Emotions. And wherever one goes the
other two will follow and
265 regulate the rest of the system so
that there isn’t too much of a
psychic split for the person and
266 they can regain their grasp on
reality. We process our reality
through our senses and when what
267 “our senses” and what “our mind” is
telling us do not match then
dissonance is created. At least
268 this is how I understand it.
269
270 While there you are living in a
constant state of dissonance and
division in your waking
271 experience. Your body is telling
you it is unhappy, that it is in
pain, that you're suffering, your
272 emotions are erratic, but your mind
is telling you that is the way it
is supposed to be that this is
273 correct that what your body is
feeling and telling you is wrong.
Your mind is parroting what the
274 staff tell you, what the teachings
tell you. It helps to justify the
suffering and pain. The
275 disconnection becomes so strong
that either your psyche will break
because it cannot reconcile
276 the difference or they will sync up
and you create forms of denial or
suppress feelings or
277 emotions to survive.
278
279 It is amazing how a practice and
community designed to “get you back
into your body” in the
280 end only alienates you from your
body more and uses this
disconnection to control and
281 manipulate you.
282
283 Eventually you leave your body.
Because the trauma and pain is too
great and for survival's
284 sake you must.

		285	
		286	
		287	January 23
		288	Besides the physical pain, grief is my constant companion. At times I am angry with myself for
		289	how much I miss everyone. How much I miss being part of a community. I am angry that I even
		290	have grief. Part of me wants to stay in the rage. To live in it and let it protect me from the
		291	desolation below. The expansive, numbing embrace of grief. At least in rage I can feel, I can
		292	continue to fight. Within grief all I can do is feel and relive.
		293	
		294	It continues to snow. A white world of silence and softness. I spend a lot of time staring out of
		295	the window as I sit next to the fire. I swim through my grief and reread over and over again the
		296	poem Pain by Kahlil Gibran.
		297	
		298	Your pain is the breaking of the shell that encloses your understanding.
		299	
		300	Even as the stone of the fruit must break, that its heart may stand in the sun, so must you know
		301	pain.
		302	
		303	And could you keep your heart in wonder at the daily miracles of your life your pain would not
		304	seem less wondrous than your joy;
40	I kept the same job for four years	=	305
41		<>	306
42	I graduated college in three years		307
43	I graduated with two BA's		308
			309
			310
			311
			312
			313
			314
44	● I obtained my permaculture certification		315
			316
45	● Jason, out of all the students he has taught asked me to work for him and to run the greenhouse		317

- 46 ● I got chosen to be the student sustainability coordinator
- 47 ● I wrote two thesis, one sixty pages
- 48 ● I was able to be vulnerable enough with a man to open my sexuality and love
- 49 ● I completed a three semester long wilderness guide training
- 50 ● I took 18 credits every semester except my last I worked 20+ hours every semester except my last
- 51 ● I was awarded as a student leader two years in a row
- 52 ● I received the peace studies department scholarship
- 53 ● I helped usher in some of the most monumental sustainability stuff that has happened at naropa university
- 54 ● I paid for a 60,000 dollar education all by myself through scholarships, grants, and only borrowing 3,000 dollars from

318 and hurt from the last 3 years. I remind myself to not think but just let my body feel. To find, if

319 not joy, solace in the fact that I can still feel. That I am here and alive and human. And if I can

320 feel, then I can heal and maybe one day I will be able to find my way out of this darkness.

321

322

323 24th

324 It is the same every night. I don't sleep anymore out of fear of being taken to that place. That

325 horrifying nightmare where I am ripped apart and left alone. The dream is the same every time

326 and no matter what I do it is my constant companion.

327

328 It starts with me standing in a group with Maya, Hamza, Brooke, Rafael and Po. There is a

329 building behind us. A large gray concrete building with a small hole in the side about 2 feet

330 wide and 3 feet tall. Just tall enough for somebody to crawl through. They all convince me to

331 enter the building through the hole. I look into it and see nothing. It is a black bottomless void

332 with no light. I am afraid but they say they will come after me. They remind me we are family, we

333 are always there for eachother. I brace myself on each side, my hands just holding me back

334 from the all consuming darkness. I look behind me one last time and they stand in a semicircle

335 around me. I give them a small smile and they nod their heads. As I step in I feel the first cold

336 fingers wrap around my ankles, around my arm. I try to stop my forward motion but their fingers

337 have begun to wrap and pull me in. Cold and sharp they begin to shred my flesh. I scream. I

338 scream for somebody to help me. I am pulled through and fall down. I pull my body up and crawl

339 towards the entrance where I see the light. I see Hamza and begin to scream his name,

340 screaming and screaming for somebody to help pull me out. I reach my hand forward grasping

341 for help. The creatures continue to tear at my flesh, consuming me. My

55 my parents

56 ● I omed with my partner in public after only dating him for three weeks

57 ● I dated a woman

342 friends, my family look
at me. A blank expression on their
faces. I continue to scream their
names and I reach my hand
343 for them. Nobody grabs it. They
stand there staring at me. Their
expressions are blank and
344 unfeeling. Slowly they turn away
from me. They dont leave, just turn
around a few feet from
345 where I am being torn apart. Their
backs to my outstretched arm.
346
347 I scream his name one more time, he
looks over his shoulder at me.
Emotionless and void and
348 turns around.
349
350 It's like I never mattered.
351
352 I realize I am utterly alone.
Nobody is going to help me. The
promises, the love, the community,
353 the family it was all a lie. I am
alone.
354
355 The writhing creatures their claws
take hold and they pull me under
and I wake up screaming.
356 Joyce holds me. Rocking me. I know
if I fall asleep I will be sucked
back into that place.
357
358 This same nightmare is my constant
companion. Over and over again I
relive their betrayal.
359 How they threw me under the bus
when Ravi hit me. When I was dumped
on the streets on
360 New York like trash. How they
turned their backs when it was no
longer convenient for them to
361 protect or care about.
362
363 This is one of the most horrifying
and traumatic things they make you
do. Over and over again
364 they make you abandon them for your
own self preservation. Go against
your sense of integrity
365 and what is right because you are
too afraid that the punishment will
be turned to you so as
366 atrocities happen you don't say
anything. You begin to believe that
it is for their own good. That
367 it's a form of tough love- that
awakening is hard and people need
to face their demons and that
368 only through doing these things
that the upper staff and Rachel
tell you to do will you help free
369 them.
370

58 ● I helped make a documentary that supported indigenous peoples

59 ● I omed with multiple men, some I do not know

60 ● I followed desire and attraction for another man when in my partnership

61 ● I found my physical strength and body

62 ● I created a yoga practice I do everyday

63 ● I trained my dog well

64 ● I allowed myself to love a man

65 ● I allowed a love to die

371 If you're not willing to do it you are a coward and selfish. Only caring about yourself unwilling to do the things necessary to help those you care about find freedom. It all seems so fucked up now. Looking back, the subtle levels of eastern philosophy, matrix references, and psychological manipulation slowly pulls you under where you become riddled with shame and hurt. You are constantly forced to hurt those you care about in the "name of orgasm and god".

376
377 Rachel once said something very telling - Life is suffering (using the buddhist concept of suffering) and if you're going to suffer you might as well suffer for a purpose versus suffer for the sake of suffering. If you look at this from afar it seems to make sense. When you dig in you realize the subtlety of brainwashing. That they equate growth and transformation with suffering.
381 I would go so far to even say they equated freedom with suffering. And the more you suffer the greater the obstacle you're overcoming to your path to freedom. In this way they condition you to accept and take the punishment because that is how it is supposed to do and the "muggles" take the easy route by never subjecting themselves to any form of pain.

385
386
387
388
389
390 January 25th

391 I am visiting my sister who lives a few hours away from my godmother. She has been a steadfast support for me. I am not sure I would be here if it wasn't for her. We talk everyday and she knows most everything that has happened as she was there through this entire thing with

394 me and visited new york.
395
396 For the first time I told somebody my entire story. I realize I have kept so many things hidden all

66 ● I worked hard to stay connected in an open long distance relationship

67 ● I allowed myself to receive love from a man

68 ● I was able to balance my school schedule and traveling all semester

69 ● I have a 3.8 GPA

70 ● I found common ground with my sisters and worked to build a connected, loving relationships

71 ● I followed my desire for a woman

72 ● I got invited to players group in Tgroup

73 ● I successfully organized 10+ large events over the last three years at naropa

74 ●

75 ● I have accomplished a lot, I deserve to feel successful and powerful. I am successful and powerful. I have a lot to give.

76 The universe wants to use me, I want to be used by the universe. I am resilient and strong I can face whatever arises. I can always persevere and I know my truth.

77 It has never lied to me, and in the darkest times it has always guided me. my

78 accomplishments show me how powerful I am. I deserve to feel my success. I graduate in a week.

79 ●

397 these years. Trying to play down the crazy. The insanity and abuse from Ravi. We went out to eat and found a quiet spot and I started at the beginning. It is freeing to have it all out there. To

398

399 have somebody else see me, in all my mistakes and brokenness and still love me. To

400 understand why I did so many unkind things to her and my older sister these last few years, why

401 I was so far gone, and how I almost died.

402

403

404 I tell the story of what happened. I hear the crazy within my own words. Nothing I say makes

405 sense within the real world. The jargon, the alternative beliefs, the questionable morals, the

406 forceful tactics for "growth" all of it when spoken out loud sounds like lunacy. When there you

407 are instructed to not talk to "muggles" about your experience because they will not understand

408 and will judge you or think you are crazy. I realize now that this is because when you start

409 talking to outside people you sound like you are crazy and what is happening to you is insane

410 and traumatic and any normal person would call the authorities if they know what was

411 happening.

412

413 It is why we keep ourselves separated from "normal" people. It is why they push you to detach

414 from your family, live together all in one place, to disconnect from your old friends and

415 community. It's how they isolate you and create a feedback loop because there is nobody from

416 the outside looking in. All those with the answer on why something is happening are those with

417 authority, those who have been steeped in orgasm and of course they always believe the

418 outside world is trying to get you, to pull you back into the matrix, to make you "fall asleep

419 again.'

420

80 ● I am entering a new stage of my life. it is a HUGE transition. I am releasing control, because I actually cannot control
81 any thing except to notice the way I react and approve of who I am. I do not have control. And that is huge and scary. I

82 could fail, I could fall. And when I have done that in the past I have picked myself back up and continued to move

83 forward. Now is no different.

84 ●

85 ● I have been playing a game of create disturbance and chaos in my relationship so I do not have to feel the intensity of

86 my success and the fear of transition. If ravi and I fight all way the up to the day he gets here then I do not have to

421 I see now how poisonous this kind of belief is for those who have grown up let down by society and authority. It is easy to believe that the world outside is wrong, that everything you were told
422 was a lie. Especially if you have lived most of your life disappointed or abused by those in authority. Everyone I can remember came with some form of trauma or story of suffering.
423 Childhood trauma in the form of physical violence or molestation, partner violence, substance
424 addiction and on the edge of recovery, a parent or a child of theirs had died in a horrific or
425 unexpected way, medical conditions that were incurable and that modern medicine said were
426 not real. We often bonded around the fact that we were outsiders, rebels, and people the world just didn't understand. But I now see where we were more bonded by our traumas than
427 anything.
428 They took broken and hurting people and used our pain and vulnerability to their advantage.
429 They used our fear to control them, our lack of familial support, our paranoia and armed
430 themselves with it to take already vulnerable people and break them.
431
432 Cults prey on those who are already downtrodden using their brokenness to mold and use them
433 for their own gain.
434
435
436
437
438
439
440
441 January 27th
442 They played us like a chessboard. I see it now, as plain as day. The reading of text messages, made us divulge secrets and fears in the name of "vulnerability" reading of fear inventory to staff
443 all of it was a way to gather information and play us how they wanted. All of it was a way to make them seem all knowing and that they truly got you and understood you. They took your
444 fears, your deepest darkest shame and used them to scare you into doing what they wanted.
445
446

		447	
		448	
		449	
		450	February 1st
87	think about or feel my shit around transition or how successful I am. When we fight I do not have to allowing myself to	451	I am so tired of hearing it – “but you were such a smart girl how could that happen to you? How
		452	could you let that happen?”
		453	
88	receive or feel his pride or joy for me, and I can again believe I am alone and he does not care about me, which feeds	454	Abuse is a subtle thing, the human mind is far more delicate than we like to believe and we are
		455	far more irrational than we want to admit. I carry so much shame. My body feels dirty. Before I
		456	joined I had only ever been with two people. Looking back I realize
		457	I never wanted to sleep with anyone. All of it was forced by either fear, shame, or guilt. I ask myself often how I allowed it to
89	the cycle of fighting. The things we are talking about are not immediate, the world will not end whenever we fight, the	458	happen. They start off with love – experts call it love bombing– bringin you into the fold, making
		459	you feels special and seen, cared for and valued. Then they pull it
		460	away, push you down to the very bottom, expel you from the
90	tension is ok, I approve of where I am at. Ravi is proud of me and does care about me. What I am going though is huge,	461	community, take away your access to purpose and meaning,
91	others and ravi cannot approve of my success and joy if I do not approve of it and think I deserve it. I deserve it. This is	462	and even at times take away your connection to god. They do this over and over again. Using
		463	the fear of damnation and ostracization to keep you in. You're broke (financially) and broken
		464	spirituality. Where would you go anyway with no money and no outside support system?
		465	Looking back it's amazing how many of the tactics that religions use
92	a big time for me a lot of stuff is shifting. And I have accomplished a LOT. How can I ride this wave of	466	Nicole and Onetaste used
93	accomplishment and joy and not use our relationship as a tool of sabotage to feed into my unworthy victim complex? I	467	as well. The fear of damnation or as they call it “falling off the left handed path”. It is a
94	do not want to use our relationship to sabotage but to grow and experience the depth of human emotions that are	468	powerful
		469	force. I was and have never been religious but the longer I was
		470	there the more onetaste and Nicole began to lean on the idea of
			god and faith. The thing I realize about god is you must have
			faith. Within the core of religion is faith and mystical thinking. You
			are already stretched to
			believe the unbelievable, so what is a little more stretching? A
			little more magical thinking. When

95 possible
96 ●

97 ● How can we both recognize the intensity just got stepped up a notch and what we are both embarking on is huge, his

98 body is healing and feeling strong again. He is opening up his sex and shedding his shame. He is allowing himself to

99 love and be loved by a woman and he is wanting her to moving across the country to be with him. He is stepping into

100 his power and purpose in the world.
101 ●

102 ● I am moving across the country, I am leaning into my resistance, I am

471 you combine this with exhaustion and lack of sleep, dissociative bodily experiences, paranoia, otherness and grandiose thinking it's an intoxicating effect.
472

473
474
475 It feels wonderful to feel special, needed, and loved. To feel like you have a purpose, that god (or spirit or whatever) has a special plan for you. That everything happens for a reason. The
476
477 chaos and the pain have a purpose. Not only now but everything you experienced before had

478 meaning too. That your life is not a waste. That you are not a waste. And yet, with all the
479 magical thinking and faith anything is possible as reality no longer has boundaries.

480
481 I remember once being scolded for being late to an event because of traffic. I can laugh at it
482 now to some extent. The belief was that if I was in a turned on state and in alignment with god I
483 could will the universe to do what I wanted (at that moment I wanted it to move the cars out of
484 the way so I was not late) If I wasn't turned on or was disconnected to god then those things
485 would not work. That is how manifestation works, it's how desire works. The universe, i.e. god ie
486 orgasm wants to make you happy and bring joy to your life you just have to believe in it and be
487 open to it. Let it flow through you. And if you don't... then it's your fault and you're not turned on,
488 open, surrendered, enough.

489
490 Except it's not. It does not matter how much faith you have rush hour traffic in New York city will never move out of the way because you desire it to. Desire is a thing of privilege and those
491
492 lucky enough to live in a world or society where they can pursue it.

493
494 So many of these pseudo sciences and new age ideas use this form of magical thinking to
495 abdicate responsibility. If you're unhappy, if it's not working, if

moving to a city, I am opening up my sexuality

103 and working through my shame complex. I am acknowledging I am a strong woman who has purpose in this world. I

something is wrong it's because

496 you didn't surrender enough, you're not turned on enough, you're blocked, you're not doing x,y,x properly.

497
498
499 It's your fault.

500
501 If it's working they take full responsibility. It was their teachings. Their practices, their ideas.
502 Proof that this is working.

503
504 February 5th
505 I had a beautiful day today. The last few days have been wonderful. Autymn and I spent time on the coast of washington. There is a calm and a wild inspiration that comes from the washington coast. With its sweeping cliffs, black beaches, and crashing waves. Its ancient forests envelope you, holding you close. Here it feels like everything will be ok.

509
510 We have talked extensively about my last three years. Slowly, but it is happening, I am reclaiming parts of myself I lost over the last three years. It feels so good to be free. To be on the road to happiness. To know that my life is my own. I am realizing I will never go back to anything like that again.

514
515 Survivors of abuse often find themselves in patterns of repeated abuse. Again and again. I will not let that happen. I have always been on a path of healing from our childhood. It seems I got lost for a while on the way there. I can see all the threads so clearly now that connected me from my childhood trauma to Onetaste and how they use that to their advantage. How those are the perfect levers to pull.

519
520
521
522 February 10th
523 One thing that bothers me is the idea that because somebody does good it absolves them of the bad things they have done. I have had to block people on my phone and remove myself from all social media because I keep getting messages from people telling me how terrible I am, how I

104 am allowing myself to be loved, and I am loving.
 105 ●

106 ● Our third is making the choice to stay together on this journey of exploration, it is choosing connection, pain, and love

107 over disconnection and numbness. We deserve this, and the tension, energy, and excitement we are feeling is awesome!

108 It means there is something there, change is happening! This transition for both of us is big and we are feeling it. We are feeling the energy and intensity of the decisions we are making.
 109

526 am "playing victim". They are like a broken record parroting the same things over and over
 527 again, thinking if they convince me they will convince themselves it's true.
 528
 529 "They got something out of it"
 530 "It did amazing things for them"
 531 You should throw the baby out with the bathwater
 532 "If it did some good then it cannot be all bad."
 533
 534 That maybe.. Just maybe the ends justify the means.
 535
 536 Or my favorite is that if "we" talk about all the horrible things that happened then "we", in the name of fairness and justice, should also talk about all the good things that they did too.
 537
 538
 539 It doesn't work this way.
 540
 541 Doing a minor amount of good never cleanses a person or organization of the abuse and
 542 suffering they have caused. You cannot make a wrong "right" by doing good, especially if they are doing them simultaneously.
 543
 544
 545
 546 When a company CEO is charged with beating his wife we don't congratulate him on all the
 547 great things he has done. When a large corporation like Exxon dumps millions of gallons of oil
 548 into the gulf of Mexico do you also make sure to include all the philanthropic money they have donated to other causes.
 549
 550
 551 No you don't.
 552
 553 As I piece through myself I realize this is the coward's path. Nobody wants to admit that the
 554 thing that brought them healing was at the expense of another. That they found joy and
 555 connection on the back of another's oppression and abuse. I have also seen that oftentimes
 556 people are unwilling to admit they would still continue doing something that they desired even if
 557 they knew it was causing harm to others.

<p>110 ●</p> <p>111 ●</p> <p>112 ●</p>		<p>558</p> <p>559</p> <p>560</p> <p>561</p> <p>562</p> <p>563</p> <p>564</p> <p>565</p> <p>566</p> <p>567</p> <p>568</p>	<p>I am so tired of the excuses abusers are afforded because others are afraid. Because they would rather gain something for themselves than do what is right. There are things in this world that are NOT subjective. There are things in this world that are wrong no matter what way you look at them.</p> <p>Ends do not justify the means.</p> <p>Bad people do bad things and good people have bad things done to them. There is no grander plan, no place where you must take responsibility for the horrible things others did to you in their own cowardice, greed, and evil.</p>
<p>113</p>	<p>=</p>	<p>569</p>	
<p>114</p> <p>115 It feels like betrayal to me and to our "friendship" when there are sneaky hidden intentions. If the intentions are wrapped in</p> <p>116 shame and hidden from site. If you are out and open about wanting to fuck my boyfriend or are saying specifically I am feeling</p> <p>117 like connecting with you for x reason I am cool with that, it may burn but it probably wont set my vigilance center off. When I</p> <p>118 can feel hidden agenda, and withholds I begin to question and motivev and</p>	<p><></p>	<p>570</p> <p>571</p> <p>572</p> <p>573</p> <p>574</p> <p>575</p> <p>576</p> <p>577</p> <p>578</p> <p>579</p> <p>580</p> <p>581</p> <p>582</p> <p>583</p> <p>584</p> <p>585</p> <p>586</p>	<p>It is a very privileged stance in life to be able to choose to believe that anything bad that happens to you is because your soul chose it to survive. It means you have not faced true pain and uncontrolled violene of war, rape, environmental destruction, death of a child and so on.</p> <p>Reality is not wholly subjective. As I pick up each shattered piece of myself I put them back together it becomes more obvious where my integrity lies. There must be a line in the sand that</p> <p>I will not cross. That there are places and laws of the known world that govern it. If everything becomes guided by subjective reality then morality becomes fluid. The ends begin to justify the means. You can make excuses for violence that fit your world view.</p> <p>There are many people in this world who will have to one day attone for the things they have done.</p> <p>There is no end that justifies the mean. There are some lines that are not crossed, no matter what belief or theory supports their actions. And no matter how many people you have helped, saved, or good deeds you have committed it does not wash away or negate the pain and abuse</p>

119 120 121 122	intentions. If you approve of your intentions then I can do nothing but approve or		587 588 589 590	you have inflicted upon another.
		=<	591 592 593 594 595 596 597 598 599 600 601 602 603 604 605 606 607 608 609 610 611 612 613 614	<p>February 12</p> <p>It has been over a month and a half since I left. I have started to try and put a timeline together of everything that happened but it's difficult. It was all very intense, fast, and most of the time you're so out of it that you can't remember anything that happened a few hours earlier. They call the chaos RCR or rapidly changing reality because things change so quickly and on the fly. They labeled the disorganization the "feminine".</p> <p>I believe this is by design. Most likely unconsciously by the staff but intentional by the top level leaders. We always switch rooms, beds, sometimes cities. You have no privacy from showering, to going to the bathroom, any space can be invaded. Doors cannot be locked. Your room and bed can be commandeered at any moment for whatever purpose. Your phone is red over the shoulder, you share your fear inventory. You wake up early, work 15-18 hours, OM (and are subsequently dumped full of cortisol and serotonin) 3-4 times a day, enraptured (and sometimes down right forced) to have sex or a "makeout" all the time. Hot yoga and other meditation based practices all while getting little to no sleep. There was never a moment I was able to take a breath. To slow down. To process feel and think. I felt like I was running at full speed and this last month I stopped abruptly and everything has caught up with me washing over me in a giant wave.</p> <p>February 13th</p> <p>Valentine's day is tomorrow. I think of Ravi often these days. This will be the first valentine's day without him. Our relationship was filled with so much pain. It hurts</p>
123	I had this really amazing epiphany yesterday. So there is this conditioned idea of either women are "sisters" and they stick			

615 to think of him. I thought I
616 loved him. Maybe I did.
617 I wonder if he ever loved me. And
then I wonder if it even mattered
if he loved me. Would it
618 make a difference? Make anything
that happened better or worse? What
he did to me last
619 month with Aubrey and NDI was one
of the most painful moments of my
life. To go to bed
620 believing we were engaged and still
in a relationship, to finding out
the next day he had married
621 another woman with all your friends
and community with nobody telling
you. I believe they
622 married Ravi to Aubrey because they
wanted to get rid of me. I was
becoming a nuisance those
623 last months I was there. Sick,
depressed, angry, crying all the
time. Unable to work. I asked
624 Rachel why nobody told me. Why did
nobody inform me? She told me it
had "slipped their
625 minds" and there "wasn't a good
time."
626
627 Wasn't a good time to tell me that
my boyfriend of 3 years, who I had
thought I was engaged to,
628 had met and married another woman
during a 2 week immersive
experience surrounded by my
629 entire team, community, and
teachers....
630
631 Nobody thought it relevant that I
should know.
632
633 I see now it was all by design. I
was the only team member from New
York not allowed to go to
634 NDI. I needed to manage the nyc
community and go to Miami for the
sister goddess conference
635 they said. For me to find out from
Rob who had left onetaste was... I
don't even have the words.
636 Horrifying, disgusting, hurtful,
traumatizing. Take your pick.
637
638 And to think after years of him
telling me he wanted to have an
open relationship, to sleep with
639 other women, me wanting only to be
with him they - all the newly wed
couples from NDI-
640 become monogamous. He sat on that
stage with her telling everyone how
it's all he ever
641 wanted. The betrayal.

124 together and rally against men and have
an unbreakable loyalty towards eachother,
or they are with there man/men and
against

642
 643 That was the thing with our
 relationship though. It was up and
 down and all over the map. Ravi
 644 was on all accounts an abuser
 before we joined. They sanctioned
 his violence. He hit me more
 645 than once. The last time was in his
 parents penthouse in Trump Tower in
 Chicago over the
 646 holidays. He punched me in the
 face. I remember sitting there in
 that white leather chair
 647 overlooking a frozen, desolate Lake
 Michigan. The wind howling, the
 building seeming to sway.
 648 The apartment was sparse and cold.
 Massive and empty. The floor to
 ceiling windows give this
 649 feeling of being far above the
 world on another planet. Removed.
 And it didn't matter if I told
 650 anyone because they would tell me I
 had made him do it. It was my
 fault. Everything that went
 651 wrong in our relationship was
 always my fault.
 652
 653 I wasn't turned on enough, sexy
 enough, open enough, surrendered
 enough. I was scared,
 654 being guided by fear. I was closed
 and not letting "god" in. I was
 desiring to control him and
 655 keep him "small" because I was
 afraid. Was I such a selfish person
 that I would want his soul to
 never find transcendence?
 656
 657
 658 I think of it now and it all seems
 laughable. And people who never
 experienced this often do
 659 laugh at how people could believe
 this stuff. Talk of souls, twin
 flames, the ability for us to have
 660 karmically chosen people to be our
 teachers but I realize that every
 romance novel, movie, and
 661 story has prepped me for this
 exact belief. We all want to
 believe we are special, that there
 is
 662 somebody out there that will love
 us for exactly who we are
 unconditionally- especially if we
 663 grow up believing we are
 unlovable. We want to believe
 there is some design to this
 madness.
 664 That life has purpose.
 665
 666 It was a fitting scene, almost
 ironic. Me sitting in a large empty
 penthouse in Trump tower as my

125 other women. We are pitted against each
 other. Catfights, cattiness, fighting,
 competition, who is prettier, funnier,
 sexier, more

667 wealthy boyfriend hits me. It plays
out like every movie, book, and sad
668 story. The naive young
girl from the country is enchanted
by the older mysterious, educated
669 man. He whisks her away
into a fairy tale that quickly
becomes a nightmare. Trapped, far
670 away from home and family. No
money. No ability to escape. I
often think of beauty and the
671 beast. Except in the fairy tale
the
beast transforms. Her love saves
672 him.
673 People ask me why I stayed. Why
didn't I leave when he first hit
me. How had I fallen into the
674 very senario I had promised myself
I wouldn't. That's the thing, this
stuff sneaks up on you. He
675 didn't start out like that. I had
thought he loved me. Cared for me.
Maybe he did it in his own
676 way. I have no idea and I'll never
know... maybe it doesn't matter in
the end if he did love me or
677 not because the cruelty and the
abuse would have happened either
way.

678
679 Part of me believes it's better to
believe he was sick and hurting and
that is why he hurt others.
680 Sometimes I like to believe the
same thing about Nicole. That she
is sick and suffering and that
681 is why she hurts others. It feels
worse to believe people are capable
of hurting others out of
682 pure self indulgence and
maliciousness, knowing exactly what
they are doing. In the end does it
683 make a difference why they did it?
They still did it, it still caused
the same pain and trauma. Still
684 used and abused people for personal
gain.

685
686 The sesawing between wonderful days
full of joy and the darkness of
687 fighting, leaving me alone,
kicking me out of the apartment,
sleeping with other women, trying
to force me to sleep with
688 other men, telling me I am
worthless, not good enough, stupid,
and dumb. That I am young and
689 naive.
690
691 But why does any woman stay in an
abusive relationship? Because we
believe we are worth no

126 desired? This feeds our feelings of never being good enough, our feelings of isolation and abandonment. It disconnects us from

692 better. We believe we can help them
 heal. That love is the elixir that
 693 heals all wounds and if we
 just love them enough eventually
 they will love us back. That one
 day all the pain will be worth it
 694 if we just stick it out.
 695
 696 And as the relationship progresses
 through the shame, abuse, hurt,
 abandonment, and
 697 physical violence I forgot who I
 was and began to believe what he
 said about me. He was a
 698 masters at manipulation. When we
 fought I often found myself
 apologizing for something I had
 699 ended up making "him do". If that
 didn't happen I was showered with
 gifts and expensive trips.
 700
 701 And they always had a reason why I
 should stay - Rachel, Rob, Rachel
 Hemsli, and all the upper
 702 staff. Everytime I tried to leave
 or got the courage to stand up
 there was a reason I had to stay.
 703
 704
 705 February 20th
 706
 707 The dream still haunts me. Every
 night it's the same dream on loop.
 I believe this is my most
 708 prominent feeling and betrayal from
 my time there. The feeling of being
 abandoned, of everyone
 709 who you thought cared about you
 turning their back as you were torn
 apart too afraid to speak
 710 up.
 711
 712 This is how they isolate you over
 and over again. Eroding trust and
 feeding paranoia.
 713
 714 A moment I replay in my mind over
 and over again because it perfectly
 signifies the betrayal for
 715 me and how it becomes ok. Everyone
 knew I didn't want to sleep with
 others, they knew that
 716 Ravi sleeping with other women hurt
 me and I never liked it. I was
 never able to be ok with it. I
 717 let it happen because what else was
 I supposed to do?
 718
 719 Brooke and I were close. Sisters
 almost. That's how we referred to
 each other. Of all the people
 720 her and hamza I trusted. Believed
 they would always stand up for me.
 Care for me and never

127 each other and from ourselves. We can be
 each others greatest teachers and allies
 due to the mere fact that we are women
 and we

721 force me to do something or do
 something themselves that would
 cause me pain.
 722
 723 It happens often at onetaste. Women
 would come up to me to "ask" if
 they could sleep with
 724 Ravi. They were going to do it
 anyway because they "had to follow
 their desire" and if they didn't
 725 follow their desire because I
 didn't want them to, or because it
 hurt me, then I was forcing them
 726 to play small. It would be "my
 fault", as always.
 727
 728 That's what they do. They tell you
 you should always follow desire.
 Always "speak the truth".
 729 What it becomes is adults acting
 like self centered petulant
 teenagers pretending the thing
 they
 730 are doing is hurting nobody and
 that their "desires" are of the
 utmost importance indifferent of
 731 who it hurts or the trust it
 breaks. That the ends justify the
 means.
 732
 733 I had thought Brooke would never
 sleep with Ravi. I had thought she
 knew how much he meant
 734 to me. How much pain I was in
 because of it. I remember the
 moment like it was yesterday. It
 735 was an event, I don't remember
 which. Brooke comes up to me. Her
 eyes wild. And tells me she
 736 has to sleep with more men to
 increase her "power". I don't
 remember why she needed to.
 737 There wasn't time for her to find
 them on tinder or within the
 community. It had to be now. I
 knew what she was asking.
 738
 739
 740 I had thought she would never ask.
 That should have cared enough about
 me that this boundary
 741 would never be crossed. But it
 doesn't matter about care. Because
 I imagine she does care
 742 about me. But the repercussions,
 the shame, the fear is greater than
 my feelings or our
 743 friendship.... Sisterhood.
 744
 745 I agreed of course. What else could
 I do?
 746
 747 Fight it? Be the reason she wasn't
 turned on. Deny her growth. I knew
 also the punishment and

748 ostracization I would receive if I
said no. As I said yes a small part
of me died. If a soul could
749 bleed, it felt like I had
eviscerated myself and my life
blood was pooling at my feet.
Brooke was
750 the last one. A safe place. They
always find a way to break the
bonds you build with others so
751 the only thing that binds you is
your mutual trauma and fear.
752
753 They say you have a NO. That they
teach women how to say no. To
empower women in their
754 sexuality and desire. But they
don't. They only teach you to say
yes. To fall deeper into that
755 childhood conditioning of pleasing
others to avoid pain. Keep silent
quietly crying until it's over
756 and you can curl into a ball and
sob alone hiding your shame but
knowing survival depends on
757 you staying silent. Because by this
time you're so entrapped you feel
like you have no way out.
758
759 No money, no family, no friends
outside the organization. Nowhere
to go.
760
761 It's easier to say yes. To grin and
bear it. To do what women have done
for a millennium, fake it
762 with a coy smile. With a breezy
laugh. To be lighthearted and
filled with joy while you die
inside.
763 Take the thing you want and shove
it deep down inside you because
everybody is more
764 important than you are, the cause
is more important than you are.
765
766
767 It is very clever to hide the
misogyny and oppression under a
veil of empowerment. Under third
768 wave feminism and watered down
easter philosophy. To tell them
you're helping set them free
769 as you build tighter and tighter
cages around them. I remember
reading the handmaid's tale. It's
770 not the powerful men who uphold the
oppression, the abuse. But the
women, the aunties, and
771 those who gain something from the
subjugation. It is those who are
complacent.
772
773 This is something I come back to
again and again. Either out of fear

128 understand on a physical, emotional,
spiritual level what it means to be a
woman, in a womans, body in our society.
we are

774 or out of self indulgence,
complacency is what allows
atrocities to happen. People are
afraid so they turn a blind eye.

775
776 Or they are getting something they
don't want to do without.

777
778 Power, privlidge, sex, freedom,
growth. Whatever it is they are
getting something and they
779 would rather turn a blind eye or
create elaborate stories of denial
why it is ok as long as they are
780 getting something good from it. It
can't be all that bad if their
experience is positive. You can
781 downplay the bad if there is "some
good"

782
783
784 February 22nd
785 I feel better today. I am learning
compassion for myself. I have been
taking walks with Noka
786 every day.I missed her so much
while I was in New York. I am not
sure I could have gotten
787 through this without her. The
unconditional love of a dog is
really the sweetest remedy. The
788 long silent walks through the
forest remind me there is something
bigger than myself. That I am
789 one small part of a much bigger
world. That onetaste and New york
and everything that
790 happened was one small corner of
the world and if I get through this
I will be able to rebuild my
791 life. My sister and I talk almost
every day. My grief and numbness
melted into rage. I know I do
792 not want to stay in rage. To
become it. But it feels good to be
angry. To let myself feel. The
793 body really does freeze under
stress. Become solid and
impenetrable and it feels like
finally 2

794 months later I am thawing.

795
796 I was reading the book Post
Traumatic Growth Guide and I used
to believe I was a survivor,
797 that I was stronger, more
resilient, a better person because
of the things I went through. That
it
798 was those things, those outside
forces that defined me and made me
who I was.

799

129 different yet, intrinsically the same. If we can have intimate partnerships by design then we can have relationships by design as

130 well. Who says that if you're my "girlfriend" and we share everything that you also don't want to fuck my boyfriend. Or that

131 because we are "best friends" it means we share everything and anything and at all times. Maybe we all we do is makeout,

132 connect, and drink coffee together and that's all the relationship desires... Can we move beyond the constructed conditioned ways

133 of friendship, and interacting with women to a place or organic creation that approves of everywoman exactly where she is and

800 Now I know it is not because of them but in spite of them. I used to use it as a reason to define why I was strong. WHY I mattered.

801

802

803 Who we are, deep in our core is always there. Bad things happen to good people. I am no better off because of what I have suffered.

804

805

806 I think about this often. It is far simpler to believe in the idea that growth and positivity can come from terrible things. It lets us believe that the pain and suffering was not in vain. Where would I

807

808 be in life or who I would be if I had never experienced any of this?

809

810 Even without these experiences I would still be me. I would be on a slightly different path but still me. I think we often believe we need pain or suffering to grow. That hardship is how we become deeper wiser versions of ourselves. That to know compassion, empathy and humility we need to experience the other side.

811

812

813

814

815 Onetaste used this to their advantage. The more pain I was in the more "growth" I was going to

816 experience.

817

818 I often find it is easier to take the simpler path. To tell myself stories about what happened to make it more palatable. All those years, all that pain and wasted time goes down easier if I can believe that I got something out of it. It makes Onetaste the catalyst for my growth. It makes the rapist, abusive parents, and broken social system the catalyst for me to be a better version of

819

820

821 myself. That I need pain and trauma to grow.

822

823

824 I survived, healed, and became better not because of them but in spite of them. It was my hard work, my integrity, my compassion that has made me who I am. That helped me survive.

825

826

827 We become transfixed on creating meaning and reason for the terrible things that happen

134	honors what she can offer us in every capacity.		828 829 830 831 832 833 834 835	because it is harder, and much more terrifying to admit that bad things happen to good people and that they didn't need to. If we claim "my soul chose this" or that its karmic and in some way part of a larger grand plan 1. We then regain control because at some point we "chose it" 2. Pain, suffering, wasted time have meaning then and that desolate feeling that we wasted moments of this fleeting life or that others can invariably
135		=	836	
		--+	837 838 839 840 841 842 843 844 845 846 847 848	

**EXHIBIT C: COMPARISON OF FILE “JOURNAL 2” VERSIONS MAY 27 2022 7:05 AM
& MARCH 9 2023 6:58 AM**

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Journal 2 May 27 2022 705 AM & Journal 2 March 9 2023 658 AM Text Compare Report
 Produced: 10/11/24 17:25:08

Mode: All

Left file: /Users/quandary/Library/CloudStorage/GoogleDrive-jason@quandarypeak.com/Shared drives/OneTaste v Blanck/report/Journal 2 May 27, 2022, 705 AM linebreaks.txt

Right file: /Users/quandary/Library/CloudStorage/GoogleDrive-jason@quandarypeak.com/Shared drives/OneTaste v Blanck/report/Journal 2 March 9, 2023, 658 AM linebreaks.txt

1	February 24th	=	1	February 24th
2	Today was difficult. I didn't sleep last night. I realize all the things I once found calming and healing have been		2	Today was difficult. I didn't sleep last night. I realize all the things I once found calming and healing have been
3	bastardized. I attempted to do yoga and meditate but it's laced with acid and pain. All those moments of		3	bastardized. I attempted to do yoga and meditate but it's laced with acid and pain. All those moments of
4	"meditation" attending hot yoga.		4	"meditation" attending hot yoga.
5			5	
6	The practices I once found solace in now hold pain.		6	The practices I once found solace in now hold pain.
7			7	
8	It is hard to escape the memories and the involuntary reactions of my body. It is outside of my control. They stole		8	It is hard to escape the memories and the involuntary reactions of my body. It is outside of my control. They stole
9	everything from me. My sense of dignity, my femininity, my relationship to practice and meditation, my 12 step		9	everything from me. My sense of dignity, my femininity, my relationship to practice and meditation, my 12 step
10	practice. That one hurts deeply. I have been attending Alanon since I was 16. They bastardized 12 step.		10	practice. That one hurts deeply. I have been attending Alanon since I was 16. They bastardized 12 step.
11	Weaponized		11	Weaponized
12	and used as a tool of manipulation and control. I cannot attend a meeting without breaking down. My hands start to		12	and used as a tool of manipulation and control. I cannot attend a meeting without breaking down. My hands start to
13	shake, my vision goes blurry. I have tried a few times but the memories are too strong.		13	shake, my vision goes blurry. I have tried a few times but the memories are too strong.
14	On some deeper level they took my relationship to myself and spirit. I used to believe the world was imbued with		14	On some deeper level they took my relationship to myself and spirit. I used to believe the world was imbued with
15	magic. Not fairy magic but the world had a sparkle to it. A sense of something deeper working under the surface. I		15	magic. Not fairy magic but the world had a sparkle to it. A sense of something deeper working under the surface. I
16	was never religious nor do I believe in god, at least in the christian sense of the word. But I always believed there		16	was never religious nor do I believe in god, at least in the christian sense of the word. But I always believed there
17	was something more to the world than just a combination of organic matter. Where spirit used to sit within me is		17	was something more to the world than just a combination of organic matter. Where spirit used to sit within me is
18	now a gaping hole. The world's magic, its spontaneity and beauty now hold pain and suspicion.		18	now a gaping hole. The world's magic, its spontaneity and beauty now hold pain and suspicion.
19			19	
20	Is it actually magic or paranoia?		20	Is it actually magic or paranoia?
21			21	
22	Was it brought on by something truly beautiful and unseen or the splitting		22	Was it brought on by something truly beautiful and unseen or the splitting

and dissolution of my mind?
 23
 24 I can't tell.
 25
 26 I fear I'll never be able to rebuild
 my relationship to spirit-god-universe
 whatever you want to call it. I
 imagine this
 27 must be how those escaping the mormon
 church and other radical religious
 sects must feel. Life after you leave
 must
 28 become flat, because if it doesn't,
 the uncertainty and paranoia consumes
 you. It is hard to believe in magic
 or
 29 something greater than myself when:
 30
 31 1. That belief feels like the catalyst
 and the doorway for what allowed
 onetaste to worm their way into my
 mind
 32
 33 2. I have such a delicate grasp on
 reality that anything slightly magical
 feels like it will send me into a
 spiral I won't
 34 be able to climb out of.
 35
 36 I see myself craving the physical.
 Things I can touch, feel, experience.
 Ideas that have solidity behind them
 and are
 37 concrete. The metaphysical or
 spiritual sends me into a spiral.
 38
 39 February 26th
 40 Today feels particularly melancholy.
 The grief is still here. A constant
 numbing force. A guest in my house as
 Rumi
 41 would say.
 42
 43 I am still tired. I am still thin. Not
 as thin as before but not healthy. I
 still struggle to eat much of
 anything. Not much
 44 brings me joy anymore. All I want to
 do is sleep, except when I sleep, if I
 don't take sleeping pills, my mind is
 45 consumed with night terrors and dreams
 of Nicole finding me.
 46
 47 I try to find gratitude in the small
 things. To find grace and
 understanding in how and why I feel
 the way I do. To
 48 wake up everyday and put one foot in
 front of another. This is something I
 have kept from 12 steps. One day at a
 49 time. I do not know what I will do in
 the next 6 months or the next year. I
 cannot even imagine where I will be in
 a

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 do is sleep, except when I sleep, if I
 don't take sleeping pills, my mind is
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 48 wake up everyday and put one foot in
 front of another. This is something I
 have kept from 12 steps. One day at a
 49 time. I do not know what I will do in
 the next 6 months or the next year. I
 cannot even imagine where I will be in
 a

50	month. For now its one day at a time. Each hour, each day slowly chipping away. Thawing and letting go until		50	month. For now its one day at a time. Each hour, each day slowly chipping away. Thawing and letting go until
51	eventually I hope that enough pain as been released that joy and dreams of the future will replace it. That one day	<>	51	eventually I hope that enough pain has been released that joy and dreams of the future will replace it. That one day
52	I'll be filled with delight and joy again.	=	52	I'll be filled with delight and joy again.
53			53	
54	February 28th		54	February 28th
55	I have a massage scheduled. It is my first one in a very long time. It is actually the first human touch my body will		55	I have a massage scheduled. It is my first one in a very long time. It is actually the first human touch my body will
56	experience since I left. My god-mother and sister have hugged me at times. But anything more intimate my body		56	experience since I left. My god-mother and sister have hugged me at times. But anything more intimate my body
57	recoils from. For so long I had no boundaries. I could not say no to touch, to sexual advances, to caress, or to		57	recoils from. For so long I had no boundaries. I could not say no to touch, to sexual advances, to caress, or to
58	physical violence. They take away your boundaries. You're NO until it is a distant memory and you live in a haze.		58	physical violence. They take away your boundaries. You're NO until it is a distant memory and you live in a haze.
59	Your body numb to the assault of sexual advances, Oming. Deadened to its screams of protest.		59	Your body numb to the assault of sexual advances, Oming. Deadened to its screams of protest.
60			60	
61	Ugh the thought of being touched by any of them.		61	Ugh the thought of being touched by any of them.
62			62	
63	The cold clinicalness of OM. Letting strangers stroke you. As much as they wanted to divorce it from sexuality, from intimacy you can't.		63	The cold clinicalness of OM. Letting strangers stroke you. As much as they wanted to divorce it from sexuality, from intimacy you can't.
64			64	
65			65	
66	Its impossible.		66	Its impossible.
67			67	
68	Maybe this is where Nicole went wrong. She tried to take something inherently based in the body. Based in		68	Maybe this is where Nicole went wrong. She tried to take something inherently based in the body. Based in
69	connection to another human being. Something deeply intimate no matter how you frame it or structure it and		69	connection to another human being. Something deeply intimate no matter how you frame it or structure it and
70	divorce it from that to commoditize it. Sex, intimacy, physical touch will never be like yoga, like getting a latte. And		70	divorce it from that to commoditize it. Sex, intimacy, physical touch will never be like yoga, like getting a latte. And
71	it shouldn't be.		71	it shouldn't be.
72			72	
73	No matter how emotionless you want it to be, it will always be an intimate connection between people. I think this is		73	No matter how emotionless you want it to be, it will always be an intimate connection between people. I think this is
74	what caused so much confusion and pain for myself and others. Sleeping with random people, having our partners		74	what caused so much confusion and pain for myself and others. Sleeping with random people, having our partners
75	betray our trust and sleep with others. To share intimate parts of ourselves with practical strangers and then tell		75	betray our trust and sleep with others. To share intimate parts of ourselves with practical strangers and then tell
76	ourselves it was like "getting a latte" caused extreme levels of		76	ourselves it was like "getting a latte" caused extreme levels of

77 dissonance. Sharing yourself sexual,
 78 physically even
 79 through OM is not a small matter. The
 80 hormone, psychology, and biology that
 81 combine to make bonding and
 82 intimacy happen is not like ordering
 83 your double shot cappuccino from a
 84 barista at Starbucks.

80 It is stretched even further when
 81 these practical strangers are said to
 82 be your family, that you can trust
 83 them when in
 84 reality none of the evolutionary and
 85 biological bonds of family and tribe
 86 building happen. It's like being a
 87 teenager
 88 and having sex for the first time.
 89 Flooded with attachment hormones.
 90 Confusion at what it all means. An
 91 intoxicating cocktail of love, joy,
 92 fear, shame. Imagine now divorcing
 93 that from all reality and attachment.
 94 All the
 95 strictures of safety, consistency, and
 96 love. As your body dumps you full of
 97 serotonin and endorphins having to
 98 convince yourself its just "energy"
 99 its actually "god" moving through you.
 100 Not a very real, very strong
 biological
 response and evolutionary mechanism.
 Ugh.

88 What a horrifying world to live in
 89 where touch and intimacy between two
 90 people is no more than an exchange to
 91 be
 92 examined for personal gain. Your body
 93 is quite literally screaming at you
 94 that this means more than just a
 95 clinical
 96 experiment. More than removed,
 97 disconnected meditation but you're
 98 told over and over again to shut that
 99 part out to
 100 not think... essentially not not
 feeling.

94 The practice designed to get you back
 95 into your body, to build connection
 96 was the tool wielded by onetaste to
 97 violate your boundaries, to dehumanize
 98 you and remove you from connection to
 99 yourself.

98 March 1st
 99 I am getting towards the end of The
 100 Cult Recovery book. A couple things
 really stand out to me. One is the
 description of "love bombing". It
 makes sense why they pray for people

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 100 Cult Recovery book. A couple things
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 makes sense why they pray for people

who are lonely, broken, or hurting.
People
101 with strained connections to family or
without a close community. Love
bombing is essential where you shower
and
102 individual in love, attention, care,
and connection. Usually for 3-6
months. For individuals who are lonely
or have
103 struggled to make friends. For people
who have recently experienced intense
grief or abandonment through divorce
104 or death. Or for those who believe
they are unlovable. They bombard you
with attention. Seeming to care about
who
105 you are, your struggles. They see you
as special and valuable. It fills a
hole inside of you left by trauma,
grief, or
106 loneliness.
107
108 Then after an individual has been
thoroughly brought into the community.
Bombarded with love they withdraw it.
109 This is done in a way where it is
usually "your fault" YOU did something
to fall from grace. Something that
puts
110 you at odds with your new community,
your new family and YOU need to do
something to fix it. When I look back
111 on my time there this is exactly how
it played out. I was love bombed.
Attention and delicate care showered
on me
112 until I was thoroughly entrapped and
could not leave. Then the rug was
pulled out.
113
114 It is very important. According to the
cult Recovery book for this to happen.
It creates a power imbalance and then
115 you must work to make it right. You
must bow down to them. It is the first
initiation, even if you're not aware
of it.
116 If after the first time they pull the
love and community away and you leave,
you would never have been a good
117 candidate for the long term. But if
you stay. If you "work" and submit and
get back in their good graces the
terror of
118 being ostracized again is a strong
reminder to behave. It is a -
conscience or unconscious- learning
lesson that at any
119 moment your entire world can be taken
from you. Your "family, friends,
connection to god. Your spiritual
salvation
120 ripped from you for not doing as
you're told.

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115 you must work to make it right. You
must bow down to them. It is the first
initiation, even if you're not aware
of it.
116 If after the first time they pull the
love and community away and you leave,
you would never have been a good
117 candidate for the long term. But if
you stay. If you "work" and submit and
get back in their good graces the
terror of
118 being ostracized again is a strong
reminder to behave. It is a -
conscience or unconscious- learning
lesson that at any
119 moment your entire world can be taken
from you. Your "family, friends,
connection to god. Your spiritual
salvation
120 ripped from you for not doing as
you're told.

121
122 Ravi did this to me often. As did
onetaste. After the first six months
were up, they kept me on the roller
coaster. One
123 moment it's magical, the next, for
whatever reason, you're at the bottom
again. The first time Rachel did this
to me
124 was when Ravi hit me. Blaming me and
making it my fault. After that it was
when I refused to OM with anybody
125 else besides Ravi and was being
"difficult". Then when I wouldn't have
sex with another person that wasn't
Ravi.
126 When I wanted to get a job. Over and
over again until I was unsure if I
could make it out if I ever did leave.
127
128
129
130 March 3st
131 I revisit my last 6 months often. They
made me sleep on the floor. I had no
place of my own. I lived out of a
132 suitcase. No home. Nothing of my own.
I was not paid. I had no money. I was
sick and nobody seemed to care.
133 Caught up in their own insanity I was
alone yet surrounded by "friends" and
"community". I remember talking to
134 Rachel Hemsli and being told not to go
to the hospital. That all the shaking,
the vomiting, the weightlessness, the
135 sickness was just an "orgasm". It was
me alchemizing trauma and pain from
when I was younger. That if I just
136 stuck with it I would ascend to my
next level of awakening and freedom.
As I wasted away I'm not sure if
anybody
137 reached out to help me. To offer me
solace or care because as far as the
upper staff was concerned I had a
"virus".
138 That I was an addict. Not a real
addict, addicted to substances. What I
was an addict for I do not know. But
if you
139 are not behaving or you are unhappy
its because you are an addict. It is
the catch all phrase they use to push
you to
140 do more "practice."
141
142 More Oming.
143
144 More sex.
145
146 More yoga.
147
148 More 12 step meetings.
149

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150 At one point I was attending 4-5 12
step meetings a day like a drinker who
151 couldn't put down a bottle. Except I
didn't drink, do drugs, or even have
sex at that point as it was too
painful and I would become sick.

152
153 I think they believe that if you hear
enough times you just need to
surrender to god, that you need to
follow gods
154 will you will start to give up and
give in. Start to believe that Nicole
and Orgasm and god and what is
happening is
155 what is supposed to happen. That this
is all of your own making.

156
157 How did I go from being a bright and
happy college graduate with the world
in front of her to the young woman
158 near death sleeping on the floor of a
New York City apartment physically
sick and spiritually broken.

159
160 I had fought my entire life to attend
college. I had dreamed of building a
better life for myself. College, and
to
161 graduate was my single minded focus.
It is what pulled me through the fear,
the loneliness, and the abuse of my
162 teenage years. After I graduated I had
a job lined up in San Francisco. I had
family in San Francisco. Friends.

163
164 When Ravi wanted to move to New York I
had not realized how alone I would be.
How far away from everything I
165 had ever know. I see now after college
I was disoriented. I had accomplished
the thing I had been working for my
166 entire life. Swept away to New York I
was left without anything to hold
onto. No job, no family, friends, or
167 direction. I was alone in a sea of
uncertainty that comes after college
as you move into young adulthood and
a
168 career, with Ravi my lone island of
solidity.

169
170 But he wasn't solid. He was ever
changing, every moving and hardly
there.

171
172 I was vulnerable.

173
174 Not only from my childhood trauma but
because I was utterly alone in the
world at that moment. I was in a new
city
175 thousands of miles away from anybody I
knew, within a new relationship, in a
new socio economic sphere.

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step meetings a day like a drinker who
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177 I remember my first days in New York.
178
179 It felt like I was walking on
quicksand. Ever moving. Any moment the
ground would open up and swallow me.
180
181 Everyone around me said the tears, the
sadness was all part of moving to New
York. That eventually it would stop.
182 That the sadness, loneliness, and the
fear I was feeling was normal. And
maybe it was to an extent.
183
184
185 Except the community I became
connected to was toxic. My
relationship was toxic and before I
knew what had
186 happened I was entwined and trapped.
187
188
189
190 March 4th
191 I never wanted to have sex.
192
193 I can admit that now.
194
195 Not with Peter, not with Ryan or
Hamza, Not with Eli or Kozer. Not with
Josh or Moe or any of the other
clients.
196
197 My silent tears were not orgasmic
energy being released. It was not me
"processing trauma".
198
199 The numbness I felt each time. The
pulling in on myself.
200
201 It all was forced and my body feels
filled with shame and disgust.
202
203 I had only had sex with 2 people
before I met Ravi. Three if you count
him. I never wanted to OM with other
204 people. I never wanted to have my body
touched. It is a disorienting and
horrible feeling recognizing that your
body
205 has been violated.
206
207 I wonder if any of them would say it
was forced. Does it still count as
assault if the women goes willingly
out of
208 fear, shame, or because she is told it
is the right thing to do?
209
210 Does it count if she does it because
she is afraid of spiritual damnation.
Fear of ostracized and left homeless
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213 Does assault of the mind count towards
the assault of the body?
214
215 Can you be raped, can you claim rape,
if you're No was meek? If your body
said no but your voice couldn't quite
216 form the words?
217
218 If a tree falls in the forest and
nobody hears it... did it still make a
sound?
219
220 If nobody hears it. If you bury it
down. If you fake it and smile does it
count?
221
222 I think of all the times when Ravi had
sex with me and I didn't want to.
223
224 All the times I was forced to be
turned on.
225
226 All the times I played coy and
flirtatious like a good girl.
227
228 No man wants to sleep with a sad and
weepy woman.
229
230 They would prefer their women in
denial, turned on, faking it even when
its obvious they are a no.
231
232 It's so much easier to pretend
ignorance. Brush it under the rug if
you can point a finger and say "see
she asked for
233 it. She made me do it... She wanted it"
234
235 So much easier to get what you want,
to satisfy yourself and look no
deeper. Because if you look deeper you
might
236 have to face your own humanity, feel
another's pain and not get what you
want.
237
238 But its your desire. You should follow
it. Her resistance is just her fear of
growth and of freedom.
239
240 It is her virus, her conditioning, her
trauma trying to keep her small.
241
242 Consent at onetaste is a blurred
line.
243
244 All the easier to blur using new age
spirituality, slick one liners around
growth, transformation, and "playing
small".
245
246 Where you are so disoriented, afraid,
and fucked up that the only time you
realize how deeply you were violated
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247 when you leave and it all comes
crashing down on you.

248

249 When you have space to feel.

250

251 This is why they keep you unfeeling
and your nervous system overwhelmed.
They don't want you to realize that

252 your body is a no but your mind is
saying yes - if only out of fear and
confusion.

253

254

255

256 March 7th

257 I have started to pick out moments
that highlight the crazy for me. When
I juxtapose reality with what I am
now

258 seeing as insane moments I get a
better grasp on my mind. It helps to
solidify it was real and not just some
crazy

259 nightmare.

260

261 I remember a moment before I left when
I was in LA.

262

263 It was, I think, 2 weeks before I
left for good.

264

265 I was in the house in Santa Monica
sitting on the couch.

266

267 One moment everything was calm.

268

269 The house was fine.

270

271 The next moment pandemonium had broken
loose.

272

273 I watched as everyone ran around
cleaning the house and organizing
things.

274

275

276 Leah turned to me, as I was the only
one still sitting on the couch, and
said "Nicole is coming, we need to
clean the

277 house. Why are you just sitting
there?"

278

279 It took me a moment to comprehend what
she was saying. It felt like I was in
slow motion and that everyone around
me had sped up.

280

281

282 Nicole would be arriving within 10
minutes. Everyone had dropped
everything they were doing, and
started to run

283 around in a frenzy of madness for her
arrival.

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had jobs and lives. Things they were
doing. Adult people acting like god
himself
286 was paying us a visit.
287
288 Though I imagine even if god had
visited he wouldn't much care if the
house was messy.
289
290 The irony....
291
292 Nicole had not called ahead, there was
no planned visit. The entire house
wound tight with tension for her
arrival
293 and during it.
294
295 She came in for less than ten minutes.
Said a few things and then left.
296
297 Gave nobody any recognition. No
gratitude or thank you.
298
299 Not laughing off how absurd it was to
try and clean the house for her
unannounced arrival.
300
301 Looking back, this moment was utter
madness. Neurotic and idiotic.
302
303 Everyone had literally dropped
everything they were doing to "clean
the house" for her arrival when she
decided to
304 pop at the last minute.
305
306 We should stand at attention, be ready
for anything, to reorient our lives at
the drop of our hat for Nicole's
whims.
307
308 This.
309 is.
310 Madness.
311
312 It is like when I was young. My mother
being the erratic alcoholic she was
would expect the house to be clean
when
313 she came home. My sisters and I would
get off school and clean the house
insensately. Agonizing over every
last
314 detail.
315
316 Finally spotless we would sit and wait
in tense silence for her to get home.
317
318 When she arrived home, it didn't
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322 The wrong color table cloth, the
towels were folded incorrectly.

323

324 The floor was not vacuumed well
enough.

325

326 Dust on the furniture.

327

328 Narcissistic people who think they
are the center of the universe often
believe this.

329

330 Ugh

331

332 Another moment I remember with bitter
indignation is when Rafael described
to me how he was "allowed" to clean
333 her apartment. She liked the top of
her lotions smoothed so it looked new
every time. The foil peeled back on
the
334 wrapper for her yogurt. The bathroom
was spotless and everything organized
just so.

335

336 Her tea was to be prepared in just the
right way. It was the highest honor if
you had reached a state of such clean
and
337 pure orgasmic energy that you could
make Nicole's tea. Tea became a form
of devotion. Nicole was sensitive,
they
338 would say. On such a higher spatial
plane that interacting with the
outside world, With us plebeians would
set her
339 off.

340

341 Only certain people could drive her
around. She could only live in certain
apartments, eat certain foods cooked
342 certain ways because her system was so
tuned and sensitive. Her field is so
carefully cultivated.

343

344 She was so busy living and channeling
god in the fourth dimension and
guiding us all on unseen spiritual
planes that
345 she didn't have the ability to do
"normal" people stuff. Shop for
herself, organize her travel, clean
her apartment,
346 cook. Her "research" was so important
that she could not be disturbed with
our problems. Our lower level issues.

347

348 It seems crazy now and so demeaning
looking back on it.

349

350

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352 March 8th

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354
355
356 March 14th
357 It has been almost two months since I
left. I feel the desire to do
something. I am not sure what but
something. I
358 don't know how I will do it. What they
did was not just or right. I have no
idea how I can stand up to it. And I
feel
359 terrified even thinking about it. Fear
that they will pull me back in. That
my life will be consumed by them when
all
360 I want to do is move on and heal. But
if I do nothing then what happened to
me and all the women before will
361 continue. I will let myself be cowed
by Nicole. By the fear they instill in
you.
362
363 When I decided to leave I went and
talked to Nicole, I still had hope
that maybe she would change the
organization.
364 Maybe she would admit to it all and
fix it. When I arrived at her
apartment it was like the rose colored
glasses had
365 finally fallen off. All the shine was
gone. She looked old and tired. The
charisma and sparkle was gone. Her
botox
366 and plastic surgery and age very
present. When I told her what I saw.
How the organization had hurt me and
367 continued to hurt others. When I told
her it was a cult and she needed to
fix it. She acted innocent and
confused.
368 Shocked even at the idea that anything
terrible had happened. She insisted
she had "no idea".
369
370 Either she is an idiot and so
completely lost in her lack of reality
she doesn't allow herself to see it
and believes the
371 means justify the ends, or she is
deeply twisted and very sick and finds
it perfectly ok to use, abuse,
traumatize and
372 destroy others lives for her own
personal gain.
373
374 After that visit I realized that the
organization had not just lost its way
but was like that by design. Designed
very
375 specifically by Nicole and others to
torture and traumatize people to gain
things from them. Be it their bodies,
their

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glasses had
365 finally fallen off. All the shine was
gone. She looked old and tired. The
charisma and sparkle was gone. Her
botox
366 and plastic surgery and age very
present. When I told her what I saw.
How the organization had hurt me and
367 continued to hurt others. When I told
her it was a cult and she needed to
fix it. She acted innocent and
confused.
368 Shocked even at the idea that anything
terrible had happened. She insisted
she had "no idea".
369
370 Either she is an idiot and so
completely lost in her lack of reality
she doesn't allow herself to see it
and believes the
371 means justify the ends, or she is
deeply twisted and very sick and finds
it perfectly ok to use, abuse,
traumatize and
372 destroy others lives for her own
personal gain.
373
374 After that visit I realized that the
organization had not just lost its way
but was like that by design. Designed
very
375 specifically by Nicole and others to
torture and traumatize people to gain
things from them. Be it their bodies,
their

376 skills, or their time it was all done
for money and to feed nicokes
disturbed and sick ego.
377
378 I remember what Nicole said to hamza
that he had no obligation to his son
because Natalia had "trapped him on
the
379 fourth dimension". Ravis abuse. The
time Kenan hit Leah. The times of
aquesnence, sex in exchanged for
money,
380 individuals being burdened with
insurmountable debts to pay for
courses, abandoning family and
careers, the
381 physical and spiritual violence. The
assault and rape. I know its only a
matter of time before something
irreversible
382 happens. somebody is killed by their
partner. A child is completely
abandoned. Somebody commits suicide.
383
384 I am not sure I can go and just live
my life without doing anything... If
not me... then who will stand up? My
385 family and my childhood did not couw
me and this won't either.
386
387
388
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